

Charlotte Bosworth
Director
OCR (Oxford Cambridge and RSA Examinations)
Skills and Employment
Westwood Way
Coventry
CV4 8JQ

04/09/15

Dear Charlotte

As the Performance Nutritionist working with British Athletics, employed by the English Institute of Sport, you have consulted with me the content of the Nutrition and Diet for Sport and Exercise unit in the pathway for the qualifications listed below:

601/7095/5, OCR Level 3 Cambridge Technical Foundation Diploma in Sport and Physical Activity (VRQ)

601/7096/7, OCR Level 3 Cambridge Technical Diploma in Sport and Physical Activity (VRQ)

I have been informed that you have taken my views on board in the design of the unit.

Having reviewed this unit, I believe that this qualifications will allow a student to develop the skills and knowledge they will need to progress into further education, apprenticeships or employment within the health, leisure and sports industry.

Further qualifications would be required if the student wishes to pursue a career in sports nutrition or dietetics, however this qualification gives an 18 year old a thorough insight and will enable an informed decision to be made regarding further career choices. This module will stand them in good stead when applying for relevant further education, apprenticeships and jobs.

Yours sincerely,

Sophie Killer, PhD

Performance Nutritionist
British Athletics | English Institute of Sport



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