

GCSE (9–1) Food Preparation and Nutrition

J309/04, 05 Food Preparation Task

Sample non-examined assessment (NEA) task

To be given to candidates on or after 1 November 20XX

INSTRUCTIONS FOR TEACHERS

- There are two tasks in this paper. Candidates **must** choose **one** set task.
- Candidates are required to prepare, cook and present a menu of three complete dishes within a single period of no more than 3 hours.
- Candidates are required to produce evidence to explain the planning, preparation, execution and evaluation of the menu and to demonstrate the application of technical skills.
- Photographs and/or visual recordings **must** be provided that support a candidate's technical skills and the final outcome(s) at the end of the 3-hour assessment period.
- You **must** authenticate each candidate's work is their own.
- The marking criteria for this component are in the specification.
- This task is for candidates taking their final examination in 20YY.

INSTRUCTIONS FOR CANDIDATES

- There are two tasks in this paper.
- You **must** choose **one** set task.
- Your evidence **must** demonstrate your own work.
- You **must** provide suitable photographic and/or visual recording evidence to support your food preparation assessment.
- Your written evidence **must** show a plan and how you have designed, executed and evaluated the preparation, cooking and presentation of your three dishes.

INFORMATION FOR CANDIDATES

- The total number of marks available for this task is **105**.
- This document consists of **2** pages. Any blank pages are indicated.

Tasks must not be altered.

Candidates MUST choose ONE of the set tasks.

EITHER

1. We live in a multi-cultural society where we have a wide range of food choices.

Your local area is holding a street food/music festival.

Plan, prepare, cook and present three dishes that could be served at the street food /music festival.

Analyse and evaluate your work.

OR

2. You have invited a friend to your house for a family celebration dinner.

Your friend is a lacto-vegetarian.

Plan, prepare, cook and present three dishes, which could be served for this occasion.

Analyse and evaluate your work.

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