

AS and A LEVEL

Delivery Guide

PHYSICS B (ADVANCING PHYSICS)

H157/H557

For first teaching in 2015

Space, time and motion

Version 2

AS and A LEVEL PHYSICS B

Delivery guides are designed to represent a body of knowledge about teaching a particular topic and contain:

- Content: A clear outline of the content covered by the delivery guide;
- Thinking Conceptually: Expert guidance on the key concepts involved, common difficulties students may have, approaches to teaching that can help students understand these concepts and how this topic links conceptually to other areas of the subject;
- Thinking Contextually: A range of suggested teaching activities using a variety of themes so that different activities can be selected which best suit particular classes, learning styles or teaching approaches.

If you have any feedback on this Delivery Guide or suggestions for other resources you would like OCR to develop, please email resources.feedback@ocr.org.uk

Curriculum Content	Page 3
Activities	Page 4
Thinking Conceptually	Page 5
Activities	Page 6
Thinking Contextually	Page 7
Activities	Page 8
Learner resources	Page 9
Teacher resources	Page 11



Would you prefer a Word version?

Did you know that you can save this pdf as a Word file using Acrobat Professional?

Simply click on **File > Export to** and select **Microsoft Word**

(If you have opened this PDF in your browser you will need to save it first. Simply right click anywhere on the page and select **Save as...** to save the PDF. Then open the PDF in Acrobat Professional.)

If you do not have access to Acrobat Professional there are a number of **free** applications available that will also convert PDF to Word (search for *pdf to word converter*).

This section develops classical mechanics, including vectors. The conservation of momentum, the kinematics of uniformly accelerated motion and the dynamics of motion in two dimensions under a constant force are covered. IT skills may be developed through a variety of data capture techniques and simple mathematical modelling (HSW3).

(a) Describe and explain:

- (i) the use of vectors to represent displacement, velocity and acceleration
- (ii) the trajectory of a body moving under constant acceleration, in one or two dimensions
- (iii) the independent effect of perpendicular components of a force
- (iv) calculation of work done, including cases where the force is not parallel to the displacement
- (v) the principle of conservation of energy
- (vi) power as rate of transfer of energy
- (vii) measurement of displacement, velocity and acceleration
- (viii) Newton's laws of motion
- (ix) the principle of conservation of momentum; Newton's Third Law as a consequence.

(b) Make appropriate use of:

- (i) the terms: displacement, speed, velocity, acceleration, force, mass, vector, scalar, work, energy, power, momentum, impulse
by sketching and interpreting:
- (ii) graphs of accelerated motion; slope of displacement–time and velocity–time graphs; area underneath the line of a velocity–time graph
- (iii) graphical representation of addition of vectors and changes in vector magnitude and direction.

(c) Make calculations and estimates involving:

- (i) the resolution of a vector into two components at right angles to each other
- (ii) the addition of two vectors, graphically and algebraically
- (iii) the kinematic equations for constant acceleration derivable from:

$$a = \frac{v - u}{t} \text{ and average velocity} = \frac{v + u}{2}:$$

$$v = u + at, s = ut + \frac{1}{2}at^2, v^2 = u^2 + 2as$$

(iv) momentum $p = mv$

(v) the equation $F = ma = \frac{\Delta(mv)}{\Delta t}$ where the mass is constant

(vi) the principle of conservation of momentum

(vii) work done $\Delta E = F\Delta s$

(viii) kinetic energy $= \frac{1}{2}mv^2$

(ix) gravitational potential energy $= mgh$

(x) force, energy and power:

$$\text{power} = \frac{\Delta E}{t}, \text{ power} = Fv$$

(xi) modelling changes of displacement and velocity in small discrete time steps, using a computational model or graphical representation of displacement and velocity vectors.

Learner Activity 1**Definitions – [Learner Resource 1](#) and [Teacher Resource 1](#)**

A matching exercise to consolidate the meanings of key words.

Learner Activity 2**Deriving equations of motion**

Derivations and examples from IsaacPhysics.

https://isaacphysics.org/concepts/cp_eq_of_motion

Learner Activity 3**Vector addition (PhET)**

<https://phet.colorado.edu/en/simulation/vector-addition>

Applet which lets you grab and position vectors then show the resultant.

