

# PERSONAL LIFE SKILLS

10273/10274/10275/10276/10277/10278

Entry Level 3

Unit 1: Identifying risk and making personal decisions

## EVIDENCE BOOKLET

**CANDIDATE'S NAME** .....

The work that you submit for assessment must be your own. You must not copy from someone else or allow someone else to copy from you.

I confirm that this is all my own work.

Candidate's signature ..... Date .....

**CENTRE ASSESSOR'S NAME** .....

I confirm that I have read the Introduction to Tutors overleaf.

I confirm that I have authenticated the candidate's work and am satisfied that to the best of my knowledge the work produced is solely that of the candidate.

I confirm that I have marked this work and consider that it meets the assessment criteria.

Centre assessor's signature ..... Date .....

**INTERNAL MODERATOR'S NAME** ..... (if applicable)

Internal moderator's signature ..... Date .....

**SCRIBE'S NAME** ..... (if applicable)

Scribe's signature ..... Date .....

Please note:

The purpose of this evidence booklet is to provide a simple and manageable solution for gathering evidence for all units of this qualification.

**Tutors may change any task or part of a task to make the context more appropriate for their learners. However, alternative tasks must meet the assessment criteria. Please contact OCR for further guidance.**

**The assessment criterion/criteria (AC) are shown for each task throughout this booklet.**

All evidence **must** be marked before submission. This should be indicated through a tick and/or feedback comment on each marking point. Centre assessors should refer to the marking guidance for the unit when assessing the work.

Tutors should check that there are no gaps in the evidence. Incomplete evidence should not be submitted. Scribed work should be annotated with the scribe's initials.

If evidence is not to the required standard then alternative evidence should be substituted. If alternative evidence is submitted then this should be noted on the evidence checklist (available on our website [www.ocr.org.uk](http://www.ocr.org.uk)).

Do not submit the evidence in folders or plastic pockets but staple together the evidence sheets in an appropriate order. Do not submit group coursework, handouts or downloads (unless these are required to meet an assessment criteria).

Examiner-moderators will complete an electronic Centre Feedback Report Form (e-NQF6) for each batch submitted. Reports are accessed through OCR Interchange.

The QCA Accreditation Numbers for these qualifications are:

OCR Entry Level 3 Award in Personal Life Skills – 600/2370/3  
OCR Scheme Code: 10273

OCR Entry Level 3 Certificate in Personal Life Skills – 600/2371/5  
OCR Scheme Code: 10274

OCR Level 1 Award in Personal Life Skills – 600/2372/7  
OCR Scheme Code: 10275

OCR Level 1 Certificate in Personal Life Skills – 600/2373/9  
OCR Scheme Code: 10276

OCR Level 2 Award in Personal Life Skills – 600/2374/0  
OCR Scheme Code: 10277

OCR Level 2 Certificate in Personal Life Skills – 600/2375/2  
OCR Scheme Code: 10278

**The QCA Accreditation Number for this unit is:**

Unit 1: Identifying risk and making personal decisions T/503/3189

This OCR evidence booklet remains live for the life of this qualification. Occasionally OCR may up-date the information within this booklet. Please refer to the updates section of the relevant qualifications on our website: [www.ocr.org.uk](http://www.ocr.org.uk) for details regarding amendments made to this booklet.

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# Task 1

## AC 1.1, 1.2

Complete the diagram below with **two** further situations that involve risk.  
For each situation identify the risk. An example has been completed for you.

Situation	Risk
Crossing the road away from an official crossing.	Driver does not expect to see a pedestrian on the road and pedestrian gets knocked over.
1.	
2.	

