

## NOTICE TO CENTRES

FAO: Centre Coordinators/Tutors of Exercise & Fitness qualifications

Date: March 2013

Subject: New test papers Exercise & Fitness qualifications

### IMPORTANT NOTICE REGARDING EXERCISE & FITNESS QUALIFICATIONS

We are pleased to announce that additional test papers are available to download from Interchange for the following units:

- **01783** – OCR Level 2 Certificate in Fitness Instructing Unit 3: Principles of exercise, fitness and health
- **01783** – OCR Level 2 Certificate in Fitness Instructing Unit 4: Anatomy and physiology for exercise
- **01784** – OCR Level 3 Certificate in Personal Training Unit 4: Anatomy and physiology for exercise and health

These papers are available for use straight away. If you requires access to Interchange, please contact your centre coordinator or contact our Customer Contact Centre on 02476 851509.