Approaches to teaching the content

This is a very traditional forces and motion topic. There are plenty of practicals that can be done but they need to be backed up with some solid practice of the calculations. Whenever possible the results of an experiment should be predicted and any difference accounted for. This will reinforce the scientific method as well as giving additional practice at the calculations.

An historical introduction can be valuable. Examine how Galileo and Newton changed the scientific understanding of motion through experiment. Comparing the original wording of their work (translated into English) with a more modern interpretation can give students additional perspectives on the core content, such as Newton's Laws of Motion.

Common misconceptions or difficulties students may have

The most common misconception about Newton's Laws of Motion comes with the Third Law. Students often pair up the wrong forces, for example the weight of a person with the normal reaction of the floor on that person. It should be stressed that Third Law pairs are always the same type of force and always act on different objects. In the above example the weight of the person (in the Earth's gravitational field) is correctly paired with the weight of the earth (in the person's gravitational field).

Many students find it difficult to decide which kinematic equation to use. A way to help is to get them into the habit of always writing S U V A T. They should then put the values they know underneath. Next they should put a question mark under the one for which the question is asking. They can then look through the list of formulae and select the correct one using only those four terms.

One common problem is being consistent with the sign when doing the kinematic equations. One way to help is to enforce a rule that upwards and forwards are always positive. Another is not spotting 'hidden' values, for example "from rest" means " $u=0$ ".

Modelling is a concept that the majority of students find challenging. Partly this is because they can't see why it is needed as they know the formulae. It should be stressed that computer simulation is needed in more complicated situations.

The use of a spreadsheet to carry out a simulation is a good tool. Before starting to set it up it is worth running through a few iterations manually so the students get a good feel for what is happening.

Conceptual links to other areas of the specification – useful ways to approach this topic to set students up for topics later in the course

Forces come up again and again throughout physics. In particular the link between force and acceleration is frequently needed.

The incremental modelling methods will be useful when studying exponential decay (5.1.1).

Work done, KE and GPE will be met again and extended to situations where g is not constant (5.1.2). It would help if it were stressed that mgh is only valid close to the planet's surface.

Impulse will be introduced later in the context of particle collisions (5.2.1). When teaching momentum and Newton's Second Law it would be good to drop in a mention of impulse as change in momentum and force as impulse per unit time.

Learner Activity 1**Newton's Laws of Motion**

<https://www.youtube.com/watch?v=tL8ugCAz07g>

A useful introductory video to Newton's laws.

Learner Activity 2**Freefall trajectories**

https://www.walter-fendt.de/html5/phen/projectile_en.htm

A simple simulation to investigate the motion of objects in freefall.

Learner Activity 3**Parachute simulation**

A spreadsheet for analysing the effects of mass and parachute size on the terminal velocity of a parachutist. A good discussion point for simulation vs experiment – why not just test a new parachute experimentally and why not trust simulation without experiment?

www.ocr.org.uk/Images/258216-space-time-and-motion-delivery-guide-support-resource-xlsx

Pretty much any context in which something happens can be explained in terms of energy or forces. You could start off with simplified situations like an object falling in a vacuum or sliding down ramps.

Analysing car safety is a good way to cover the momentum and energy sections. Students should already be familiar with braking distances; understanding the link to speed, through the kinetic energy and work done formulae, is a good next step. The effect of crash safety systems, such as seatbelts, air bags and crumple zones, could be explained in terms of work done and in terms of change in momentum.

A classic example of a force acting in a direction that is not parallel to displacement is a sailing boat. Here the wind generates the force but usually blows across the boat. An object sliding down a ramp is another example; this time it is the weight of the object causing the motion.

Learner Activity 1**Crumple zones (Volvo)**

https://www.youtube.com/watch?v=zS_Gk7vjmOg

Crash tests and safety features explained.

Learner Activity 2**Applied kinematic equations – [Learner Resource 2](#) and [Teacher Resource 2](#)**

A selection of questions using the kinematic equations in real-life situations.

