

Cambridge NATIONALS LEVEL 1/2

SPORT STUDIES

SPORTS LEADERS UK MAPPING GUIDE

Version 1



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INTRODUCTION

This resource provides a comparison for collective delivery and tutoring of learning aims, outcomes and teaching content required for the Cambridge Nationals in Sport Studies Level 1/2 with the Sports Leaders UK Level 1 and Level 2 qualifications in Sports Leadership.

SPORT STUDIES

This is a vocationally-related qualification that takes an engaging, practical and inspiring approach to learning and assessment. The Cambridge Nationals in Sport Studies provides students with a broad knowledge and understanding of different aspects of sports studies, from looking at contemporary issues in sport and the relationship between sport and the media to developing the practical skills essential for progression into the sports industry.

TEACHING AND LEARNING RESOURCES

Resources have been developed to support your teaching of this qualification. These include Delivery Guides, Lesson Elements, Combined Feedback, Mapping Guides, Sample Learner Work, Resources Link, Qualifications Calculator and a Progress Tracker.

To find out more about this qualification please go to:

<http://www.ocr.org.uk/qualifications/cambridge-nationals-sport-studies-level-1-2-j803-j813/>

SPORT LEADERS UK

As an awarding organisation, Sports Leaders UK offer a range of qualifications to help learners develop vital leadership skills to help them succeed in education and employment. The Level 2 Qualification in Sports Leadership complements Cambridge Nationals Level 1/2 in Sport through shared learning whilst also providing learners with additional practical experience that can be applied in a community setting.

How does a Level 2 Qualification in Sports Leadership support delivery of Cambridge Nationals Level 1/2 in Sport?

- Shared learning reduces delivery time of sports leadership qualification
- Additional leadership experience improves outcomes of qualifications
- Allows learners to apply their leadership skills to organising and leading an event as a team.

What do you and your learners get from adding Level 2 in Sports Leadership to the Cambridge Nationals Level 1/2 in Sport qualification?

- An additional qualification that further boosts employability
- Experience of assisting in the organisation and leading a sport/physical activity event
- A further enhanced CV for little additional delivery time
- A cohort of engaged leaders that can improve your school's reputation within the community.

What did our sports leaders say about the qualification?

- 98% of sports leaders improved their communication skills
- 94% of sports leaders believed they were more employable
- 68% of sports leaders said the qualification improved attainment in other subjects
- 78% said it helped them get their first job.

If you would like to find out more about how Sports Leaders UK's Level 2 Qualification in Sports Leadership can add to your learners' progression through Cambridge Nationals Level 1/2 in Sport, get in touch by email: contact@sportsleaders.org

<http://www.sportsleaders.org/>

SPORTS LEADERS UK QUALIFICATIONS

Level 1 Qualification in Sports Leadership (SL1)

SL1 is a nationally recognised qualification that enables successful learners to assist in leading purposeful and enjoyable sport/physical activity, under direct supervision. It teaches leadership skills including organisation, planning, communication and teamwork through the medium of sport.

Minimum age on course start is 12 years.

Total Qualification Time (TQT) is 29 hours.

Tutored time (GL) is 18 hours.

3 credits.

Level 2 Qualification in Sports Leadership (SL2)

SL2 is a nationally recognised qualification that enables successful learners to lead safe, purposeful and enjoyable sport/physical activity, under indirect supervision. It teaches leadership skills including organisation, planning, communication and teamwork through the medium of sport.

Minimum age on course start is 13 years.

Total Qualification Time (TQT) is 50 hours.

Tutored time (GL) is 24 hours.

5 credits.



