Cambridge **TECHNICALS LEVEL 3**

HEALTH AND SOCIAL CARE

Cambridge TECHNICALS 2016

Unit 1 – Building positive relationships in health and social care
RESOURCE LINKS

Version 1

CONTENTS

INTRODUCTION

Resources Link is an e-resource, provided by OCR, for teachers of Cambridge Technicals. It provides descriptions of, and links to, a variety of teaching and learning resources that you may find helpful.

Where appropriate, we have mapped the resources to this OCR unit/learning outcomes (LOs) and provided information about their cost and format.

If you know of other resources you would like to see included here, or discover broken links, please let us know. We would also like to hear from you if have any feedback about your use of these, or other, OCR resources. Please contact us at resources.feedback@ocr.org.uk

To find out more about this qualification, go to: http://www.ocr.org.uk/qualifications/cambridge-technicals-health-and-social-care-level-3-certificate-extended-certificate-foundation-diploma-diploma-05830-05833-2016-suite/

TYPES OF RESOURCE

OCR Produced Resources
These are resources devised and produced directly by the Resources Development Team at OCR.

Publisher Partner Resources
For many subjects OCR works with a publisher partner to ensure that good quality resources such as textbooks are available for first teaching.

Whilst the publisher partner has access to our subject experts and we quality check and endorse these resources they are produced by, and remain the property of, the publisher partner. There is no financial link between OCR and its publisher partners and we do not pay for the development of, or receive any royalties from, these resources.

Endorsed Resources
These resources were produced entirely independently of OCR, but we have quality checked them for their suitability as a resource to support our qualifications.

Other Resources
Unless specifically stated these resources are completely independently produced and are not endorsed by OCR. We have looked at them though, and we think they could be useful in supporting our specifications.

We leave it to you, as a professional educator, to decide if any of these resources are right for you and your students, and how best to use them.

Cambridge TECHNICALS 2016

2016 Suite
- **New suite for first teaching September 2016**
- **Externally assessed content**
- **Eligible for Key Stage 5 performance points from 2018**
- **Designed to meet the DfE technical guidance**

LINKS

Services we Regulate

An A-Z of Health and Social Care Services that are regulated by the Care Quality Commission.

Supports: LO1

Cost: Free

Format: Web page

http://www.cqc.org.uk/content/services-we-regulate

Types of childcare

Information from pacey about the different types of childcare.

Supports: LO1

Cost: Free

Format: Web page

http://www.pacey.org.uk/parents/choosing-great-childcare/types-of-childcare/

Your relationship with health and social care professionals

The formal relationships that people who use adult NHS mental health services can expect from professionals; published by NICE (National Institute for Health and Care Excellence).

Supports: LO1

Cost: Free

Format: Web page

https://www.nice.org.uk/guidance/cg136/ifp/chapter/your-relationship-with-health-and-social-care-professionals

My Friends – Monim and Jay on darts and dating

A short three minute video (that can also be downloaded with a text transcript) produced for Mencap that describes the informal relationships that Monim and Jay (two friends who have learning disabilities) have with each other and others.

Supports: LO1

Cost: Free

Format: Web video

http://mylife.mencap.org.uk/landing.asp?id=39&type=video

Childcare and Parenting

Childcare services and related information provided the government

Supports: LO1

Cost: Free

Format: Web page

https://www.gov.uk/browse/childcare-parenting

Impairments and conditions

Information about impairments and a personal account of what having a physical impairment means produced by Scope

Supports: LO1

Cost: Free

Format: Web page and web video

http://www.scope.org.uk/support/professionals/learning-together/impairment-conditions/physical

Care Homes

Information about different types of residential care homes by NHS Choices.

Supports: LO1

Cost: Free

Format: Web page

http://www.nhs.uk/conditions/social-care-and-support-guide/pages/care-homes.aspx

What is MS?

Information about MS produced by the Multiple Sclerosis Society.

Supports: LO1

Cost: Free

Format: Web page

http://www.mssociety.org.uk/what-is-ms

Treatments and Therapies

Information about the treatments and therapies that are available for MS produced by The Multiple Sclerosis Society.

Supports: LO1

Cost: Free

Format: Web page

http://www.mssociety.org.uk/what-is-ms/treatments-and-therapies

Home Adaptations

Information about maintaining independence in relation to home adaptations produced by The Multiple Sclerosis Society.

Supports: LO1

Cost: Free

Format: Web page

http://www.mssociety.org.uk/ms-support/practical-and-financial-help/home-adaptations

Mobility, driving and transport

Information about maintaining independence in relation to mobility produced by The Multiple Sclerosis Society.

Supports: LO1

Cost: Free

Format: Web page

http://www.mssociety.org.uk/ms-support/mobility-driving-transport

Culture

This leaflet illustrates the definition of culture adopted by the NHS in Scotland.

Supports: LO1

Cost: Free

Format: Leaflet

http://www.flyingstart.scot.nhs.uk/learning-programmes/equality-and-diversity/cultural-competence/

Forming and maintaining relationships with service users, carers, professionals and others

An online learning guide which illustrates ways in which workers can form and maintain relationships in health and social care.

