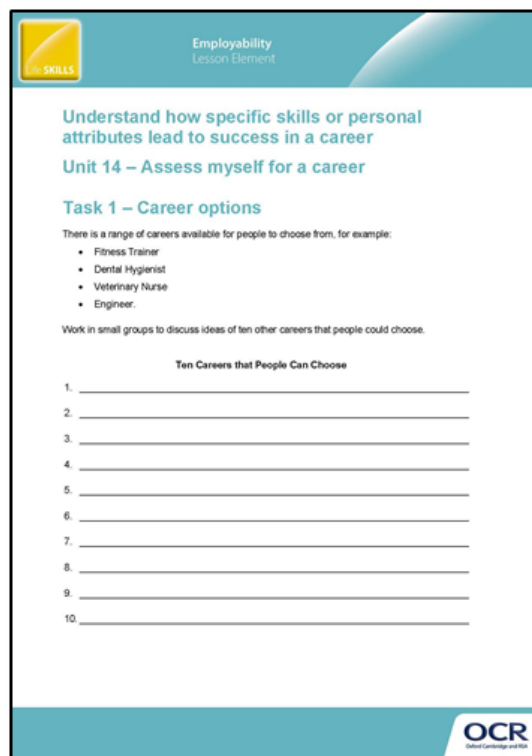


Understand how specific skills or personal attributes lead to success in a career

Unit 14 – Assess myself for a career

Instructions and answers for teachers

These instructions should accompany the OCR Lesson Element ‘Understand how specific skills or personal attributes lead to success in a career’, which supports OCR Awards and Certificates in Employability Skills Unit 14 – Assess myself for a career.



The screenshot shows a lesson element page with a teal header containing the 'Life SKILLS' logo and the text 'Employability Lesson Element'. The main content area is white and contains the following text:

Understand how specific skills or personal attributes lead to success in a career
Unit 14 – Assess myself for a career

Task 1 – Career options

There is a range of careers available for people to choose from, for example:

- Fitness Trainer
- Dental Hygienist
- Veterinary Nurse
- Engineer.

Work in small groups to discuss ideas of ten other careers that people could choose.

Ten Careers that People Can Choose

1. _____
2. _____
3. _____
4. _____
5. _____
6. _____
7. _____
8. _____
9. _____
10. _____

The OCR logo is visible in the bottom right corner of the page.

Associated files

Lesson Element Activity – ‘Understand how specific skills or personal attributes lead to success in a career’

Expected duration

Task 1 – 1 hour

Task 2 – 1 hour

Task 3 – 40 minutes

Task 1 – Career options

Teachers could explain that there is a range of careers available for people to choose from.

Write the following list of careers on the whiteboard.

- Fitness Trainer
- Dental Hygienist
- Veterinary Nurse
- Engineer.

Ask the learners to work in small groups and discuss ideas of ten alternative careers that people could choose.

Then, ask the learners to work in pairs and use the Internet (or pre-printed resources) to research five of the careers that were identified in the group activity. Ask the learners to use ICT software to create a 'Career Options' leaflet to be handed out to other class members. Encourage the learners to write using complex sentences and to proof-read writing for accuracy.

Task 2 – Successful people

Explain that some people are more successful in their careers than others.

Show the learners a short video about the Sports Presenter, Gabby Logan. Ask the learners to make notes during the video to help them to consider what has made her successful in her career.

<http://icould.com/videos/gabby-logan/>

Ask the learners to work in small groups to discuss what has made Gabby Logan successful in her career and to feedback their thoughts to the rest of the class.

Then ask the learners to work in pairs to identify a person that they both agree has been successful in their career. Ask the learners to write down what has made the person successful and to present the information to the rest of the class. Encourage the learners to obtain images from the Internet (or pre-printed resources) to support their presentation.

Task 3 – Skills or personal attributes leading to a successful career

Explain that skills or personal attributes can help a person to be successful in their careers.

Write the following skills or personal attributes on the whiteboard:

- Determination
- Communication skills
- Friendly.

Ask the learners for suggestions to add to the list.

Give the learners a transcript from a video about DJ Trevor Nelson.

Transcript link: <http://icould.com/videos/trevor-nelson/>

Ask the learners to read the transcript. Then ask the learners to work in pairs to identify what skills or personal attributes Trevor Nelson may possess that have helped him to be successful in his career.

Write Trevor Nelson's name on the board and ask the learners to write his skills or personal attributes on the board to create a whole class list.



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