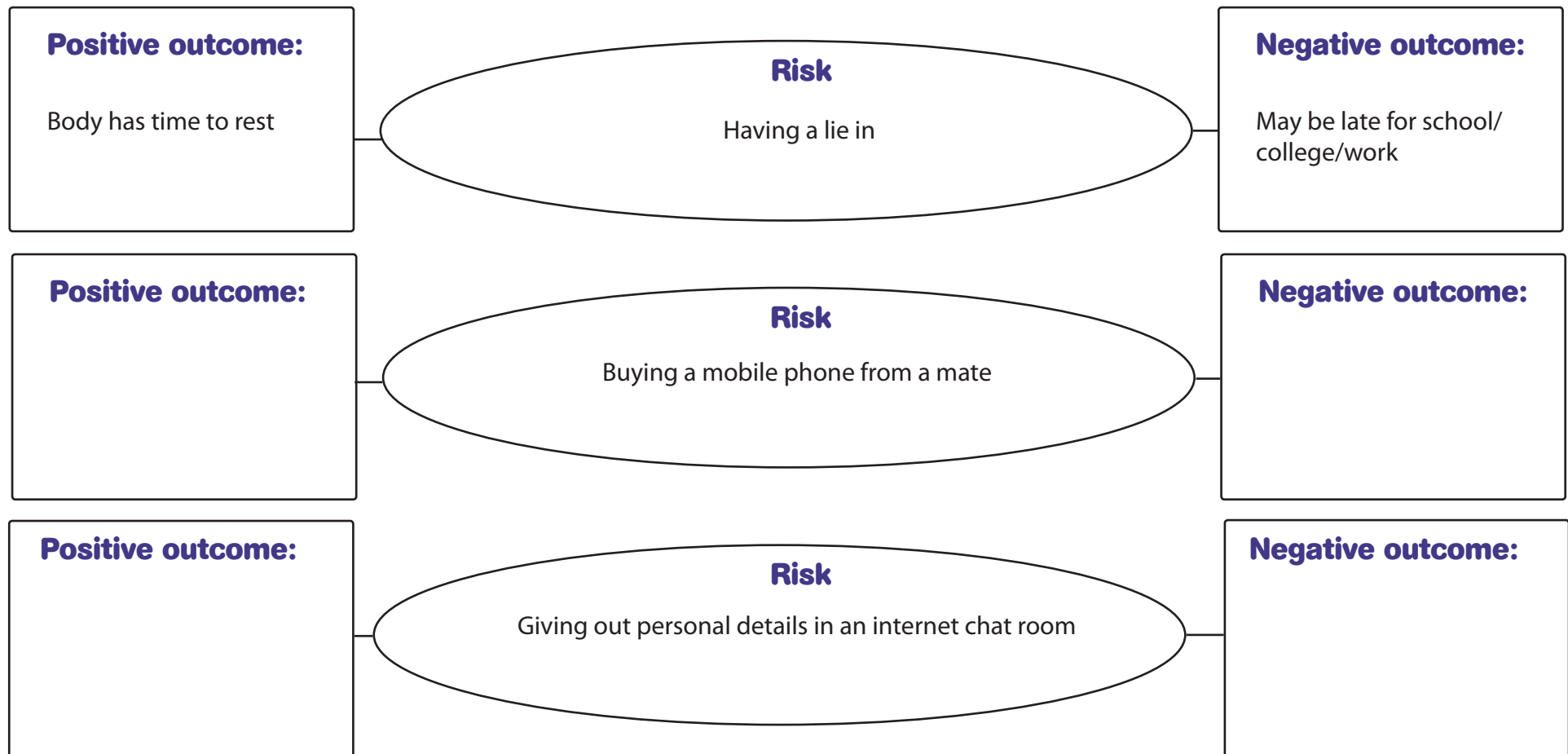


# Task 2

## AC 2.1

Complete the diagram below with **one** positive and **one** negative outcome for each of the risks identified.

An example has been completed for you.



# Task 3

## AC 3.1, 3.2

Complete the table below. Identify **two** additional decisions that may need advice. For each decision in the table identify **one** different source of information/advice/guidance for each decision.

An example has been completed for you.

Decisions that need advice	Source of information/advice/guidance
Deciding which college course to take	<i>Career's advisor.</i>
Deciding whether to have sex with girlfriend/boyfriend	
Deciding whether to get a part-time job	
1.	
2.	

# Task 4

## AC 4.1, 4.2

Knowing the law may affect some of the choices you make. Complete the following sentences to give accurate information about the relevant law.

A shopkeeper must not sell cigarettes to people under ..... years of age.

You can get married when you are 16 years old if you have .....

The legal age to get a tattoo on your own in the UK is .....

It is illegal for anyone under the age of ..... to buy alcohol in the UK.

Outline **two** risks associated with breaking the law

1

2

# Task 5

## AC 5.1

Complete the examples below to show **one** positive and **one** negative way your peers could influence your decision-making in different situations.

An example has been completed for you.

Situation	Positive	Negative
You are 15 and at a friend's house where their parents are having a party. Alcohol is available.	Your friend offers you a soft drink.	Your friend says it's cool to drink and puts vodka in your orange juice.
You are thinking about going to the cinema the night before an exam.		
You are offered some cheap designer trainers. You are not sure if they have been stolen.		



# Task 6

## AC 6.1, 6.2, 6.3

Choose the most appropriate emotion from the list below to complete each sentence. Use each emotion **once** only.

**anger**

**jealous**

**love**

**excited**

**furious**

Seeing Sam's cool new phone made Chris feel .....

Sunita was ..... when she realised that Jo had lied to her.

Faith was very ..... about being a bridesmaid at her sister's wedding.

He knew he was in ..... when he realised that he couldn't stop thinking about her.

Lee wanted to hit Jason when he teased him but he managed to control his .....

Identify **one** strong emotion and ways it could affect decision making.

Strong emotion:

Ways it could affect decision making:

Tick the **four** actions you would advise someone to take, when experiencing strong emotions, if they needed to make an important decision.

Situation	✓
Shout and rage	
Ask themselves what is the worst thing that could happen	
Blame everyone else	
Consider possible consequences	
Go for a walk	
Throw things around	
Go to someone for advice	

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