

Cambridge TECHNICALS LEVEL 3

SPORT AND PHYSICAL ACTIVITY

Cambridge
TECHNICALS
2016

SPORTS LEADERS UK MAPPING GUIDE

Version 1



CONTENTS

Introduction	3
Sports Leaders UK qualifications	4

Mapping Cambridge Technicals Sport and Physical Activity Level 3 (2016 suite)

Unit 2 Sports coaching and leadership	5
Unit 4 Working safely in sport, exercise, health and leisure	5
Unit 6 Group exercise to music	6
Unit 8 Organisation of sports events	6
Unit 11 Physical activity for specific groups	7

INTRODUCTION

This resource provides a comparison for collective delivery and tutoring of learning aims, outcomes and teaching content required for the Cambridge Technicals in Sport and Physical Activity Level 3 with the Sports Leaders UK qualifications.

SPORT

The Cambridge Technicals in Sport and Physical Activity have been developed to meet the changing needs of the sector, and prepare your learners for the challenges they'll face in Higher Education or employment. Designed in collaboration with experts spanning the breadth of the sector, the Cambridge Technicals in Sport and Physical Activity focuses on the skills, knowledge and understanding that today's universities and employers demand. Your learners will practically apply their skills and knowledge in preparation for further study or the workplace.

TEACHING AND LEARNING RESOURCES

New resources are being developed to support your teaching of this new qualification. These will include Delivery Guides, Resource Links, Lesson Elements, Project Approaches, a Rules of Combination Calculator and a Progress Tracker.

To find out more about this qualification please go to:

<http://www.ocr.org.uk/qualifications/cambridge-technicals-sport-and-physical-activity-level-3-certificate-extended-certificate-foundation-diploma-diploma-05826-05829-2016-suite/>



2016 Suite

- New suite for first teaching September 2016
- Externally assessed content
- Eligible for Key Stage 5 performance points from 2018
- Designed to meet the DfE technical guidance

SPORT LEADERS UK

As an awarding organisation, Sports Leaders UK offer a range of qualifications to help learners develop vital leadership skills to help them succeed in education and employment. The Level 2 and Level 3 qualifications in Sports Leadership complements Cambridge Technicals Level 3 in Sport through shared learning whilst also providing learners with additional practical experience that can be applied in a community setting.

How does a Level 2 and Level 3 qualification in Sports Leadership support delivery of Cambridge Technicals Level 3 in Sport?

- Shared learning reduces delivery time of sports leadership qualification
- Additional leadership experience improves outcomes of qualifications
- Allows learners to apply their leadership skills to organising and leading an event as a team.

What do you and your learners get from adding Level 2 and Level 3 in Sports Leadership to the Cambridge Technicals Level 3 in Sport qualification?

- An additional qualification that further boosts employability
- Experience of assisting in the organisation and leading a sport/physical activity event
- A further enhanced CV for little additional delivery time
- A cohort of engaged leaders that can improve your school's reputation within the community.

What did our sports leaders say about the qualification?

- 98% of sports leaders improved their communication skills
- 94% of sports leaders believed they were more employable
- 68% of sports leaders said the qualification improved attainment in other subjects
- 78% said it helped them get their first job.

If you would like to find out more about how Sports Leaders UK's Level 2 and Level 3 qualifications in Sports Leadership can add to your learners' progression through Cambridge Technicals Level 3 in Sport, get in touch by email: contact@sportsleaders.org

<http://www.sportsleaders.org/>



SPORTS LEADERS UK QUALIFICATIONS

Level 3 Qualification in Sports Leadership (HSL3)

HSL3 is a nationally recognised qualification that enables successful learners to *independently* lead purposeful and enjoyable sport/physical activity.

It teaches leadership skills and their application to sport/physical activities to a range of participants with differing needs.

An easy to use Learner Evidence Record (LER) is provided for these qualifications. The LER is **mandatory** and uses the following assessments:

- Practical observation – video/photos can be used to support this
- Questioning of underpinning knowledge - via worksheets
- Plans and evaluations completed during the course.

* Reasonable adjustments can be made for learners who are unable to complete the LER.

Minimum age on course start is 15 years. Minimum age on completion is 17 years.

Total Qualification Time (TQT) is 126 hours. Tutored time (GL) is 60 hours.

13 Credits. 16 UCAS points.

Level 2 Qualification in Sports Leadership (HSL2)

HSL2 is a nationally recognised qualification that enables successful learners to lead safe, purposeful and enjoyable sport/physical activity, under *indirect* supervision.

It teaches leadership skills including organisation, planning, communication and teamwork through the medium of sport.

Minimum age on course start is 13 years.

Total Qualification Time (TQT) is 50 hours. Tutored time (GL) is 24 hours.