Supports: LO1

Cost: Free

Format: Online learning resource

http://www.scie.org.uk/assets/elearning/communicationskills/cs02/resource/index.html

Dignity in Care: Communication

A 15 mins video produced by the Social Care Institute for Excellence (SCIE) of how effective communication works in practice and ensures dignity in care.

Supports: LO2

Cost: Free

Format: Web video

http://www.scie.org.uk/socialcaretv/video-player.asp?v=communication

The Equality Act, Making Equality Real

An easy to read guide produced by the UK government on the Equality Act.

Supports: LO2

Cost: Free

Format: PDF

https://www.gov.uk/government/uploads/system/uploads/attachment_data/file/85012/easy-read.pdf

Care experienced young people

A 10 minute video produced by the Social Care Institute for Excellence (SCIE) that tells the story of Colin, a care experienced young person who faced a number of challenges during his years in care and was supported to overcome these by forming some positive relationships.

Supports: LO2

Cost: Free

Format: Web video

http://www.scie.org.uk/socialcaretv/video-player.asp?guid=23d82cf5-9171-4f46-b1c6-89149397eb1f

Spirituality and mental health

A leaflet produced by the Royal College of Psychiatrists on what spirituality is and how it is linked to mental health.

Supports: LO2

Cost: Free

Format: Web page

http://www.rcpsych.ac.uk/mentalhealthinformation/therapies/spiritualityandmentalhealth.aspx

First Steps for Health Care Assistants (HCAs) - Communication

A resource produced by the Royal College of Nursing (RCN) including information and interactive videos on what communication is, its importance, the five key aspects of communication: listening and attending, non – verbal, verbal, questioning and written.

Supports: LO2

Cost: Free

Format: Web page and web videos

http://rcnhca.org.uk/top-page-001/

A Checklist for Clear Communication

A resource produced by MInd Tools that includes information about the 7 Cs of communication as well as relevant scenarios that tutors could use with learners.

Supports: LO2

Cost: Free

Format: Web page

http://www.mindtools.com/pages/article/newCS_85.htm

Non-verbal Communication

Information and three case scenarios from the organisation Helpguide about the different forms of non-verbal communications.

Supports: LO2

Cost: Free

Format: Web page

http://www.helpguide.org/articles/relationships/nonverbal-communication.htm

What is communication?

An engaging three minute animated clip produced by the University of Amsterdam.

Supports: LO2

Cost: Free

Format: Web video

https://www.youtube.com/watch?v=S7CN9Trw43w

Methods of communicating with people who are deafblind

Information about adapting communication for individuals who are deafblind produced by the national charity Sense.

Supports: LO2

Cost: Free

Format: Web page

http://www.sense.org.uk/content/methods-communicating-people-who-are-deafblind

How Makaton works

Information about what Makaton is by the Makaton Charity.

Supports: LO2

Cost: Free

Format: Web page

https://www.makaton.org/aboutMakaton/howMakatonWorks

British Sign Language (BSL)

Action on Hearing Loss – information about BSL.

Supports: LO2

Cost: Free

Format: Web page

http://www.actiononhearingloss.org.uk/your-hearing/ways-of-communicating/british-sign-language-bsl.aspx

Braille and Moon

Information about communication used by individuals who are blind or have partial sight loss produced by The Royal National Institute for the blind (RNIB).

Supports: LO2

Cost: Free

Format: Web page

https://www.rnib.org.uk/braille-and-moon-tactile-codes

Forming, Storming, Norming, and Performing

Information about Tuckman's Model from Mind Tools.

Supports: LO2

Cost: Free

Format: Web page

http://www.mindtools.com/pages/article/newLDR_86.htm

The Environment and Surroundings

Information from the National Autistic Society about how the environment can impact on relationships.

Supports: LO2

Cost: Free

Format: Web page

http://www.autism.org.uk/living-with-autism/at-home/environment-and-surroundings.aspx

About Dementia

Information about dementia by the Alzheimer's Society.

Supports: LO2

Cost: Free

Format: Web page

http://www.alzheimers.org.uk/site/scripts/documents.php?categoryID=200120

Conditions

Information about different types of mental health conditions produced by Rethink Mental Illness.

Supports: LO2

Cost: Free

Format: Web page

http://www.rethink.org/diagnosis-treatment/conditions

Introduction to deafblindness

Information produced by Sense about what it means to have hearing and vision impairments.

Supports: LO2

Cost: Free

Format: Web page

http://www.sense.org.uk/content/introduction-deafblindness

Factsheets and Leaflets

A range of factsheets and leaflets about hearing loss produced by Action on Hearing Loss.

Supports: LO2

Cost: Free

Format: Web page

http://www.actiononhearingloss.org.uk/supporting-you/factsheets-and-leaflets.aspx

What is autism?

Information and a four minute video from the national Autistic Society about autism.

