

# Cambridge National Health and Social Care

Cambridge National Level 1/2 Award/Certificate

Unit **R021/01:** Essential Values of Care for Use with Individuals IN Care Settings

Mark Scheme for January 2016

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This mark scheme is published as an aid to teachers and students, to indicate the requirements of the examination. It shows the basis on which marks were awarded by examiners. It does not indicate the details of the discussions which took place at an examiners' meeting before marking commenced.

All examiners are instructed that alternative correct answers and unexpected approaches in candidates' scripts must be given marks that fairly reflect the relevant knowledge and skills demonstrated.

Mark schemes should be read in conjunction with the published question papers and the report on the examination.

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### R021/01 Mark Scheme January 2016

Annotation	Meaning of annotation
BP	Blank Page – this annotation <b>must</b> be used on all <b>blank</b> pages within an answer booklet (structured or unstructured) and on each page of an additional object where there is no candidate response.
<b>✓</b>	Tick
×	Cross – incorrect answer
<b>/</b> +	Development of point (use only on questions where stated in the mark scheme)
LI	Level 1
L2	Level 2
L3	Level 3
BOD	Benefit of doubt (This <b>does</b> count as a mark – so do not 'tick' as well)
^	Omission mark
TV	Too vague
REP	Repeat
SEEN	Noted but no credit given
No Response (NR)	Award NR if the question has not been attempted

**ADDITIONAL OBJECTS:** You **must** annotate responses on any additional objects, as above. If no credit is to be awarded for the answer on the additional object, please use the annotation 'seen'. If the page is blank use 'BP'.

Question		Answer	Marks	Guidance
1 (a)	Two marks for each example. Three required.  Focus should be on the 'ways' ie. what STAFF can do.  One developed example required for each.		<b>6</b> (3x2)	The number of ticks must match the number of marks awarded.  For <b>incorrect</b> answers use the <b>cross</b> or
	Right	Example care worker actions:		appropriate annotation from the following:
	Choice	- offering food options/choice of food – vegetarian / halal etc - if accepting clean clothes, choice of what they want to wear - when, or if, they want a shower - give choice of how they receive help - accepting their refusal of advice re drugs/alcohol problems		One developed example required for 2
	Protection from harm and abuse	- staff CRB / DBS checked -report abusive behaviour to provide a safe environment - helping the homeless adults find accommodation - referring them to see a GP / doctor - providing health advice / medical treatment - providing advice to help stay safe on the streets - providing advice on rehab / giving up alcohol / drugs -attend training eg manual handling / safeguarding		marks The example will be detailed and appropriate to homeless adults. It will clearly show understanding of a realistic way staff could maintain the right.  For one mark: A basic example that lacks clarity.
	Confidentiality	<ul> <li>not gossiping about the homeless person's circumstances</li> <li>information only shared on a 'need to know' basis (accept named circumstances for disclosure)</li> <li>storing the person's notes/records securely</li> <li>not speaking about the person where others can hear</li> <li>using a private room when providing drugs/alcohol advice</li> </ul>		<ul> <li>Do not give 2 separate marks for two examples</li> <li>Do not credit a description of rights.</li> <li>Do not credit a description of what</li> </ul>
	Example 2 mar	r can ensure that there is a choice of food (1) to suit their needs,		the care worker should not do.  Do not accept: 'advice' on its own – must state what the advice is about eg giving up alcohol, coming off drugs etc

Question	Answer/Indicative Content	Marks	Guidan	Guidance		
			Content	Levels of response		
1 (b)	Physical effects:	8				

