

Cambridge TECHNICALS LEVEL 2

SPORT AND PHYSICAL ACTIVITY

Cambridge
TECHNICALS
2016

MAPPING GUIDE

Version 1

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INTRODUCTION

This document lists the current Cambridge Technicals Units and Learning Outcomes (LO) and maps them to the new Cambridge Technicals Units and Learning Outcomes so that you can see where each learning outcome has remained, changed, moved or been removed.

We've also identified where the 2012 BTEC units map to the Cambridge Technicals 2016 units.

SPORT AND PHYSICAL ACTIVITY

The Cambridge Technicals in Sport and Physical Activity have been developed to meet the changing needs of the sector, and prepare your students for the challenges they'll face in further education or employment. Designed in collaboration with experts spanning the breadth of the sector, the Cambridge Technicals in Sport and Physical Activity focuses on the skills, knowledge and understanding that today's universities and employers demand. Your students will practically apply their skills and knowledge in preparation for further study or the workplace.

The Award qualification provides an introduction to the sport and physical activity sector and students will use the Award as a stepping stone into employment or further study.

When developing the Certificate qualification we worked with organisations within the sport sector to design the content and assessment of these qualifications – ensuring that your learners are prepared and have the skills to progress to further education or employment.

The Diploma qualification has three vocational pathways that can be followed (at least one pathway must be achieved). Each pathway focuses on industry sectors and job roles that your learners will actually be able to do having completed a Cambridge Technical. We've worked in partnership with industry to make sure your learners can progress directly into the sector in job roles that are appropriate for their age and experience.

TEACHING AND LEARNING RESOURCES

New resources are being developed to support your teaching of this new qualification. These will include Pathway Delivery Guides, a Qualifications Calculator and a Progress Tracker.

To find out more about this qualification please go to:

<http://www.ocr.org.uk/qualifications/vocational-education-and-skills/cambridge-technicals-sport-and-physical-activity-level-2-2016-suite/>

2016 Level 2 Cambridge Technicals Suite

- **New suite for first teaching September 2017**
- **Externally assessed content**
- **Student focused internal assessment rules**
- **Eligible for Key Stage 5 performance points from 2019**
- **OCR visiting moderation providing centre feedback and support**
- **Designed to meet the DfE technical guidance**



MAPPING

Cambridge Technicals in Sport 2012 units					Cambridge Technicals in Sport and Physical Activity 2016 units				
Unit no.	Unit title	LO no.	LO title	THE CHANGE	Unit no.	Unit title	LO no.	LO title	Other comments
1	Practical Sport (BTEC Unit 2)	LO1	Be able to demonstrate a range of skills, techniques and tactics in selected sports	This LO is no longer stand-alone and has been divided and is now in multiple LOs	7	Practical sport (Internally assessed)	LO1	Be able to apply techniques and tactics in an individual sport	
		LO2	Know the rules, regulations and scoring systems of selected sports	These LOs are no longer separate and have been merged into one LO			LO2	Be able to apply techniques and tactics in a team sport	
		LO3	Know the roles and responsibilities of officials in selected sports				LO3	Be able to officiate in sport or physical activities	This LO is now a 'Be able to' and requires practical application
		LO4	Be able to review sports performance	This LO is not in any of the new Technicals units					

MAPPING

Cambridge Technicals in Sport 2012 units					Cambridge Technicals in Sport and Physical Activity 2016 units				
Unit no.	Unit title	LO no.	LO title	THE CHANGE	Unit no.	Unit title	LO no.	LO title	Other comments
2	Anatomy and Physiology in Sport (BTEC Unit 4)	LO1	Know the structure and function of the skeletal system	These LOs are no longer separate and have been merged into one LO	1	Physical activity, health and wellbeing (Externally assessed)	LO1	Know the effects and benefits of participation in sport and physical activity on the musculoskeletal system	This LO is externally assessed and also includes the effects and benefits as well as structure and function
		LO2	Know the structure and function of the muscular system					Know the effects and benefits of participation in sport and physical activity on the cardiorespiratory system	
		LO3	Know the structure and function of the cardiovascular system	These LOs are no longer separate and have been merged into one LO			LO2	This LO is externally assessed and also includes the effects and benefits as well as structure and function	
		LO4	Know the structure and function of the respiratory system						

