

OCR Level 3 Cambridge Technical Introductory Diploma in Sport (600/6143/1)

About this qualification

This is an Applied General qualification that is designed for learners aged 16-19 who want to study sport where they can learn and be assessed in ways that are practical and relevant to the sport and recreation industry. It is designed to give learners the transferable knowledge and skills to progress to higher education or further study.

What skills and knowledge will be covered?

Learners will cover seven topics, made up of core and optional units. This qualification is not just about being able to play sport as the core enables the learner to demonstrate their understanding of sport within the wider contexts of coaching, anatomy and physiology, the effects of exercise on the body and current issues including cultural barriers to participating in sport.

The optional units cover a wide range of topics to give learners the opportunity to take units that are relevant to specific areas within the sport and recreation industry. For example, units such as Practical Team Sports, Leadership in Sport, and Technical and Tactical Skills in Sport would enable learners to build upon the knowledge and skills of the core Sports Coaching unit and develop a profile of skills and knowledge relevant to sports coaching.

This qualification will also enable learners to develop other desirable skills. Depending on their choice of optional units this could include communication, leadership, project management, and motivating others.

Where could this qualification lead to?

1. A Higher Education course. Learners could:
 - a. choose to undertake a sport-related degree from options including Physical Education, Sports Development, Sports Management or Sport Science.
 - b. choose from non-sport-related degree programmes. This qualification has between 40 - 140 UCAS points - depending on the grade awarded – so it would be accepted by universities as meeting requirements for entry to a range of degree programmes.
2. An Active Leisure Apprenticeship.
3. It might also provide entry to employment in some sport and recreation related careers, for example a Recreation Assistant. (Some careers in sport and recreation require specific qualifications known as a 'licence to practise'. This qualification is not a licence to practise.)