Que	stion	Answer/Indicative Content	Marks	Guida	ance
				Content	Levels of response
2	(a)	<ul> <li>Supporting rights:</li> <li>aids resident's understanding of procedures/treatment/what's happening etc</li> <li>residents understand and so can make informed choices</li> <li>residents feels valued and respected</li> <li>resident feels safe</li> <li>instils confidence and trust</li> <li>meets individual needs</li> </ul>	6	Level 2 checklist     detailed explanation – two relevant examples / ways     examples relate to the residents with dementia     both communication and rights     use of correct terminology     must cover not patronising and adapting coms for L2	Level 2 (4–6 marks)  Answer provides a detailed explanation of how effective communication can be used to support resident's rights. Candidates will give at least two examples to illustrate their response. Answers will be coherent, using correct terminology.
		<ul> <li>provides equality of access to services</li> <li>empowers the residents</li> <li>raises residents self esteem</li> </ul> Not being patronising <ul> <li>active listening / listening to what the individual needs</li> <li>use of positive body language</li> <li>no jargon</li> <li>no sarcasm / no talking down to them</li> <li>being polite</li> <li>make them feel they are being taken seriously</li> <li>being patient / listening to repetitions</li> </ul>		<ul> <li>Level 1 checklist</li> <li>basic explanation/description</li> <li>one sided explanation – if candidate only addresses how or supporting rights</li> <li>likely to identify several ways with little or no explanation</li> <li>may not link to residents</li> <li>limited terminology</li> <li>Must use some terminology eg. pace, tone, vocabulary, specialist methods, active listening, self-esteem etc to achieve L2.</li> </ul>	Level 1 (1–3 marks)  Answer provides a basic explanation/description of how effective communication can be used to support resident's rights. One relevant example used well or several examples that need developing. Examples may not link to a residential care setting. List like or muddled answers should be placed in this band. Limited use of terminology.  Sub-max 3 if only how or only supporting rights
		Adapting their communication to suit the needs of the residents with dementia  using vocabulary that can be understood emphasising words / slowing the pace / increasing tone / using gestures repetition / reminiscence activities flash cards/pictures of menu choices making use of aids to communication, eg loop system use of specialist methods, eg. Braille, signing, PECs etc		Do not accept: Translators/interpreters – not relevant to the context.  Annotation: The number of ticks will not necessarily correspond to the marks awarded.  eg. of care value not being applied	0 marks = response not worthy of credit  SEEN for a zero mark response  effects – physical or intellectual

Question	Answer	Marks	Guidance
Question 2 (b)	Answer  One mark for each personal hygiene measure. Two required. One mark for how each protects. Two required.  Personal hygiene measures:  • hair tied back / covered  • open wounds covered  • no jewellery  • no nail polish  • appropriate protective clothing / wearing an apron / disposable gloves  • appropriate hand washing routines / washing hands  • regular showering and hair washing  • regular brushing of teeth  • appropriate use and disposal of tissues / antiseptic wipes  • wear blue plasters	Marks 4 (2x1+1)	The number of ticks must match the number of marks awarded.  For incorrect answers use the cross or appropriate annotation from the following:  Accept: 'germs' in place of bacteria.  Do not accept:  • choking for jewellery
	<ul> <li>How it protects students/residents:</li> <li>prevents transfer of bacteria</li> <li>destroys bacteria</li> <li>student carries less bacteria/germs</li> <li>ensues high level of cleanliness</li> <li>reduces opportunity for spreading bacteria/germs</li> <li>stops others coming into contact with bacteria/germs</li> <li>barrier method reduces/prevents transfer of bacteria</li> <li>removes places for bacteria to be trapped</li> <li>nail polish / hair can't drop into food and contaminate it – must have reference to contaminating or containing bacteria</li> <li>This list is not exhaustive, accept other appropriate ways.</li> </ul>		<ul> <li>wearing 'gloves' on its own</li> <li>hair drops into food on its own</li> <li>nail polish flakes off into food on its own</li> <li>Beware of repetition of exact same words. Eg 'prevents germs spreading' for both – only credit once.</li> </ul>