MAPPING

Cambridge Technicals in Sport 2012 units					Cambridge Technicals in Sport and Physical Activity 2016 units				
Unit no.	Unit title	LO no.	LO title	THE CHANGE	Unit no.	Unit title	LO no.	LO title	Other comments
3	Fitness Testing and Training (BTEC Unit 1)	LO1	Know the fitness and training requirements necessary to achieve excellence in a selected sport	This LO is no longer stand-alone and has been divided and is now in multiple LOs	6	Components and principles of fitness training (Internally assessed)	LO1	Know the components of fitness	
							LO2	Be able to analyse the use of different components of fitness in a range of sports and physical activities	This LO is now a 'Be able to' and requires practical application
							LO3	Be able to identify training methods for components of fitness	
		LO2	Know the lifestyle factors that affect sports training and performance	A similar LO is in the new Technicals	9	Fitness induction and testing (Internally assessed)	LO3	Be able to communicate the effects of lifestyle factors on health and wellbeing to a client	This LO is now a 'Be able to' and requires practical application
LO3	Be able to assess their own level of fitness	A similar LO is in the new Technicals	LO2	Be able to assess a client's level of fitness			Learners will be conducting fitness tests on a client, rather than on themselves		
		LO4	Know the effects of psychological factors on sports training and performance	This LO is not in any of the new Technicals units					This content is not suitable for a Technical Certificate

MAPPING

Cambridge Technicals in Sport 2012 units					Cambridge Technicals in Sport and Physical Activity 2016 units				
Unit no.	Unit title	LO no.	LO title	THE CHANGE	Unit no.	Unit title	LO no.	LO title	Other comments
4	Nutrition for Sports Performance (BTEC Unit 10)	LO1	Know the nutritional requirements of a selected sport	These LOs are not in any of the new Technicals units					
		LO2	Be able to assess own diet						
		LO3	Be able to plan a personal nutritional strategy						
		LO4	Be able to implement and review a personal nutritional strategy						

MAPPING

Cambridge Technicals in Sport 2012 units					Cambridge Technicals in Sport and Physical Activity 2016 units				
Unit no.	Unit title	LO no.	LO title	THE CHANGE	Unit no.	Unit title	LO no.	LO title	Other comments
5	Development of Personal Fitness (BTEC Unit 11)	LO1	Be able to plan a personal fitness training programme	These LOs are not in any of the new Technicals units					This content is not suitable for a Technical Certificate
		LO2	Know personal exercise adherence factors and strategies						
		LO3	Be able to implement and review a personal fitness training programme						

MAPPING

Cambridge Technicals in Sport 2012 units					Cambridge Technicals in Sport and Physical Activity 2016 units				
Unit no.	Unit title	LO no.	LO title	THE CHANGE	Unit no.	Unit title	LO no.	LO title	Other comments
6	Lifestyle and the Sports Performer (BTEC Unit 12)	LO1	Be able to manage own work commitments and leisure time	These LOs are not in any of the new Technicals units					This content is not suitable for a Technical Certificate
		LO2	Know appropriate behaviour for an elite athlete						
		LO3	Know the factors that influence effective career planning						
		LO4	Be able to participate in a media interview						

MAPPING

Cambridge Technicals in Sport 2012 units					Cambridge Technicals in Sport and Physical Activity 2016 units				
Unit no.	Unit title	LO no.	LO title	THE CHANGE	Unit no.	Unit title	LO no.	LO title	Other comments
7	Effects of Exercise on the Body Systems (BTEC Unit 18)	LO1	Be able to investigate the short-term effects of exercise on the body systems	A similar LO is in the new Technicals	2	Physical preparation and readiness for sport and physical activity (Externally assessed)	LO1	Understand the short term effects of sport and physical activity on the body systems	This is now an 'Understand' and so learners will have to apply their knowledge
		LO2	Know the long-term effects of exercise on the body systems	A similar LO is in the new Technicals			LO2	Understand the long term effects of sport and physical activity on the body systems	
		LO3	Be able to investigate the fundamentals of the energy systems	These LOs are not in any of the new Technicals units				This content is not suitable for a Technical Certificate	
		LO4	Know the impact of drugs on sports performance						

