

## Unit R051 – Contemporary issues in sport

### The role of sport in promoting values

#### ***Instructions and answers for teachers***

*These instructions should accompany the OCR resource 'The role of sport in promoting values' activity which supports OCR Cambridge Nationals in Sport Studies.*

The image shows a page from the OCR resource 'The role of sport in promoting values'. The page is titled 'Sports Studies Level 1/2 Lesson Element' and 'Unit R051 – Contemporary issues in sport The role of sport in promoting values'. It contains an introduction, a task, and a group activity section.

These tasks will help you to understand the role of sport in promoting values, the values of the Olympics and Paralympics and will also give you a chance to investigate some initiatives which promote values through sport.

**Task 1**  
Before you start to think in detail about 'values' it may be useful for everyone to agree a definition of the word. Define 'value' in your own words and record your definition below.  
My definition of the word 'value' \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

You can share your definitions with the whole group and one definition that everyone is agreed on can be defined and recorded below.  
Group agreed definition of the word 'value' \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

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#### **The Activity:**

These tasks will help learners to understand the role of sport in promoting values, the values of the Olympics and Paralympics and will also give learners a chance to investigate some initiatives which promote values through sport.

#### **Associated materials:**

'The role of sport in promoting values' Lesson Element learner activity sheet.

#### **Suggested timings:**

**Task 1** – Definition of 'values': 15 minutes

**Task 2** – Values that sport can promote: 45 minutes

**Task 3** – Olympic and Paralympic values anagrams: 20 minutes

**Task 4** – Olympic and Paralympic values: 60 minutes

### Task 1

Before learners start to think in detail about 'values' it may be useful for everyone to agree a definition of the word. Ask learners to define 'value' in their own words. They can record their definition below:

My definition of the word 'value' \_\_\_\_\_

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Learners can share their definitions with the whole group and one definition that everyone is agreed on can be devised and recorded below:

Group agreed definition of the word 'value': \_\_\_\_\_

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### Task 2

Once learners understand the word 'value' they can start to think about the values that sport might promote. Working in pairs or small groups learners can list the values below, they can then explain how sport might promote these values and why they are important in everyday life.

Value	How promoted in sport	Why important in life
Team spirit	Learn to work together towards a common goal	All aspects of life require you to work with and get along with other people
Fair play	Learn the importance of rules and being fair to others	Life has rules – legal, social, moral, ethical – that we must abide by
Citizenship	Being involved in the local community through sport	A feeling of belonging helps create/maintain pride in surroundings and a desire to be socially responsible
Tolerance	Developing an understanding of other people, countries and cultures through sport	Tolerance is needed in order to cooperate and get on with other people
Respect	Understanding that everyone has different abilities and everyone's contribution is valid	Social cohesion requires levels of mutual respect
Inclusion	Adapting sport so that people of all abilities can participate	Everyone has differing abilities and needs, society should accommodate these as best it can
National pride	Supporters and performers unite behind the country/team	National pride fosters positive self-image and pride in achievements and surroundings
Excellence	Striving to be the best you can be	This is relevant in all aspects of life

### Task 3

The Olympics and Paralympics have seven values which embody the spirit of the games. These values are listed below, ask learners to unscramble the letters to reveal the correct words.

CTREPSE

*respect*

LECXELNECE

*excellence*

SPIFEDNHRI

*friendship*

OCUREGA

*courage*

NDOEITTEARNMI

*determination*

NIOPINSIRTA

*inspiration*

LTIQUEYA

*equality*

### Task 4

Now that learners know the seven Olympic and Paralympic values they can explain how the games encourages these values amongst the participants and/or wider public. They can record their thoughts below.

The Values	How the Olympics and Paralympics encourage these values
Respect	Athlete must abide by the rules and portray fair play and sportsmanship
Excellence	Athletes give the best of themselves in order to achieve excellence
Friendship	Athletes train and sometimes live with other athletes; forming friendships for life. They also meet people from different countries and cultures and see how people's differences are not a barrier to friendship
Courage	Athletes must have the courage and self-belief to overcome adversity in order to achieve
Determination	Athletes have the drive and motivation to train hard and overcome barriers in order to achieve to the best of their ability
Inspiration	Athletes and the public are motivated to achieve/participate themselves due to the achievements of others
Equality	The games show that everyone can achieve regardless of ability or disability



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