Question	Answer	Marks	Guidance
2 (c)	One mark for each security measure. Two required. One mark for how each protects. Two required.	<b>4</b> (2x1+1)	The number of ticks must match the number of marks awarded.
	Security measures:  checking/monitoring external entrances  monitoring of keys  security pads/key cards / swipe cards / key (pin) code entry  manned reception desk / buzzer at front door  signing in/out book for visitors  staff wearing ID / lanyards  visitor badges  CCTV monitoring exit/entrance / security cameras  locks on doors / windows / gates  external gates / doors locked		For incorrect answers use the cross or appropriate annotation from the following:  TY REP SEEN  Examples must be relevant to a residential home.  Repetition of how it protects is acceptable only if relevant to the measure.
	<ul> <li>How it protects:</li> <li>only authorised people can enter</li> <li>to control who is allowed in / out</li> <li>to prevent residents with dementia wandering out unaccompanied</li> <li>easy to identify staff / authorised visitors</li> <li>easy to spot unauthorised people</li> <li>know who is in the building</li> </ul>		Do not accept:  all doors locked / locked doors  cameras' on its own  ID badges' on its own  DBS check – not security  references to fire safety  references to data security/protection
	This list is not exhaustive, accept other appropriate ways.		Can credit relevant 'how it protects' if measure is incorrect. eg: Measure: 'locked doors' X How protects: 'to keep unauthorised people out' ✓

Question	Answer/Indicative Content	Marks	Guidan	ce
			Content	Levels of response
3 (a)	Ways of challenging Rob's discriminatory behaviour:  Challenge at the time  explain to Rob how he is discriminating, to raise his awareness  make Rob reflect on his actions/what he has just done  supervision – monitor Rob as he carries out his work with the patient  Challenge afterwards through procedures  refer Rob to ambulance service policies – eg. Equal Opportunities, Bullying  instigate disciplinary action against Rob – makes him aware of the seriousness of the issue; provides a basis for changing individual's attitudes  consult with other senior staff to address the issue  Challenge through long-term proactive campaigning  awareness sessions for Rob and other staff on the values of care  training for Rob on effective communication  send Rob on an anger management course  staff training – to raise awareness of correct ways of working to address the issue	4	<ul> <li>Level 2 checklist</li> <li>detailed description of a relevant example / way</li> <li>example/way fully relates to the situation</li> <li>use of correct terminology</li> <li>Level 1 checklist</li> <li>basic description</li> <li>likely to identify several ways with little or no description</li> <li>may not link to the situation</li> <li>limited terminology</li> <li>Explanations should be contextualised to the situation, and must use terminology eg. supervision, raise awareness, training etc to achieve L2.</li> <li>Do not credit: <ul> <li>go to the press / TV</li> <li>sack Rob</li> </ul> </li> </ul>	Answer provides a detailed description of how Rob's discriminatory behaviour could be challenged. Description will clearly relate to the context. Answers will be coherent, using correct terminology.  Level 1 (1–2 marks)  Answer provides a basic description of how Rob's discriminatory behaviour could be challenged. Examples may not link to the context. List like or muddled answers should be placed in this band. Limited use of terminology.  O marks = response not worthy of credit  Annotation: The number of ticks will not necessarily correspond to the marks awarded.  SEEN for a zero mark response

Question	Answer/Indicative content		Guidance
3 (b)	Two required. One mark each.  Any two points from:  Information about complaints procedures:  write down what happened / describe the incident  retain evidence – friends might have taken photo/video  take advice – eg friends/family/Citizens Advice Bureau  talk to someone in authority  listen to other views / perspectives  choose to make a complaint or not  choose when to make a complaint – straight away or later  who to complain to / where they are based  where to get a complaints form  choose to take up issue with external input – eg police, solicitor, local health authority, CQC, Equality Commission  tell him the steps to take to make a complaint/explain the procedure  reassure him it will be dealt with in a certain time frame  contact details of who/where to complain  name of the person to complain about	2 (2x1)	Annotation: The number of ticks must match the number of marks awarded. For incorrect answers use the cross or appropriate annotation from the following:  TY REP SEEN

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Question	Answer/Indi	cative content	Marks	Guidance
4 (a)	Four required. One mark each.		<b>4</b> (4x1 <b>)</b>	Annotation: The number of ticks must match the number of marks awarded.
	The Mental Health Act	Provides the authority 'to section' a person for their own safety		For <b>incorrect</b> answers use the <b>cross</b> .
	The Data Protection Act	States that data should always be accurate and up-to-date		No other answers are acceptable.
	The Equality Act	Identifies nine protected characteristics		Crossed Out Responses Where a candidate has crossed out a response and provided a clear alternative then the crossed out response
	The Health and Safety at Work Act	Requires that the working environment should not put anyone at risk		is not marked. Where no alternative response has been provided, examiners may give candidates the benefit of the doubt and mark the crossed out response where legible.
				(see page 2 of this mark scheme for further guidance.)

