

## Level 3 Cambridge Technical in Sport and Physical Activity

05827/05828/05829/05872

### Unit 3: Sports organisation and development

Friday 19 May 2017 – Afternoon

Time allowed: 1 hour

You must have:

- none

First Name					Last Name				
Centre Number					Candidate Number				
Date of Birth	D	D	M	M	Y	Y	Y	Y	

#### INSTRUCTIONS

- Use black ink.
- Complete the boxes above with your name, centre number, candidate number and date of birth.
- Answer **all** the questions.
- Write your answer to each question in the space provided.
- If additional answer space is required, you should use the lined page(s) at the end of this booklet. The question number(s) must be clearly shown.

#### INFORMATION

- The total mark for this paper is **60**.
- The marks for each question are shown in brackets [ ].
- Quality of written communication will be assessed in the question marked with an asterisk (\*).
- This document consists of **12** pages.

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Question No	Mark
1	/17
2	/17
3	/10
4	/16
<b>Total</b>	<b>/60</b>

Answer **all** questions.

**1** There are many organisations and departments that are involved in the organisation of sport in the UK.

**(a)** In addition to the Department for Culture Media and Sport, identify **two** other Governmental departments who are involved in the organisation of sport in the UK.

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..... [2]

**(b)** Describe how the Department for Culture, Media and Sport is involved with the organisation of sport in the UK.

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2 The sports development continuum is a model that represents the stage a person is performing at in a particular sport.

(a) Describe the participation stage of the sports development continuum.

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(b) Give **two** characteristics of an individual currently performing at the excellence level of the sports development continuum and describe the support needed for someone to perform at that level.

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**3** In 2011 the ‘Start Active, Stay Active’ Report was published by the Chief Medical Officers of England, Scotland, Wales and Northern Ireland. It was produced to emphasise the importance of physical activity for people of all ages and to update physical activity guidelines for different age groups.

**(a)** Suggest **four** potential health benefits of regular physical activity.

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**(b)** In 2012, 46 National Governing Bodies submitted ‘Whole Sport Plans’ to Sport England, showing how they intended to use their funding to develop performance and participation in their sports.

Outline the expected effects on performance and participation of a sports development initiative such as a National Governing Body’s Whole Sport Plan.

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4 National sports events such as the FA Cup have an important role to play in the development of sport.

(a) Name **four** ways a national event supports the aims of sports development.

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(b) Sports development events and initiatives have many benefits to offer, however there are also some disadvantages associated with them.

Describe the possible disadvantages involved in organising and running a sports development event or initiative.

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**ADDITIONAL ANSWER SPACE**

If additional space is required, you should use the following lined page(s). The question number(s) must be clearly shown in the margin(s).

A large rectangular area with a solid vertical line on the left side and horizontal dotted lines across the page, providing space for writing answers.

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