



Oxford Cambridge and RSA

QUALIFICATION TITLE - OCR Level 3 Cambridge Technical Extended Diploma in Health and Social Care

QUALIFICATION NUMBER – 603/0381/5

OVERVIEW

The Level 3 Foundation Diploma in Health and Social Care has been developed for you if you are aged 16+ and want to develop and apply your skills, knowledge and understanding in health, social care and childcare.

This qualification isn't about teaching you how to care for babies or the elderly and the ill however; it will provide you with the skills, knowledge and understanding that will allow you to progress onto Higher Education on a health and social care-related programme such as Health and Social Care, Nursing, Social Work or Early Childhood Studies.

You will learn by applying your skills, knowledge and understanding to tasks or activities that are relevant to what happens in health, social care and child care workplaces, as well as in academic settings, and you will also learn how to be proactive in promoting healthy lifestyles and supporting individuals within the sector. Having an appreciation of what happens in the workplace will also help to prepare you for continuing your education in this sector. We have worked with universities and employers who have helped us include the transferable skills, knowledge and understanding that they are looking for in prospective applicants.

The qualification is designed to fill your complete two-year study programme.

You will take 17 or 18 units, made up of mandatory and optional units.

Everybody will study the following mandatory units:

- Building positive relationships in health and social care
- Equality, diversity and rights in health and social care
- Health, safety and security in health and social care
- Anatomy and physiology for health and social care
- Infection control
- Personalisation and a person-centred approach to care
- Safeguarding
- Promote positive behaviour
- The impact of long-term physiological conditions
- Research methods in health, social care and childcare

These units will give you an understanding of health and social care within the wider contexts of different environments and settings where care takes place, the different individuals that you might meet and care for or support, the importance of effective communication in health and social care, the importance of legislation in health and social care and the principles behind the person-centred

approach to care and how this is applied in the workplace. You will also develop transferable skills such as communication skills as well as research and investigative skills, planning and organisation.

You will then select additional units from a range of 15 optional units. These optional units will give you an appreciation of workplace practices and an understanding of how to promote and support a healthy and active lifestyle.

All units have been written to reflect current health and social care practice and will help you to develop:

- knowledge and understanding of a range of long term conditions, mental health needs and other disabilities and an appreciation of the impacts of living with these;
- ability to be proactive in helping to improve the lives of individuals who require care and support;
- transferrable skills necessary to support individuals who require care and support;
- knowledge and understanding of how strategies to promote healthy lifestyles and positive behaviour are applied in the workplace;
- ability to learn in work-related contexts;
- understanding of research in health and social care including why and how it is conducted;
- skills for independent learning and development.

IS THIS QUALIFICATION RIGHT FOR ME?

This qualification is part of a suite of Cambridge Technicals in Health and Social Care at Levels 2 and 3, with the Level 2 qualifications designed for learners who are 16 years old or over and aren't yet ready to undertake a Level 3 study programme, but wish to study and/or be employed in the health and social care sector. It is recommended that when you start this qualification you will have achieved health and social care qualifications for example GCSEs in sciences at grade 4/grade C or above or level 2 vocational qualifications, e.g. OCR Level 2 Cambridge National in Health and Social Care. It is also recommended that you have grade 4/grade C or above in Maths and English GCSE.

There are five sizes of qualification available within the Level 3 Cambridge Technicals in Health and Social Care suite:

OCR Level 3 Cambridge Technical Certificate in Health and Social Care

OCR Level 3 Cambridge Technical Extended Certificate in Health and Social Care

OCR Level 3 Cambridge Technical Foundation Diploma in Health and Social Care

OCR Level 3 Cambridge Technical Diploma in Health and Social Care

OCR Level 3 Cambridge Technical Extended Diploma in Health and Social Care

The Certificate is an Applied General qualification and takes 180 guided learning hours to deliver which means it is equivalent to half an A Level. Taking the Certificate would give you an introduction to the health and social care sector and would support other vocational or academic qualifications with a view to progress to higher education or further study.

The Extended Certificate is an Applied General qualification and takes 360 guided learning hours to deliver which means it is equivalent to one A Level. Taking the Extended Certificate alongside other vocational or academic qualifications would allow you to study health and social care, or another related sector, in higher education or further study.

The Foundation Diploma in Health and Social Care is an Applied General qualification which is the same size as one and a half GCE A levels. It should fill approximately one half of your timetable. Taking the Foundation Diploma will provide you with essential underpinning knowledge and practical skills which compliment a study programme containing other health and social care related qualifications in a broad context which could be applied to other vocational sectors such as sport or science.

The Level 3 Diploma in Health and Social Care is an Applied General qualification which is the same size as two GCE A levels. It should fill approximately two thirds of your timetable. This allows for the study of other, supporting, Vocational Qualifications or A-Levels, such as A-Level Biology, A-Level Psychology or Cambridge Technicals in Engineering.

The Level 3 Extended Diploma in Health and Social Care is an Applied General qualification which is the same size as three GCE A Levels. It will form your complete two year study programme.

The Extended Diploma provides a broad understanding and skill set related to Health and Social Care, and the academic skills required to support progression into higher education in a range of health and social care or related qualifications. You may also seek employment in the health and social care sector or a related industry.

SUPPORT

The following universities support this qualification:

Arden University, Birmingham City University, University of Wolverhampton and University of Leeds.

Details of this support can be found on the OCR website <http://www.ocr.org.uk/qualifications/by-type/vocational-education-and-skills/16-19-performance-table-reform/>

FURTHER INFORMATION

To find out more about the OCR Level 3 Cambridge Technical Extended Diploma in Health and Social Care please refer to the centre handbook available on the OCR website <http://www.ocr.org.uk/qualifications/vocational-education-and-skills/cambridge-technicals-health-and-social-care-level-3-certificate-extended-certificate-foundation-diploma-diploma-05830-05833-2016-suite/>

If you have any other queries please contact vocational.qualifications@ocr.org.uk

ABOUT US

OCR is a leading UK awarding body. We provide qualifications which engage people of all ages and abilities at school, college, in work or through part-time learning programmes.

Our general and vocational qualifications equip learners with the knowledge and skills they need for their future, helping them achieve their full potential.