

**Unit Title:** Support children and young people in residential childcare to manage their health

OCR unit number: 12  
 Sector unit number: RCC 3.12  
 Level: 3  
 Credit value: 2  
 Guided learning hours: 17  
 Unit reference number: D/506/7594

## Unit aim and purpose

This unit provides the knowledge and skills required to support children and young people in residential childcare to manage their health.

Learning Outcomes	Assessment Criteria	Additional guidance
<p><b>The Learner will:</b></p> <p>1 Understand health service provision in relation to children and young people in residential childcare</p>	<p><b>The Learner can:</b></p> <p>1.1 Describe the range and function of health agencies and services available locally</p> <p>1.2 Explain the impact on a child or young person if they are not able to register with <b>primary health services</b></p> <p>1.3 Describe factors that may jeopardise access to health services for children and young people</p> <p>1.4 Describe ways to help children and young people overcome barriers to accessing health service provision</p>	<p><b>Primary health services</b> include GP, dentist, optometrist</p>
<p>2 Be able to address concerns about the health of children and young people</p>	<p>2.1 Assess <b>concerns</b> about the health of children or young people to decide what action is necessary</p> <p>2.2 Take action to address concerns following agreed procedures</p> <p>2.3 Record and report concerns following agreed procedures</p>	<p><b>Concerns</b> may include:</p> <ul style="list-style-type: none"> <li>• Illness</li> <li>• Injury</li> <li>• Use of illegal substances</li> <li>• Emotional distress</li> <li>• Poor lifestyle choices</li> <li>• Exploitative behaviour (either as victim or perpetrator)</li> <li>• Harm or abuse</li> </ul>

Learning Outcomes	Assessment Criteria	Additional guidance
	2.4 Seek support where concerns are beyond own experience, competence or job role	<ul style="list-style-type: none"> <li>• Changes in behaviour</li> <li>• Escalation of previously un-concerning day to day behaviour</li> </ul>
3 Be able to support children and young people to manage their own health needs, as appropriate to their age and level of understanding	3.1 Support children or young people to recognise their own <b>health needs</b>  3.2 Support children or young people to recognise the benefits of keeping appointments and implementing recommended treatments  3.3 Support children or young people to access health services and complete recommended treatments  3.4 Support children or young people who manage their own medication or treatment to do this safely	<b>Health needs e.g.</b> <ul style="list-style-type: none"> <li>• Physical</li> <li>• Mental</li> <li>• Emotional</li> <li>• Sexual</li> </ul>
4 Be able to support children and young people to make healthy lifestyle choices	4.1 Describe factors associated with a healthy lifestyle  4.2 Evaluate how own actions model a healthy lifestyle  4.3 Support children or young people to understand the choices they can make about their lifestyle  4.4 Support children or young people to sustain healthy lifestyle choices	

## Assessment

This unit must be assessed in accordance with Skills for Care and Development's QCF Assessment Principles.

Learning outcomes 2, 3 and 4 must be assessed in a real work environment

Assessment decisions for competence based learning outcomes (e.g. those beginning with 'Be able to') must be made in a real work environment by an occupationally competent assessor. Any knowledge evidence integral to these learning outcomes may be generated outside of the work environment but the final assessment decision must be within the real work environment.

This unit is competence based. This means that it is linked to the candidate's ability to competently perform a range of tasks connected with their work. This unit may be assessed using any method, or combination of methods, which clearly demonstrates that the learning outcomes and

assessment criteria have been met. This unit requires workplace assessment of occupational competence.

Competence based assessment must include direct observation as the main source of evidence.

## National Occupational Standards (NOS) mapping/signposting

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This unit has been developed by Skills for Care and Development in Partnership with Awarding Organisations. It is a requirement for new staff working in residential childcare to be working towards these qualifications from 01/01/15. It is directly relevant to the needs of employers and relates to national occupational standards developed by Skills for Care and Development. As such, the unit may provide evidence for SCDHSC0313.

## Functional skills signposting

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This section indicates where candidates may have an opportunity to develop their functional skills.

Functional Skills Standards					
English		Mathematics		ICT	
Speaking and Listening	X	Representing		Use ICT systems	
Reading	X	Analysing		Find and select information	
Writing	X	Interpreting		Develop, present and communicate information	

## Additional information

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We do not stipulate the mode of delivery for the teaching of the content of this unit. Centres are free to deliver this unit using any mode of delivery that meets the needs of their candidates. Centres should consider the candidates' complete learning experience when designing learning programmes.

The Centre Handbook contains important information for anyone delivering this unit which is part of the residential childcare qualifications.

For further information regarding administration for this qualification, please refer to the OCR document '*Admin Guide: Vocational Qualifications*' on our website [www.ocr.org.uk](http://www.ocr.org.uk).