MAPPING

Cambridge Technicals in Sport 2012 units					Cambridge Technicals in Sport and Physical Activity 2016 units				
Unit no.	Unit title	LO no.	LO title	THE CHANGE	Unit no.	Unit title	LO no.	LO title	Other comments
8	Injury in Sport (BTEC Unit 5)	LO1	Know the different types of injuries and illness associated with sports participation	Similar LOs are in the new Technicals	2	Physical preparation and readiness for sport and physical activity (Externally assessed)	LO5	Understand sports injuries, their causes and their treatment for rehabilitation	This is externally assessed 'Understanding' and so learners will not have to practically apply the skills but will need to apply knowledge in the assessment
		LO2	Be able to deal with injuries and illnesses associated with sports participation						
		LO3	Know the risks and hazards associated with sports participation						
		LO4	Be able to undertake a risk assessment relevant to sport		4	Leading sport and physical activity sessions (Internally assessed)	LO3	Be able to lead sport and physical activity sessions	

MAPPING

Cambridge Technicals in Sport 2012 units					Cambridge Technicals in Sport and Physical Activity 2016 units				
Unit no.	Unit title	LO no.	LO title	THE CHANGE	Unit no.	Unit title	LO no.	LO title	Other comments
9	Planning and Leading Sports Activities (BTEC Unit 7)	LO1	Know the skills, qualities and responsibilities associated with successful sports leadership	A similar LO is in the new Technicals	4	Leading sport and physical activity sessions (Internally assessed)	LO1	Know the roles, responsibilities, skills and behaviours of activity leaders	
		LO2	Be able to plan and lead an activity session	This LO is no longer stand-alone and has been divided and is now in multiple LOs			LO2	Be able to plan sport and physical activity sessions	
		LO3	Be able to review their planning and leadership of a sports activity	This LO is exactly the same as in the new Technicals BUT DOES NOT have the same title			LO3	Be able to lead sport and physical activity sessions	
		LO4	Be able to assist in the planning and leading of a sports event	This LO is no longer stand-alone and has been divided and is now in multiple LOs	13	Supporting the delivery of sport and physical activity events (Internally assessed)	LO3	Be able to work with others to plan sport and physical activity events	
		LO5	Be able to review their planning and leadership of a sports event	A similar LO is in the new Technicals			LO5	Be able to support the delivery of sports and physical activity events	
		LO6				LO6	Be able to conclude and review sport and physical activity events		

MAPPING

Cambridge Technicals in Sport 2012 units					Cambridge Technicals in Sport and Physical Activity 2016 units				
Unit no.	Unit title	LO no.	LO title	THE CHANGE	Unit no.	Unit title	LO no.	LO title	Other comments
10	Technical Skills and Tactical Awareness for Sport (BTEC Unit 8)	LO1	Know the technical and tactical demands of a selected sport	This LO is no longer stand-alone and has been divided and is now in multiple LOs	7	Practical sport (Internally assessed)	LO1	Be able to apply techniques and tactics in an individual sport	
							LO2	Be able to apply techniques and tactics in a team sport	
		LO2	Understand the technical skills and tactical awareness in a selected sport				LO1	Be able to apply techniques and tactics in an individual sport	
				LO2			Be able to apply techniques and tactics in a team sport		
		LO3	Be able to plan and undertake a six-week programme to develop own technical skills and tactical awareness	These LOs are not in any of the new Technicals units					This content is not suitable for a Technical Certificate
LO4	Be able to review own technical and tactical development and set goals for further development								

MAPPING

Cambridge Technicals in Sport 2012 units					Cambridge Technicals in Sport and Physical Activity 2016 units				
Unit no.	Unit title	LO no.	LO title	Explanation of use of LO from current Technicals	Unit no.	Unit title	LO no.	LO title	Other comments
11	Psychology for Sports Performance (BTEC Unit 9)	LO1	Know the psychological demands of a selected sport	These LOs are not in any of the new Technicals units					These LOs are not in any of the new Technicals units
		LO2	Know the impact motivation can have on sports performance						
		LO3	Know the effect of personality and aggression on sports performance						
		LO4	Be able to develop and review a psychological skills training programme to enhance own sports performance						



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