Supports: LO2

Cost: Free

Format: Web page and video

http://www.autism.org.uk/about-autism/introduction/what-is-autism.aspx

Alcohol education resources for 11-18 year olds

A series of free downloadable resources on alcohol education by the Alcohol Education Trust.

Supports: LO2

Cost: Free

Format: PDF

http://www.alcoholeducationtrust.org/teacher-area/overview-core-resources/

The highs, the lows and everything in between

A series of free downloadable resources on drugs education by FRANK (Friendly, confidential drugs advice.

Supports: LO2

Cost: Free

Format: PDF

http://www.talktofrank.com/

Person-centred care made simple

The Health Foundation's Guide to person-centred care in relation to healthcare.

Supports: LO3

Cost: Free

Format: PDF

http://personcentredcare.health.org.uk/sites/default/files/resources/person-centred_care_made_simple_1.pdf

What is the Person-Centred Approach?

Information from The British Association for the Person-centred Approach about how the person-centred approach was developed.

Supports: LO3

Cost: Free

Format: Web page

http://www.bapca.org.uk/about/what-is-it.html

Person-centred planning – an explanation

An explanation of the meaning of being person-centred by SCIE (Social Care institute for Excellence).

Supports: LO3

Cost: Free

Format: Web page

http://www.scie.org.uk/publications/guides/guide08/person.asp

Listening to Young Children and the Early Years Foundation Stage

A factsheet from NCB (National Children's Bureau) that explains the child-centred approach in early years.

Supports: LO3

Cost: Free

Format: PDF

http://www.ncb.org.uk/media/58899/factsheet_3_finaltemplate_ready_listening.pdf

Care Certificate

Information about the Care Certificate Standards by Skills for Care.

Supports: LO3

Cost: Free

Format: Web page

http://www.skillsforcare.org.uk/Standards/Care-Certificate/Care-Certificate.aspx

Person Centred Approach

Information from the disabilities trust about the benefits of a person centred approach.

Supports: LO3

Cost: Free

Format: Web page

http://www.thedtgroup.org/autism-and-learning-disabilities/information-for-professionals/person-centred-approach.aspx

What is reflective practice?

A short guide to reflective practice by the national charity Brightside.

Supports: LO4

Cost: Free

Format: Web page

http://www.brightknowledge.org/knowledge-bank/medicine-and-healthcare/spotlight-on-medicine/what-is-reflective-practice

A practical approach to promote reflective practice within nursing

An article published in the Nursing Times on the use of reflective practice.

Supports: LO4

Cost: Free

Format: PDF

http://www.nursingtimes.net/Journals/2012/06/08/v/f/l/120612-PrDisc-reflect.pdf

Reflection Models and Frameworks

Diagrams of Gibbs' reflective cycle, Schon's concepts of reflection and Kolb's experiential learning theory by Bradford University.

Supports: LO4

Cost: Free

Format: Web page

http://www.bradford.ac.uk/wimba-files/skill-space/Reflective_Writing_HTML/page_04.htm

Listening and attending

Information and audio clips about listening and attending skills.

Supports: LO4

Cost: Free

Format: Web page and web video

http://rcnhca.org.uk/top-page-001/communication-methods/listening-and-attending/

Reablement for care workers

This eLearning resource illustrates the role of care workers in reablement, reablement requires a different relationship to be formed between the worker and person the person who receives the service.

Supports: LO1 and LO3

Cost: Free

Format: eLearning resource

http://www.scie.org.uk/assets/elearning/reablement/module_2_web/index.html

Good care from nurses and midwives: What our professional Code means for for you

A leaflet that explains the way in which the NMC code of conduct regulates the behaviour of Nurses and Midwifes in their interactions with people who use services and their families.

Supports: LO1 and LO3

Cost: Free

Format: Leaflet

http://www.nmc.org.uk/globalassets/sitedocuments/nmc-publications/nmc-patient-public-a5-v5-19-august-2015.pdf

Improving Mental Health Through Social Support: Building Positive and Empowering Relationships

A text that explores how day to day assistance through the building of positive and empowering relationships can enhance an individual's mental health and well-being.

Supports: LO1, 2 and 3

Cost: £22.99

Format: Text

http://www.jkp.com/uk/improving-mental-health-through-social-support.html

Level 3 Health and Social Care Diploma

A text to support the required knowledge and skills for health and social care practitioners.

Supports: LO1, 2, 3 and 4

Cost: £19.99

Format: Text

https://www.hoddereducation.co.uk/Product?Product=9781471806629

Communication Skills in Health and Social Care, 3rd Edition

A text that details the range of communication skills required for safe and effective health and social care practice.

Supports: LO1, 2, and 3

Cost: £23.99

Format: Text

https://uk.sagepub.com/en-gb/eur/communication-skills-in-health-and-social-care/book244831

Communicating, Connecting, Caring

An online learning resource which is aimed at health care professionals with a range of activities based on communication in a health care setting and how this impacts on those around us.

Supports: LO2 and 3

Cost: Free

Format: Online learning resource

https://uk.sagepub.com/en-gb/eur/communication-skills-in-health-and-social-care/book244831

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OCR customer contact centre

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