Question	Answer/Indicative content	Marks	Guidance
4 (b)	Two marks for a definition.  A person who is:  18 years or over  unable to take care of themselves  unable to protect themselves against significant harm or exploitation  in need of community care services because of mental or other disability or illness  in need of extra support  unable to defend / stand up for themselves  unable to fend for themselves  prone to discrimination  http://adultsocialcare.newham.gov.uk/pages/who-is-a-vulnerable-person.aspx	2 (2x1)	Annotation: The number of ticks must match the number of marks awarded. For incorrect answers use the cross or appropriate annotation from the following:  Wording of answers does not have to exactly match that on the mark scheme.  Do not accept:  'disabled person' 'person with a mental illness' Not everyone with a disability or mental illness is vulnerable.

Ques	tion	Answer/Indicative content		Marks	Guidance
4 (c	4 (c)	One marks for each correct answer. Four required.			Annotation: The number of ticks must match the number of marks
		Example Aspect	(4x1 <b>)</b>	awarded. For <b>incorrect</b> answers use a <b>cross</b> .	
		Children's needs must always come first.	E		T of moon out anomore and a group.
		Children have the right to speak out and have their views heard.	Α		No other answers are acceptable.
		Children should be able to stay safe, be healthy, enjoy and achieve, make a positive contribution and achieve economic well-being.	D		
		It is the duty of care practitioners working with children to ensure information is shared.	В		Crossed Out Responses Where a candidate has crossed out a response and provided a clear alternative then the crossed out response
		Credit responses where the candidate has written out the key aspects rather than just the identification letter.			is not marked. Where no alternative response has been provided, examiners may give candidates the benefit of the doubt and mark the crossed out response where legible.
					(see page 2 of this mark scheme for further guidance.)

Qu	estion	Answ	er/Indicative Content	Marks	Guidan	ce	
					Content	Levels of response	
5	(a)	Ways to ensure equal Ways  Ensuring all areas are accessible	Additional description/examples  meeting individual needs eg. physical access, ramps, adjustable height tables for wheelchair users	4	Annotation: The number of ticks will not necessarily correspond to the marks awarded.  SEEN for a zero mark response	Level 2 (3–4 marks) Answer provides a detailed description of at least two ways that equality of opportunity could be applied in an early years setting. Answers will be coherent,	
		Ensuring resources and activities are accessible to all	adapt resources/tasks for those with special educational needs or learning disabilities or English as second language providing extra support / help		<ul> <li>Level 2 checklist</li> <li>detailed description</li> <li>two ways</li> <li>relevant to a nursery nurse</li> <li>use of correct terminology</li> </ul>	Level 1 (1–2 marks) Answer provides a basic description of ways equality	
		Children should be treated according to their individual needs	Examples: Braille, sign language, hearing loop, food for special diets		<ul> <li>basic description</li> <li>only one way or several ways</li> <li>setting. One relevant several ways that not several ways that the several ways that not several ways that not several ways t</li></ul>	applied in an early years setting. One relevant way or several ways that need developing. List like or	
		Non-discriminatory language / behaviour	no sexist, racist comments; challenge staff/children who make these kind of comments		<ul><li>with little or no description</li><li>limited terminology</li><li>Descriptions should be relevant to</li></ul>	muddled answers should be placed in this band. Limited use of terminology.	
		Treat the children fairly	irrespective of race, gender, religion, disability, ethnicity, sexuality etc no 'favourites'		a nursery nurse in an early years setting for Level 2.	0 marks = response not worthy of credit	
			given the same choices and opportunities as others - regardless of differences, eg visits arranged to places with wheelchair access / hearing loop etc		<ul><li>Do not accept:</li><li>treating all children the same</li><li>Beware of vague responses such as:</li></ul>	for a zero mark response	
		Refer to and follow organisations' policies	Equal Opportunities, Bullying		<ul> <li>treating children equally</li> <li>letting them all have equal chance to play with the same toy</li> <li>different options for what they</li> </ul>		
		Accept other appropriat	e ways and examples.		want to do		