Definitions

Match the word to its definition.

displacement
speed
velocity
acceleration
force
mass
vector
scalar
work
power
momentum
impulse

The rate of doing work.
Change in momentum.
How fast something is travelling.
The rate at which the velocity is changing.
Product of force applied and distance moved in direction of force.
The distance and direction, in a straight line, between start and finish.
A quantity with a magnitude and direction.
mass \times velocity
An action that changes the motion of something.
How fast something is travelling in a particular direction.
A quantity with a magnitude but no direction.
The amount of matter in something.

Equations of motion

1. A well-streamlined 500kg dragster fired its rocket motor for 3 seconds along a flat track and reached a top speed of 180m/s.
 - a. What was the force produced by the motor?
 - b. How far did it travel?
2. A sailboat sets a straight course at 10 m/s but a crosswind produces a perpendicular acceleration of 0.05m/s^2 . If the sideways velocity reaches 4m/s the boat is likely to capsize. What is the total distance travelled from when the wind fetches up to when the sideways velocity becomes too dangerous?
3. A rocket had a mass of 10 tonnes and a thrust of 500kN. How long did it take to reach 1km altitude, assuming the loss of fuel to be negligible?
4. An ice skater spotted a hole 10m ahead. He managed to stop right on the edge after applying a deceleration of 31.25ms^{-2} . How fast was he travelling at the start?
5. A daredevil was determined to jump five London buses. Her motorbike could produce an acceleration of 20ms^{-2} from a rolling start of 15m/s. To make the jump safely she needed to be travelling at 40m/s. How far back did she need to start accelerating?
6. A probe falls towards an alien planet. It deploys its 'chute 30km above the surface at 400m/s. At what speed does it impact 2.38 minutes later, assuming the atmosphere is too thin for terminal velocity to be reached?
7. An F-16 jet travelling at 200m/s at sea-level loses a 78kg Sidewinder missile that reaches Mach 2.5 in 2.2 seconds. What is the force on the missile?
8. A high-jumper just cleared the bar at 2.38m. How fast did she hit the ground?
9. A marathon runner cruising at 2.7m/s decides to sprint for the line from 200m out. He can sustain an acceleration of 0.02ms^{-2} for that distance. How much time will he save?
10. A train is travelling at 10m/s when it is thrown into reverse. It takes 2 minutes to return to its initial speed.
 - a. What is the acceleration?
 - b. How far does it travel?
 - c. What is the total displacement?
11. A leopard is jogging along at 2m/s when an antelope darts past in the opposite direction at its top speed of 6m/s. The leopard brings down the antelope ten seconds later.
 - a. How far had the antelope travelled in that time?
 - b. What was the acceleration of the leopard?
 - c. How long did it take the leopard to stop moving in its initial direction?
 - d. How far had the leopard travelled by the time it reached the antelope?
 - e. What was the relative speed of the two animals on impact?

Definitions

Match the word to its definition.

displacement 1
speed 2
velocity 3
acceleration 4
force 5
mass 6
vector 7
scalar 8
work 9
power 10
momentum 11
impulse 12

The rate of doing work. 10
Change in momentum. 12
How fast something is travelling. 2
The rate at which the velocity is changing. 4
Product of force applied and distance moved in direction of force. 9
The distance and direction, in a straight line, between start and finish. 1
A quantity with a magnitude and direction. 7
mass \times velocity 11
An action that changes the motion of something. 5
How fast something is travelling in a particular direction. 3
A quantity with a magnitude but no direction. 8
The amount of matter in something. 6

