

Unit Title:	Support individuals at the end of life
Unit sector reference:	HSC 3048
Level:	Three
Credit value:	7
Guided learning hours:	53
Unit expiry date:	31/05/2015
Unit accreditation number:	T/601/9495

Unit purpose and aim

This unit is aimed at those working in a wide range of settings. It provides the learner with the knowledge and skills required to support end of life care.

Learning Outcomes	Assessment Criteria	Exemplification
<p>The learner will:</p> <p>1 Understand the requirements of legislation and agreed ways of working to protect the rights of individuals at the end of life</p>	<p>The learner can:</p> <p>1.1 Outline legal requirements and agreed ways of working designed to protect the rights of individuals in end of life care</p> <p>1.2 Explain how legislation designed to protect the rights of individuals in end of life care applies to own job role</p>	<p>Legislation and agreed ways of working will include policies and procedures where these apply, and may relate to:</p> <ul style="list-style-type: none"> • equality, diversity and discrimination • data protection, recording, reporting, confidentiality and sharing information • the making of wills and living wills • dealing with personal property of deceased people • removal of medical equipment from deceased people • visitors • safeguarding of vulnerable adults
<p>2 Understand factors affecting end of life care</p>	<p>2.1 Outline key points of theories about the emotional and psychological processes that individuals and key people may experience with the approach of death</p> <p>2.2 Explain how the beliefs, religion and culture of individuals and key people</p>	<p>An individual is the person requiring end of life care</p> <p>Key people may include:</p> <ul style="list-style-type: none"> • Family members • Friends • Others who are important to the well-being of the individual

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	<p>influence end of life care</p> <p>2.3 Explain why key people may have a distinctive role in an individual's end of life care</p> <p>2.4 Explain why support for an individual's health and well-being may not always relate to their terminal condition</p>	
<p>3 Understand advance care planning in relation to end of life care</p>	<p>3.1 Describe the benefits to an individual of having as much control as possible over their end of life care</p> <p>3.2 Explain the purpose of advance care planning in relation to end of life care</p> <p>3.3 Describe own role in supporting and recording decisions about advance care planning</p> <p>3.4 Outline ethical and legal issues that may arise in relation to advance care planning</p>	<p>Systems for advance care planning may include:</p> <ul style="list-style-type: none"> • Gold Standard Framework • Preferred Priorities for Care
<p>4 Be able to provide support to individuals and key people during end of life care</p>	<p>4.1 Support the individual and key people to explore their thoughts and feelings about death and dying</p> <p>4.2 Provide support for the individual and key people that respects their beliefs, religion and culture</p> <p>4.3 Demonstrate ways to help the individual feel respected and valued throughout the end of life period</p> <p>4.4 Provide information to the individual and/or key people about the individual's illness and the support available</p> <p>4.5 Give examples of how an individual's well-being can be enhanced by:</p> <ul style="list-style-type: none"> • environmental factors • non-medical interventions • use of equipment and aids • alternative therapies 	

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	4.6 Contribute to partnership working with key people to support the individual's well-being	
5 Understand how to address sensitive issues in relation to end of life care	5.1 Explain the importance of recording significant conversations during end of life care 5.2 Explain factors that influence who should give significant news to an individual or key people 5.3 Describe conflicts and legal or ethical issues that may arise in relation to death, dying or end of life care 5.4 Analyse ways to address such conflicts	
6 Understand the role of organisations and support services available to individuals and key people in relation to end of life care	6.1 Describe the role of support organisations and specialist services that may contribute to end of life care 6.2 Analyse the role and value of an advocate in relation to end of life care 6.3 Explain how to establish when an advocate may be beneficial 6.4 Explain why support for spiritual needs may be especially important at the end of life 6.5 Describe a range of sources of support to address spiritual needs	Support organisations and specialist services may include: <ul style="list-style-type: none"> • nursing and care homes • specialist palliative care services • domiciliary, respite and day services • funeral directors
7 Be able to access support for the individual or key people from the wider team	7.1 Identify when support would best be offered by other members of the team 7.1 Liaise with other members of the team to provide identified support for the individual or key people	Other members of the team may include: <ul style="list-style-type: none"> • line manager • religious representatives • specialist nurse • occupational or other therapist • social worker • key people
8 Be able to support individuals through the process of dying	8.1 Carry out own role in an individual's care 8.2 Contribute to addressing	

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	any distress experienced by the individual promptly and in agreed ways 8.3 Adapt support to reflect the individual's changing needs or responses 8.4 Assess when an individual and key people need to be alone	
9 Be able to take action following the death of individuals	9.1 Explain why it is important to know about an individual's wishes for their after-death care 9.2 Carry out actions immediately following a death that respect the individual's wishes and follow agreed ways of working 9.3 Describe ways to support key people immediately following an individual's death	Actions may include: <ul style="list-style-type: none"> • Attending to the body of the deceased • Reporting the death through agreed channels • Informing key people Agreed ways of working will include policies and procedures where these exist
10 Be able to manage own feelings in relation to the dying or death of individuals	10.1 Identify ways to manage own feelings in relation to an individual's dying or death 10.2 Utilise support systems to deal with own feelings in relation to an individual's dying or death	

Assessment

This unit needs to be assessed in line with the Skills for Care and Development QCF Assessment principles.

This unit is competence based. This means that it is linked to the candidate's ability to competently perform a range of tasks connected with their work. This unit may be assessed using any method, or combination of methods, which clearly demonstrates that the learning outcomes and assessment criteria have been met. This unit requires workplace assessment of occupational competence.

Assessment decisions for competence based learning outcomes (eg those beginning with 'Be able to') must be made in a real work environment by an occupationally competent assessor. Any knowledge evidence integral to these learning outcomes may be generated outside of the work environment but the final assessment decision must be within the real work environment.

Competence based assessment must include direct observation as the main source of evidence.

For this unit, learning outcomes 4, 7, 8, 9 and 10 must be assessed in a real work environment.

Guidance on assessment and evidence requirements

OCR does not stipulate the mode of delivery for the teaching of the content of this unit. Centres are free to deliver this unit using any mode of delivery that meets the needs of their candidates. Centres should consider the candidates' complete learning experience when designing learning programmes.

National occupational standards (NOS) mapping/signposting

This unit has been developed by Skills for Care and Development in Partnership with Awarding Organisations. It is directly relevant to the needs of employers and relates to national occupational standards developed by Skills for Care and Development.

As such, the unit may provide evidence for the following national occupational standards in health and social care developed by Skills for Care and Development:

HSC385

NOS can be viewed on the relevant Sector Skills Council's website or the Occupational standards directory at www.ukstandards.co.uk

Functional skills signposting

This section indicates where candidates may have an opportunity to develop their functional skills.

Functional Skills standards can be viewed at <http://www.qcda.gov.uk/15565.aspx>

Functional Skills Standards					
English		Mathematics		ICT	
Speaking and Listening	✓	Representing		Use ICT systems	✓
Reading	✓	Analysing		Find and select information	✓
Writing	✓	Interpreting		Develop, present and communicate information	✓

Additional information

For further information regarding administration for this qualification, please refer to the OCR document '*Administrative Guide for Vocational Qualifications*' (A850).

This unit is a shared unit. It is located within the subject/sector classification system 01.3 Health and Social Care.