Question	Answer/Indicative Content	Marks	Guidance		
			Content	Levels of response	
5 (b)	Possible social effects on a child of 'ensuring equality of opportunity' not being applied.  Social effects:      become anti-social     behaviour problems     exclusion / left out / unwanted     inability to make relationships     isolated / alone     lack of friends     marginalised     poor social skills / not want to interact with others     refuse to attend nursery     uncooperative     withdrawn  This list is not exhaustive, accept other appropriate social effects.  Do not accept: Any emotional effects     not feel safe     not trust staff     upset etc	6	Level 2 checklist  detailed explanation  2 or more social effects  related to children  correct use of terminology  Level 1 checklist  basic explanation/description  only one social effect done well or several effects with little or no explanation  limited terminology  Only credit social effects.  Annotation: The number of ticks will not necessarily correspond to the marks awarded.  For incorrect answers use the cross or appropriate annotation from the following:	Level 2 (4–6 marks) Answer provides a detailed explanation of at least two social effects on a child if 'ensuring equality of opportunity' is not applied. Answers will be coherent, using correct terminology.  Level 1 (1–3 marks) Answer provides a basic explanation/description of social effects on a child if 'ensuring equality of opportunity' is not applied. List like answers should be placed in this level. Limited use of terminology.  Sub-max of 3 for one effect done well.  0 marks = response not worthy of credit	

Qι	estion	Answer/Indicative content	Marks	Guidance
5	(c)	Two explanations. Two marks each.  The marks are for the explanation of how the procedure protects SU, not identification or explanation of a safety procedure.  How safety procedures protect service users:  • provides guidance for staff so they know what to do to keep SU safe at all times  • SU feel safe knowing that procedures are in place, reassured that staff will know what to do in an emergency  • enables staff to take quick, efficient action to remove SU from danger/treat with first aid  • reduces risk of spread of infection/cross-contamination  • prevents accidents  • specialist moving and handling equipment available – eg evacuation chairs helps keep those with mobility problems safe in an emergency  • staff trained to use specialist moving and handling equipment prevents injuries to SU	<b>Marks 4</b> (2x2)	Guidance  Annotation: The number of ticks must match the number of marks awarded. For incorrect answers use the cross or appropriate annotation from the following:  TV REP SEEN  for a zero mark response  Two marks: A full explanation that clearly shows an understanding of how safety procedures protect service users in care settings.  One mark: A simplified explanation which lacks clarity.
		<ul> <li>equipment safety checked/risk assessed for faults or damage so no risk of injuring SU</li> <li>Responses could relate to: <ul> <li>Emergency fire procedures/fire exits/assembly points</li> <li>Emergency evacuation procedures</li> <li>Equipment considerations eg appropriate training, fit for purpose, use of stair gates, specialist manual handling equipment</li> <li>Correct moving and handling techniques</li> <li>Risk assessments</li> <li>First aid procedures</li> <li>Food safety procedures</li> <li>Correct supervision/supervised at all times</li> <li>Staff to children/patient/resident ratio</li> </ul> </li> </ul>		Do not credit:  • identification of a safety procedure.  • security measures  Be aware of repetition of the word 'protect' from the question – must state 'how' it protects.

Ques	tion	Answer/Indicative content	Marks	Guidance
5 (d		Two required. One mark each.  Early years settings:  breakfast club /afterschool club/wraparound child minder children's centre crèche day care centre for under 7's parent and toddler group playgroup playschool pre-school primary school Surestart centre	2 (2x1)	Annotation: The number of ticks must match the number of marks awarded.  For incorrect answers use the cross or appropriate annotation from the following:  Do not credit:  nursery or nursery school  'school' on its own  babysitter  baby centre  children's hospital  day care  day care centre  day care centre  social club  youth club
				Note: Where candidates are required to provide a set number of short answer responses then only the set number of responses should be marked. The response space should be marked from left to right on each line and then line by line until the required number of responses have been considered. The remaining responses should not then be marked.  (see page 2 of this mark scheme for further guidance.)

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