5 Credits.

MAPPING

Cambridge Technicals in Sport and Physical Activity Level 3 2016 units				Level 3 Sports Leadership (HSL3) qualification			
Unit no.	Unit title	LO no.	LO title	Unit no.	Unit title	LO no.	LO title
2	Sports coaching and leadership	LO2	Understand principles which underpin coaching and leading	1	Developing leadership skills	LO1	Understand the skills and behaviours needed for effective, inclusive leadership
		LO4	Be able to plan sports and activity sessions	4	Plan, lead and evaluate sport/physical activity sessions for children	LO2	Be able to plan a series of sport/physical activity sessions for children
				5	Plan, lead and evaluate sport/physical activity sessions in the community	LO2	Be able to plan a series of community sport/physical activity sessions
				6	Plan, lead and evaluate sport/physical activity sessions for disabled people	LO2	Be able to plan a series of sport/physical activity sessions for disabled people
				7	Plan, lead and evaluate sport/physical activity sessions for older people	LO2	Be able to plan a series of sport/physical activity sessions for older people
4	Working safely in sport, exercise, health and leisure	LO1	Understand emergency procedures in sport, exercise, health and leisure	3	Lead safe sport/physical activity sessions	LO2	Understand how to maximise safety when leading sport/physical activity
		LO2	Understand health and safety requirements in sport, exercise, health and leisure				
		LO3	Understand how to minimise risk in sport, exercise, health and leisure				
		LO5	Know how to safeguard children and vulnerable adults in sport, exercise, health and leisure			LO1	Understand how 'duty of care' effects the safeguarding of participants

MAPPING

Cambridge Technicals in Sport and Physical Activity Level 3 2016 units				Level 3 Sports Leadership (HSL3) qualification			
Unit no.	Unit title	LO no.	LO title	Unit no.	Unit title	LO no.	LO title
6	Group exercise to music	LO2	Be able to plan group exercise to music sessions	2	Plan, lead and evaluate sport/physical activity sessions	LO2	Be able to plan structure, inclusive and safe sport/physical activity sessions*
		LO3	Be able to deliver, progress and adapt group exercise to music sessions			LO3	Be able to lead structured, inclusive and safe sport/physical activity sessions*
		LO4	Be able to evaluate group exercise to music sessions			LO4	Be able to evaluate physical activity sessions*

* Being able to plan, lead and evaluate ETM sessions is one of a range of optional activities.

Cambridge Technicals in Sport and Physical Activity Level 3 2016 units				Level 3 Sports Leadership (HSL3) qualification			
Unit no.	Unit title	LO no.	LO title	Unit no.	Unit title	LO no.	LO title
8	Organisation of sports events	LO1	Know different types of sports events and their purpose	2	Plan, lead and evaluate sport/physical activity sessions	LO1	Know different types of sports/physical activity events
		LO2	Know the different roles and responsibilities involved in the planning and delivery of sports events			LO2	Be able to plan a sports/physical activity event
		LO3	Be able to plan and promote a sports event			LO3	Be able to deliver a sports/physical activity event
		LO4	Be able to participate in the delivery of a sports event			LO4	Be able to evaluate a sports/physical activity event
		LO5	Be able to review the planning and delivery of a sports event				

MAPPING

Cambridge Technicals in Sport and Physical Activity Level 3 2016 units				Level 3 Sports Leadership (HSL3) qualification					
Unit no.	Unit title	LO no.	LO title	Unit no.	Unit title	LO no.	LO title		
11	Physical activity for specific groups	LO1	Know about the provision of physical activity for specific groups	4	Plan, lead and evaluate sport/physical activity sessions for children	LO1	Understand the effects of sport and physical activity on children		
				5	Plan, lead and evaluate sport/activity session in the community	LO1	Understanding community sport/physical on children		
		LO2	Know the benefits of and barriers to participating in physical activity for specific groups	4	Plan, lead and evaluate sport/physical activity sessions for children	LO1	Understand the effects of sport and physical activity on children	LO2	Be able to plan a series of sport/physical activity sessions for children
						5	Plan, lead and evaluate sport/physical activity sessions in the community	LO1	Understand community sport/physical activity and the associated barriers and benefits
				6	Plan, lead and evaluate sport/physical activity sessions for disabled persons	LO1	Understand disabled people and the associated barriers and benefits of sport/physical activity	LO2	Be able to plan a series of sport/physical activity sessions for disabled people
						7	Plan, lead and evaluate sport/physical activity sessions for older people	LO1	Understand older people and the associated barriers and benefits of sport/physical activity

MAPPING

Cambridge Technicals in Sport and Physical Activity Level 3 2016 units				Level 3 Sports Leadership (HSL3) qualification			
Unit no.	Unit title	LO no.	LO title	Unit no.	Unit title	LO no.	LO title
11	Physical activity for specific groups	LO4	Be able to plan physical activity sessions for specific groups	4	Plan, lead and evaluate sport/physical activity sessions for children	LO2	Be able to plan a series of sport/physical activity sessions for children
						LO3	Be able to lead a series of sport/physical activity sessions for children
				5	Plan, lead and evaluate sport/physical activity sessions in the community	LO2	Be able to plan a series of community sport/physical activity sessions
						LO3	Be able to lead a series of community sport/physical activity sessions
6	Plan, lead and evaluate sport/physical activity sessions for disabled people	LO2	Be able to plan a series of sport/physical activity sessions for disabled people				
		LO3	Be able to lead a series of sport/physical activity sessions for disabled people				
7	Plan, lead and evaluate sport/physical activity sessions for older people	LO2	Be able to plan a series of sport/physical activity sessions for older people				
		LO3	Be able to lead a series of sport/physical activity sessions for older people				



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resources.feedback@ocr.org.uk

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www.ocr.org.uk/i-want-to/find-resources/

ocr.org.uk/sport OCR customer contact centre

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