

Please read the instructions printed at the end of this form. **One** of these sheets, suitably completed, should be attached to the assessed work of **each** candidate.

<b>Unit Title</b>	<b>Developing knowledge and skills in outdoor activities</b>	<b>Unit Code</b>	<b>R056</b>	<b>Session</b>	Jan / June	<b>Year</b>	<b>2</b>	<b>0</b>		
<b>Centre Name</b>						<b>Centre Number</b>				
<b>Candidate Name</b>						<b>Candidate Number</b>				
<b>Criteria</b>						<b>Teacher Comments</b>	<b>Mark</b>	<b>Page No.</b>		
<b>LO1: Know about different types of outdoor activities and their provision</b>										
<b>MB1: 1 - 3 marks</b>		<b>MB2: 4 - 6 marks</b>		<b>MB3: 7 - 9 marks</b>						
Definition of outdoor activities is <b>limited</b> . <b>Some</b> different outdoor activities are <b>briefly</b> described with a <b>few</b> examples given.  <b>Outlines</b> the provision of outdoor activities in the UK using <b>few</b> examples.		Definition of outdoor activities is <b>accurate</b> with <b>some detail</b> .  A <b>range</b> of outdoor activities are described in <b>detail</b> with <b>mostly relevant</b> examples given <b>for each</b> .  <b>Describes</b> the provision of outdoor activities in the UK using a <b>range</b> of examples.		Definition of outdoor activities is <b>accurate</b> and <b>detailed</b> .  A <b>wide range</b> of outdoor activities are described in <b>detail</b> with <b>clear</b> and <b>relevant</b> examples given <b>for each</b> .  <b>Comprehensively</b> describes the provision of outdoor activities in the UK using a <b>wide range</b> of examples.						
<b>[1 2 3]</b>		<b>[4 5 6]</b>		<b>[7 8 9]</b>						

Criteria			Teacher Comments	Mark	Page No.
<b>LO2: Understand the value of participating in outdoor activities</b>					
<b>MB1: 1 - 3 marks</b>	<b>MB2: 4 - 6 marks</b>	<b>MB3: 7 - 9 marks</b>			
<p><b>Outlines a few</b> of the general benefits of participating in outdoor activities.</p> <p>Identifies <b>some</b> of the skills which can be developed by participating in outdoor activities. <b>Outlines</b> how a <b>few</b> of these skills are developed, providing <b>limited</b> reasons as to why they are of value to the individual.</p> <p style="text-align: right;"><b>[1 2 3]</b></p>	<p><b>Describes some</b> of the general benefits of participating in outdoor activities in <b>some detail</b>.</p> <p><b>Describes most</b> of the skills which can be developed by participating in outdoor activities and how they are developed, providing a <b>range</b> of reasons as to why they are of value to the individual.</p> <p style="text-align: right;"><b>[4 5 6]</b></p>	<p><b>Describes most</b> of the general benefits of participating in outdoor activities in <b>detail</b>.</p> <p><b>Explains most</b> of the skills which can be developed by participating in outdoor activities and how they are developed, providing a <b>wide range</b> of reasons as to why they are of value to the individual.</p> <p style="text-align: right;"><b>[7 8 9]</b></p>			
<b>LO3: Be able to plan an outdoor activity</b>					
<b>MB1: 1 - 4 marks</b>	<b>MB2: 5 - 8 marks</b>	<b>MB3: 9 - 12 marks</b>			
<p>Produces a <b>basic</b> plan which considers <b>limited</b> requirements for an effective and safe outdoor activity session with <b>some</b> prompting from the teacher.</p> <p>Draws upon <b>limited</b> skills/knowledge/understanding from other units in the specification.</p> <p style="text-align: right;"><b>[1 2 3 4]</b></p>	<p>Produces an <b>appropriate</b> and <b>detailed</b> plan which considers <b>many</b> of the requirements for an effective and safe outdoor activity session with <b>little</b> prompting from the teacher.</p> <p>Draws upon <b>some relevant</b> skills/knowledge/understanding from other units in the specification.</p> <p style="text-align: right;"><b>[5 6 7 8]</b></p>	<p>Produces an <b>appropriate</b> and <b>comprehensive</b> plan which covers <b>most</b> of the requirements for an effective and safe outdoor activity session <b>independently</b>.</p> <p><b>Clearly</b> draws upon <b>relevant</b> skills/knowledge/understanding from other units in the specification.</p> <p style="text-align: right;"><b>[9 10 11 12]</b></p>			
<b>MB1: 1 - 3 marks</b>	<b>MB2: 4 - 6 marks</b>	<b>MB3: 7 - 9 marks</b>			
<p>Shows a <b>limited awareness</b> of safety considerations and emergency procedures related to the activity and equipment to be used. Gives <b>little</b> consideration to the environment the activity will take place in and the personnel used.</p> <p style="text-align: right;"><b>[1 2 3]</b></p>	<p>Shows <b>some understanding</b> of safety considerations, and emergency procedures related to the activity and equipment to be used. Gives <b>some</b> consideration to the environment the activity will take place in and the personnel used.</p> <p style="text-align: right;"><b>[4 5 6]</b></p>	<p>Shows <b>well developed understanding</b> of safety considerations, and emergency procedures related to the activity and the equipment to be used. Gives <b>clear and appropriate</b> consideration to the environment the activity will take place in and the personnel used.</p> <p style="text-align: right;"><b>[7 8 9]</b></p>			

