

Cambridge NATIONALS LEVEL 1/2

# **CHILD DEVELOPMENT**



Unit R018 – HEALTH AND WELL-BEING FOR CHILD DEVELOPMENT  
RESOURCES LINK

Version 1

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# INTRODUCTION

Resources Link is an e-resource, provided by OCR, for teachers of Cambridge Nationals. It provides descriptions of, and links to, a variety of teaching and learning resources that you may find helpful.

We have mapped the suggested resources to the relevant learning outcome of this unit and provided information about their cost and format.

If you know of other resources you would like to see included here, or discover broken links, please let us know. We would also like to hear from you if you have any feedback about your use of these, or other, OCR resources. Please contact us at [resources.feedback@ocr.org.uk](mailto:resources.feedback@ocr.org.uk)

To find out more about this qualification please go to: <http://www.ocr.org.uk/qualifications/cambridge-nationals-child-development-level-1-2/>

## TYPES OF RESOURCE

### OCR Produced Resources

These are resources devised and produced directly by the Resources Development Team at OCR.

### Publisher Partner Resources

For many subjects OCR works with a publisher partner to ensure that good quality resources such as textbooks are available for first teaching.

Whilst the publisher partner has access to our subject experts and we quality check and endorse these resources they are produced by, and remain the property of, the publisher partner. There is no financial link between OCR and its publisher partners and we do not pay for the development of, or receive any royalties from, these resources.

### Endorsed Resources

These resources were produced entirely independently of OCR, but we have quality checked them for their suitability as a resource to support our qualifications.

### Other Resources

Unless specifically stated these resources are completely independently produced and are not endorsed by OCR. We have looked at them though, and we think they could be useful in supporting our specifications.

We leave it to you, as a professional educator, to decide if any of these resources are right for you and your students, and how best to use them.

# LINKS

## OCR Child Development for GCSE. Carolyn Meggitt. Hodder.

A textbook that comprehensively covers all of the Unit 1 content.

**Supports:** The whole of Unit 1

**Cost:** £20.99

**Format:** Textbook

[http://www.amazon.co.uk/OCR-Home-Economics-GCSE-Development/dp/0340975067/ref=sr\\_1\\_1?s=books&ie=UTF8&qid=1440698388&sr=1-1&keywords=ocr+child+development+for+gcse](http://www.amazon.co.uk/OCR-Home-Economics-GCSE-Development/dp/0340975067/ref=sr_1_1?s=books&ie=UTF8&qid=1440698388&sr=1-1&keywords=ocr+child+development+for+gcse)

## NHS Pregnancy and Baby Guide

Web pages that comprehensively cover pre-conception care, all aspects of pregnancy, antenatal and postnatal care. Caring for sick children, immunisation programmes, healthy eating and lifestyles. Factsheets, video clips and case studies are available for most topics. Specific links to the individual topics can be found within the suggested activities column of the OCR delivery guide for this unit.

**Supports:** The whole of Unit 1

**Cost:** Free

**Format:** Website

<http://www.nhs.uk/conditions/pregnancy-and-baby/pages/planning-pregnancy.aspx>

## Child Care and Development. Pamela Minett. Hodder.

A textbook that comprehensively covers all of the Unit 1 content.

**Supports:** The whole of Unit 1

**Cost:** £21.99

**Format:** Textbook

[http://www.amazon.co.uk/Child-Care-Development-Pamela-Minett/dp/1444117130/ref=sr\\_1\\_1?s=books&ie=UTF8&qid=1440698576&sr=1-1&keywords=P.+Minett+Child+care+and+development](http://www.amazon.co.uk/Child-Care-Development-Pamela-Minett/dp/1444117130/ref=sr_1_1?s=books&ie=UTF8&qid=1440698576&sr=1-1&keywords=P.+Minett+Child+care+and+development)

## BUPA

The BUPA A-Z health directory provides information about topics such as: planning for pregnancy, antenatal care, ultrasound in pregnancy, childbirth, obesity in children, common childhood illnesses such as chickenpox.

**Supports:** LO1–LO4

**Cost:** Free

**Format:** Website

<http://www.bupa.co.uk/health-information/directory>

## One Born Every Minute

Channel 4 TV series about giving birth. Video shorts lasting a few minutes are available about many topics such as the role of the father, multiple births and premature births.

**Supports:** LO1

**Cost:** Free

**Format:** Website

<http://www.channel4.com/programmes/one-born-every-minute-the-dads/on-demand/60895-002>

## BBC Bitesize

Provides video clips and information about reproduction.

**Supports:** LO1

**Cost:** Free

**Format:** Website

<http://www.bbc.co.uk/education/clips/zsrg9j6>

## NHS Careers

This resource provides detailed information about the roles of health professionals involved in antenatal and postnatal care. Leaflets and case studies are available, along with video interviews with health care professionals.

**Supports:** LO2

**Cost:** Free

**Format:** Website

<http://www.nhscareers.nhs.uk/a-to-z>

## Babycentre

A full explanation of the APGAR score, the vital signs that are checked and what they tell us about a baby's condition at birth.

**Supports:** LO3

**Cost:** Free

**Format:** Website

<http://www.babycentre.co.uk/a3074/apgar-score>

## Newborn Development

This DVD shows how professionals use the Apgar test to assess a newborn's health. It considers the significance of the first interaction between parent and newborn, and then follows the many physical, cognitive, and social changes that newborns experience on their journey through early infancy. It also explains the crucial role of sleep and nutrition in fostering development and offers guidelines for parents to provide the best possible care for their newborn.

