



A Project Approach to Delivery: Dementia care: living life to the full

You are to explore the essential elements of effective care planning and then develop a care plan for an individual with dementia.

Your tasks are to apply care planning concepts to:

- Investigate the different types of dementia, their signs and diagnosis and produce an information handout and a report.
- Investigate the methods used for diagnosing dementia and evaluate the benefits of an early diagnosis and produce a presentation.
- Analyse the impacts of dementia and their diagnosis on the individual with dementia, their family and friends and produce a role play.
- Analyse the different types of relationships, their contexts and impacts when care planning with individuals and produce a role play.
- Investigate the factors that influence positive relationships and produce a report and factsheet.
- Use of effective communication to support positive relationships and produce a role play.

- Evaluate the effects of applying equality, diversity and rights and produce case studies and a guide.
- Use of personalisation, person-centred approaches and other treatments and produce a presentation, a display, case studies and a factsheet.
- Research legislation, national initiatives, and theories underpinning approaches and treatments and produce a verbal explanation, summary, description, information hand out and presentation.
- Develop and review a person-centred plan for an individual with dementia and produce role plays, a reflection, presentation, a description and case studies.

You are to use Frank's profile as the basis. This was produced as part of the information that was collated during the initial assessment process. Frank's profile provides you with more information about who Frank is, his interests and preferred lifestyle.

Frank's profile

Frank is 80 years old and has lived in Devon all of his life. He has three daughters: Theresa, who lives in the same village, Lorraine, who lives in Birmingham and Marianna who lives

in Italy. His good friend Peter also lives in the same village. His wife, Thelma died a year ago; Frank misses his wife very much as she had a very good sense of humour and had a very positive approach to life. They both enjoyed going out for lunch, for walks with their dog Dobie, singing in the local choir and gardening. Frank has always been a very active person and enjoys cycling and following the cricket and Formula 1 on the radio.

Frank has recently been diagnosed with Alzheimer's disease. He is determined to continue to live in the home that he has lived in for over 50 years and to continue pursuing his favourite hobbies and interests; he does not see why having a diagnosis of Alzheimer's disease changes anything.

Frank's three daughters are concerned that their father will not be able to continue to manage to live on his own and that his continued independence will impact on his personal safety and think it is best that he moves into a residential care setting.

The dementia care: living life to the full project will enable learners to create a care plan for an individual with dementia that empowers the individual to remain in control of their day-to-day living and promotes their well-being. Learners will acquire the knowledge that is required for developing a plan that enables an individual with dementia to continue pursuing their daily living activities, and the skills that are essential for ensuring the individual with dementia continues to maintain their independence as their needs change over time.

This work can be undertaken as an individual or within a team. If working within a team learners are expected to contribute to each of the areas (and be able to evidence this contribution) in order to gain the experience and knowledge required to successfully complete the Cambridge Technicals in Health and Social Care Level 3 (Health and Social Care Pathway) units.