Criteria					Teacher Comments	Mark	Page No.
<b>LO4: Be able to demonstrate knowledge and skills during outdoor activities</b>							
<b>MB1: 1 - 4 marks</b>		<b>MB2: 5 - 8 marks</b>		<b>MB3: 9 - 12 marks</b>			
Demonstrates a <b>limited</b> range of relevant skills and knowledge during outdoor activities.  <div style="text-align: right;">[1 2 3 4]</div>		Demonstrates a <b>range</b> of relevant skills and knowledge during outdoor activities.  <div style="text-align: right;">[5 6 7 8]</div>		<b>Confidently</b> demonstrates a <b>wide range of well developed</b> , relevant skills and knowledge during outdoor activities.  <div style="text-align: right;">[9 10 11 12]</div>			
<b>MB1: 1 - 3 marks</b>		<b>MB2: 4 - 6 marks</b>		<b>MB3: 7 - 9 marks</b>			
Cares for and uses equipment in a <b>limited</b> manner and needs <b>some prompting</b> from the activity leader to follow safe practice.  <div style="text-align: right;">[1 2 3]</div>		Cares for and uses equipment in a <b>competent</b> manner and needs <b>little prompting</b> from the activity leader to follow safe practice.  <div style="text-align: right;">[4 5 6]</div>		Cares for and uses equipment in an <b>effective</b> manner and follows safe practice <b>independently</b> .  <div style="text-align: right;">[7 8 9]</div>			
<b>Total/60</b>							
If this is a re-sit, please tick		Session and Year of previous submission	Jan / June	<b>2</b>	<b>0</b>	Please tick to indicate this work has been standardised internally	

Please note: This form may be updated on an annual basis. The current version of this form will be available on the OCR website ([www.ocr.org.uk](http://www.ocr.org.uk)).

### Guidance on Completion of this Form

- 1 **One** sheet should be used for each candidate.
- 2 Please ensure that the appropriate boxes at the top of the form are completed.
- 3 Please enter *specific* page numbers where evidence can be found in the portfolio, and where possible, indicate to which part of the text in the mark band the evidence relates.
- 4 Circle the mark awarded for each strand of the marking criteria in the appropriate box and also enter the circled mark in the final column.
- 5 Add the marks for the strands together to give a total out of 60. Enter this total in the relevant box.