**Supports:** LO3

**Cost:** £39.00

**Format:** DVD

[http://www.boultonhawker.co.uk/cat/product\\_details.php?p=853](http://www.boultonhawker.co.uk/cat/product_details.php?p=853)

## 'Children Learn What They Live', by Dorothy Law Nolte

A poem that relates well to the topic 'conditions for development'. This could be used as a stimulus for discussion about promoting acceptable patterns of behaviour.

**Supports:** LO3

**Cost:** Free

**Format:** Website

<http://www.empowermentresources.com/info2/childrenlearn.html>

## Netdoctor

Provides useful professional advice about positive parenting methods. Reasons for children misbehaving and how to set boundaries.

**Supports:** LO3

**Cost:** Free

**Format:** Website

<http://www.netdoctor.co.uk/childrens-health/how-to-discipline-your-child.htm>



## Jo Frost

Known for TV programmes 'Supernanny' and 'Family SOS', Jo Frost's website provides a strategies for a whole range of parenting issues.

**Supports:** LO3

**Cost:** Free

**Format:** Website

<http://www.jofrost.com/naughty-step-technique/>

## Kidsbehaviour

Advice and ideas for parents about ways to promote good behaviour.

**Supports:** LO3

**Cost:** Free

**Format:** Website

<http://www.kidsbehaviour.co.uk/>

## Netdoctor

Short article on bedtime routines.

**Supports:** LO3

**Cost:** Free

**Format:** Website

<http://www.netdoctor.co.uk/parenting/baby-and-toddler/a9244/baby-sleep-guide/>

## Netdoctor

A short article about preparing a child for a hospital stay.

**Supports:** LO4

**Cost:** Free

**Format:** Website

<http://www.netdoctor.co.uk/parenting/a9119/when-your-child-goes-to-hospital/>

## Great Ormond Street Hospital

Advice about preparing a child for a hospital stay.

**Supports:** LO4

**Cost:** Free

**Format:** Website

<http://www.gosh.nhs.uk/parents-and-visitors/advice-when-you-stay/preparing-treatment>

## Amazon

A range of hospital themed toys and games that could be used to prepare children for a stay in hospital.

**Supports:** LO4

**Cost:** Free

**Format:** Website

[http://www.amazon.co.uk/s/ref=nb\\_sb\\_noss?url=search-alias%3Dtoys&field-keywords=hospital+toys&rh=n%3A468292%2Ck%3Ahospital+toys](http://www.amazon.co.uk/s/ref=nb_sb_noss?url=search-alias%3Dtoys&field-keywords=hospital+toys&rh=n%3A468292%2Ck%3Ahospital+toys)

## Childhood Obesity

A BBC programme where Dr Mark Porter reports on the unique study that is tracking obesity from childhood. Researchers in Plymouth have been following the progress of a group of 300 children since they were born.

**Supports:** LO4

**Cost:** Free

**Format:** Website

<http://www.bbc.co.uk/programmes/b00pg4xj>

## Change4Life

Healthy food and lifestyle advice and tips from the Government's Change4life health initiative for families.

**Supports:** LO4

**Cost:** Free

**Format:** Website

<http://www.nhs.uk/change4life/Pages/change-for-life.aspx>

## Road Safety

The Department for Transport's 'Think! Children' website provides road safety information and advice for parents as well as games and activities for children.

**Supports:** LO5

**Cost:** Free

**Format:** Website

<http://think.direct.gov.uk/education/early-years-and-primary/>



## Royal Society for the Prevention of Accidents

Advice for home and garden safety.

**Supports:** LO5

**Cost:** Free

**Format:** Website

<http://www.rospa.com/home-safety/>

## Mothercare

A home safety buyer's guide for parents.

**Supports:** LO5

**Cost:** Free

**Format:** Website

<http://www.mothercare.com/home-safety/buyersguide-ms-safety-sub1.default.pg.html?q=cooker%20gaurd>

## The Green Cross Code

How parents can use the Green Cross Code with their young children

**Supports:** LO5

**Cost:** Free

**Format:** Website

<http://think.direct.gov.uk/education/early-years-and-primary/parents/7-to-11s/the-green-cross-code/>

## Brake

A range of road safety resources.

**Supports:** LO5

**Cost:** Free

**Format:** Website

<http://www.brake.org.uk/educators/21-facts-a-resources/resources/1276-road-safety-resources-for-educators?gclid=CluRmpe8xMYCFWoJwwod9CMIYA>

## The British Toy and Hobby Association

Information about toy safety labelling.

**Supports:** LO5

**Cost:** Free

**Format:** Website

<http://www.btha.co.uk/toy-safety/symbols/>

## National Crime Prevention Council

Information for parents about how to warn children about 'stranger danger'.

**Supports:** LO5

**Cost:** Free

**Format:** Website

<http://www.ncpc.org/topics/by-audience/law-enforcement/teaching-children/activities-and-lesson-plans/strangers-grades-k-1>

## NSPCC

Information about keeping children safe. A range of information and advice for parents and teachers about safeguarding children, online safety, 'stranger danger' and 'the underwear rule'. The website provides case studies, information sheets, video clips and activities.

**Supports:** LO5

**Cost:** Free

**Format:** Website

<http://www.nspcc.org.uk/preventing-abuse/>

## ThinkuKnow

'How to' guide for parents about talking to children about online safety.

**Supports:** LO5

**Cost:** Free

**Format:** Website

<https://www.thinkuknow.co.uk/parents/>

## NSPCC

Strategies to use with children to promote online safety.

**Supports:** LO5

**Cost:** Free

**Format:** Website

<http://www.nspcc.org.uk/preventing-abuse/keeping-children-safe/online-safety/>



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