MAPPING

Cambridge Nationals Sport Studies Level 1/2 J802				Sports Leaders UK Levels 1 and 2 qualifications			
Unit no.	Unit title	LO no.	LO title	Qualification	Unit	LO	Teaching content
							<i>The learner must be taught...</i>
R051	Contemporary issues in sport	2	Know about the role of sport in promoting values	SL2	1. Developing leadership skills	2. Understand the importance of leadership skills and behaviours in a range of situations	How and why identified leadership skills and behaviours might be relevant outside of a sports setting
		3	Understand the importance of hosting major sporting events	SL2	3. Assist in planning and leading a sport/physical activity event	1. Understand the different types of sports/physical activity event	Use and purpose of different types of sports/physical activity event
R052	Developing sports skills	3	Be able to officiate in a sporting activity	SL1	1. Establishing leadership skills	3. Be able to take on the roles and responsibilities of an official in sport/physical activity	To take on the role of a selected official...
R053	Sports leadership	1	Know the personal qualities, styles, roles and responsibilities associated with effective sports leadership	SL1	1. Establishing leadership skills	1. Know the skills and behaviours needed to lead others	The skills and behaviours that a sports leader will need. Why these skills and behaviours are important and the effect that a leader having/not having them might have on a session
				SL2	1. Developing leadership skills	1. Understand the skills and behaviours needed for effective leadership	Why the identified skills and behaviours are necessary for effective, successful leadership
		2	Be able to plan sports activities sessions	SL1	2. Plan, assist in leading and review sport/physical activity sessions	2. Be able to plan structured and inclusive sport/physical activity	To plan sport/physical activity that meets participants' needs
				L2	2. Plan, lead and evaluate sport/physical activity sessions	2. Be able to plan structured, inclusive and safe sport/physical activity sessions	To plan sport/physical activity sessions to meet participant's needs

MAPPING

Cambridge Nationals Sport Studies Level 1/2 J802				Sports Leaders UK Levels 1 and 2 qualifications			
Unit no.	Unit title	LO no.	LO title	Qualification	Unit	LO	Teaching content
R053	Sports leadership	3	Be able to deliver sports activity sessions	L1	2. Plan, assist in leading and review sport/physical activity sessions	4. Be able to assist in leading structured and inclusive sport/physical activity	To assist in leading physical activity that is suitable for participants <i>The learner must be taught...</i>
				L2	2. Plan, lead and evaluate sport/physical activity sessions	3. Be able to lead structured, inclusive and safe sport/physical activity sessions	To lead physical activity that is suitable for participants
				L2	4/5. Lead sport/physical activity sessions within the centre/in the community	1. Be able to lead sport/physical activity sessions linked with the centre/in the community	How to lead sport/physical activity sessions linked with the centre/in the community that are suitable for participants
		4	Be able to evaluate own performance in delivering a sports activity session	L1	1. Establishing leadership skills	2. Be able to use leadership skills effectively	To carry out an audit of own leadership skills at the start and at the end of the course
				L1	2. Plan, assist in leading and review sport/physical activity sessions	5. Be able to review a sport/physical activity session	To review a physical activity session
				L2	1. Developing leadership skills	3. Be able to evaluate own leadership skills and behaviours	To evaluate own leadership skills
				L2	2. Plan, lead and evaluate sport/physical activity sessions	4. Be able to evaluate physical activity sessions	To identify strengths and areas for development
				L2	3. Assist in planning and leading a sport/physical activity event	4. Be able to evaluate a sport/physical activity event	To evaluate the success of a sport/physical activity event to include: <ul style="list-style-type: none"> • Own leadership role

MAPPING

Cambridge Nationals Sport Studies Level 1/2 J802				Sports Leaders UK Levels 1 and 2 qualifications	
Unit no.	Unit title	LO no.	LO title		
R054	Sport and the media	1	Know how sport is covered across the media	The content of these units do not map to the Sports Leaders UK qualifications.	
		2	Understand positive effects that the media can have on sport		
		3	Understand negative effects that the media can have on sport		
		4	Understand the relationship between sport and the media		
		5	Be able to evaluate media coverage of sport		
R055	Working in the sports industry	1	Know the areas of employment within the sports industry		
		2	Know the skills and knowledge required to work within the sports industry		
		3	Be able to apply for jobs within the sports industry		
		4	Understand the impacts which the sports industry has in the UK		
R056	Developing knowledge and skills in outdoor activities	1	Know about different types of outdoor activities and their provision		
		2	Understand the value of participating in outdoor activities		
		3	Be able to plan an outdoor activity		
		4	Be able to demonstrate knowledge and skills during outdoor activities		



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Facsimile 02476 851633

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