

GCSE Design & Technology (Food Technology)

Design Activity

| | |
|-----------------------------------|--------------------------|
| Contains protein | Contains fibre |
| Reduced in fat | Reduced in sugar |
| Contains vitamin C | Contains iron |
| Contains calcium | Reduced sugar content |
| Contains slow release starches | Contributes to '5-a-day' |
| Reduced in saturated fats | Contains vitamin A |

Print on green card



A Level Design & Technology (Food & Nutrition)

Lesson Element

| | |
|----------------|--------------------------|
| Toddlers | Young child (5–10 years) |
| 11–16 years | Teenagers |
| Students | Adults |
| Vegetarians | Vegans |
| Family | Elderly |
| Pregnant women | Coeliac |
| Athlete | |

Print on red card



| | |
|-------------------------|----------------|
| Snack | Dessert |
| Main meal | Cake |
| Hot dessert | Cold dessert |
| For a party | For a birthday |
| For a celebration | Packed lunch |
| To be 'eaten on the go' | Pasta product |
| Salad product | Biscuit |

Print on white card



A Level Design & Technology (Food & Nutrition)

Lesson Element

| | |
|----------------|-------------------|
| Bread product | Hand held product |
| Pastry product | |

Print on white card



| | |
|-----------------------|-----------------|
| Suitable to be frozen | Decorated |
| Has a casing | Sweet product |
| Value product | Colourful |
| Novel | New |
| Contains vegetables | Contains fruits |
| Has a topping | Luxury product |

Print on yellow card



| | |
|-------------------------------|-----------------|
| Has a combination of flavours | Attractive |
| Has a coating | Savoury product |
| Has a variety of textures | Has layers |

Print on yellow card

