

Cambridge Nationals Sports activity list

List of activities

OCR has issued the following list based upon the suitability of activities as a means of assessing students' skills as part of the Cambridge Nationals Sports qualifications.

The list of activities below is a full and complete list of all available activities

Team Activity	Comments
Association football	Cannot be five-a-side or futsal
Badminton	Cannot be assessed with singles
Basketball	
Camogie	Cannot be assessed with hurling
Cricket	
Dance	
Gaelic football	
Handball	
Hockey	Must be field hockey, not ice hockey or roller hockey
Hurling	Cannot be assessed with camogie
Lacrosse	
Netball	
Rowing	Cannot be assessed with sculling canoeing or kayaking
Rugby league	Cannot be assessed with rugby union or rugby sevens – cannot be tag rugby
Rugby union	Can be assessed as sevens or fifteen a side. Cannot be assessed with rugby league, cannot be tag rugby. Only one form
Squash	Cannot be assessed with singles
Table tennis	Cannot be assessed with singles
Tennis	Cannot be assessed with singles
Volleyball	

Team Activity	Comments
Specialist activity	
Blind cricket	
Goal ball	
Powerchair football	Cannot be assessed with Wheelchair basketball
Table cricket	
Wheelchair basketball	
Wheelchair football	Cannot be assessed with Powerchair football
Wheelchair rugby	

Individual Activity	Comments
Amateur boxing	
Athletics	
Badminton	Cannot be assessed with doubles
Canoeing	Cannot be assessed with kayaking, rowing or sculling
Cycling	Track or road cycling only
Dance	
Diving	Platform diving
Golf	
Gymnastics	Floor routines and apparatus only
Equestrian	
Kayaking	Cannot be assessed with canoeing, rowing or sculling
Rock climbing	Can be indoor or outdoor
Rowing	Cannot be assessed with sculling, canoeing or kayaking
Sculling	
Skiing	Outdoor/indoor on snow; cannot be assessed with snowboarding. Must not be dry slopes
Snowboarding	
Squash	Cannot be assessed with doubles
Swimming	Not synchronised swimming
Table tennis	Cannot be assessed with doubles
Tennis	Cannot be assessed with doubles
Trampolining	
Specialist activity	

Individual Activity	Comments
Boccia	
Polybat	

The inclusion or non-inclusion of an activity in the proposed list does not represent a view on the legitimacy or value of the activity.

The list has been revised to reflect Ofqual's principles that non-exam assessment should ensure sound assessment practice, be manageable, and ensure the qualification is not easily distorted.

Unit R052

Learners can be assessed in different sports for each of the Learning Outcomes (LOs) and the team sport in LO2 cannot be a team derivative of the individual sport assessed in LO1 e.g. Tennis and Tennis doubles.

Learners may use an activity from either LO1 or LO2 in the assessments of LO3 and LO4 or they can use different activities for either or both LO3 and LO4.