Equations of motion

- A well-streamlined 500kg dragster fired its rocket motor for 3 seconds along a flat track and reached a top speed of 180m/s.
 - What was the force produced by the motor?
30kN
 - How far did it travel?
270m
- A sailboat sets a straight course at 10 m/s but a crosswind produces a perpendicular acceleration of 0.05m/s^2 . If the sideways velocity reaches 4m/s the boat is likely to capsize. What is the total distance travelled from when the wind fetches up to when the sideways velocity becomes too dangerous?
 $s_{\text{forward}}=800\text{m}$ $s_{\text{sideways}}=160\text{m}$ $s=820\text{m}$
- A rocket had a mass of 10 tonnes and a thrust of 500kN. How long did it take to reach 1km altitude, assuming the loss of fuel to be negligible?
7s
- An ice skater spotted a hole 10m ahead. He managed to stop right on the edge after applying a deceleration of 31.25ms^{-2} . How fast was he travelling at the start?
 25ms^{-1}
- A daredevil was determined to jump five London buses. Her motorbike could produce an acceleration of 20ms^{-2} from a rolling start of 15m/s. To make the jump safely she needed to be travelling at 40m/s. How far back did she need to start accelerating?
35m (34.4m but rounding down would be unsafe)
- A probe falls towards an alien planet. It deploys its 'chute 30km above the surface at 400m/s. At what speed does it impact 2.38 minutes later, assuming the atmosphere is too thin for terminal velocity to be reached?
20m/s
- An F-16 jet travelling at 200m/s at sea-level loses a 78kg Sidewinder missile that reaches Mach 2.5 in 2.2 seconds. What is the force on the missile?
22kN
- A high-jumper just cleared the bar at 2.38m. How fast did she hit the ground?
 6.8ms^{-1}
- A marathon runner cruising at 2.7m/s decides to sprint for the line from 200m out. He can sustain an acceleration of 0.02ms^{-2} for that distance. How much time will he save?
14s
- A train is travelling at 10m/s when it is thrown into reverse. It takes 2 minutes to return to its initial speed.
 - What is the acceleration?
 0.17ms^{-2}
 - How far does it travel?
600m
 - What is the total displacement?
0m
- A leopard is jogging along at 2m/s when an antelope darts past in the opposite direction at its top speed of 6m/s. The leopard brings down the antelope ten seconds later.
 - How far had the antelope travelled in that time?
60m
 - What was the acceleration of the leopard?
 1.6ms^{-2}
 - How long did it take the leopard to stop moving in its initial direction?
1.3s
 - How far had the leopard travelled by the time it reached the antelope?
62.6m
 - What was the relative speed of the two animals on impact?
 8ms^{-1}

Need to get in touch?

If you ever have any questions about OCR qualifications or services (including administration, logistics and teaching) please feel free to get in touch with our Customer Support Centre.

General qualifications

01223 553998

general.qualifications@ocr.org.uk

Vocational qualifications

02476 851509

vocational.qualifications@ocr.org.uk

For more information visit

 ocr.org.uk/i-want-to/find-resources/

 ocr.org.uk

 [/ocrexams](https://www.facebook.com/ocrexams)

 [/ocrexams](https://twitter.com/ocrexams)

 [/company/ocr](https://www.linkedin.com/company/ocr)

 [/ocrexams](https://www.youtube.com/ocrexams)



We really value your feedback

Click to send us an autogenerated email about this resource. Add comments if you want to. Let us know how we can improve this resource or what else you need. Your email address will not be used or shared for any marketing purposes.



OCR is part of Cambridge Assessment, a department of the University of Cambridge.

For staff training purposes and as part of our quality assurance programme your call may be recorded or monitored. © OCR 2020 Oxford Cambridge and RSA Examinations is a Company Limited by Guarantee. Registered in England. Registered office The Triangle Building, Shaftesbury Road, Cambridge, CB2 8EA. Registered company number 3484466. OCR is an exempt charity.

OCR provides resources to help you deliver our qualifications. These resources do not represent any particular teaching method we expect you to use. We update our resources regularly and aim to make sure content is accurate but please check the OCR website so that you have the most up to date version. OCR cannot be held responsible for any errors or omissions in these resources.

Though we make every effort to check our resources, there may be contradictions between published support and the specification, so it is important that you always use information in the latest specification. We indicate any specification changes within the document itself, change the version number and provide a summary of the changes. If you do notice a discrepancy between the specification and a resource, please [contact us](#).

You can copy and distribute this resource freely if you keep the OCR logo and this small print intact and you acknowledge OCR as the originator of the resource.

OCR acknowledges the use of the following content: Page 2: Word icon, Plan-B/Shutterstock.com.

Whether you already offer OCR qualifications, are new to OCR or are thinking about switching, you can request more information using our [Expression of Interest form](#).

Please [get in touch](#) if you want to discuss the accessibility of resources we offer to support you in delivering our qualifications.