

Cambridge Technicals in Sport

Subject specific frequently asked questions

Unit	Question	Answer
L3 Unit 2 M2	M2 asks learners to identify techniques being used by coaches to improve performance during a practical session. How can learners evidence this?	Learners could produce a checklist and then observe you or a PE teacher/sport coach. When they observe a technique they can indicate on the checklist what technique they have observed and in what circumstance. For example: the coach stopped the group gave an effective demonstration of the correct technique for a back drop in trampolining.
L3 Unit 3 P6	P6 asks learners to explain three cultural influences on sports participation. However, there are no cultural influences listed in the unit content; what are the cultural influences?	Examples of cultural influences are: socio-economic, religion, ethnicity, sectarianism; cultural identity and/or political identity
L3 Unit 3 D2	D2 asks learners to summarise potential future ways in which contemporary issues will affect modern sport. Does this mean they need to talk in reference to their chosen sport or sport in general?	Learners should talk about sport in general. A better way of looking at the D2 criteria would be to summarise ways in which contemporary issues will affect modern sport in the future.
L3 Unit 4 M2; D1	LO3 asks learners to investigate the physiological effects of exercise on the body systems. To achieve M2 learners must explain the effects of exercise on the musculoskeletal, cardiovascular, respiratory and energy systems for a	M2 Yes learners can use their own fitness test results in their explanation. For D1 learners can

	<p>selected performer.</p> <p>For D1 the learners must compare the effects of exercise on the musculoskeletal, cardiovascular, respiratory and energy systems for a selected performer against an elite performer.</p> <p>My learners have completed a range of fitness tests, the results of which they have used as part of their explanation. My question is: can the learners use their own fitness test results in their explanation? Also it is often difficult to get information on elite performers for some sports, what should my learners do to gain D1 if this is the case?</p>	<p>compare the effects of exercise for themselves against an elite performer. This could be for the same sport or where this is proving difficult an elite performer from a different sport e.g. 5,000 meter runner against a 50 metre swimmer. The key is that they are comparing the effects of exercise.</p>
L3 Unit 10 D1	<p>D1 requires learners to lead an outdoor and adventurous activity with tutor support. As some outdoor and adventurous activities require specific qualifications realistically what can we expect them to do in order to gain D1?</p>	<p>Under the supervision of a tutor learners can lead part of an outdoor activity for example: lead a leg navigating on a mountain walk; organise an orienteering session</p>
L3 Unit 19 P3; M1; D1	<p>Do learners have to plan and deliver more than one sport event?</p>	<p>No. The purpose of the unit it states: Learners will plan, run and evaluate an event of their own choosing.</p>