

Level 3 Cambridge Technical in Sport and Physical Activity

05828/05829/05872

Unit 4: Working safely in sport, exercise, health and leisure

Wednesday 24 May 2017 – Afternoon
Time allowed: 1 hour 30 minutes

You may use:

- none

First Name						Last Name					
Centre Number						Candidate Number					
Date of Birth	D	D	M	M	Y	Y	Y	Y			

INSTRUCTIONS

- Use black ink.
- Complete the boxes above with your name, centre number, candidate number and date of birth.
- Answer **all** the questions.
- Write your answer to each question in the space provided.
- If additional answer space is required, you should use the lined page(s) at the end of this booklet. The question number(s) must be clearly shown.

INFORMATION

- The total mark for this paper is **70**.
- The marks for each question are shown in brackets [].
- Quality of written communication will be assessed in the question marked with an asterisk (*).
- This document consists of **12** pages.

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Question No	Mark
Section A: 1-10	/20
Section B: 11	/12
12	/12
13	/8
14	/10
15	/8
Total	/70

Section A

Answer **all** questions.

1 Give a security reason why a sports club should keep membership records.
..... [1]

2 List **three** items that must be in a first aid kit according to HSE requirements.
.....
.....
..... [3]

3 Identify **two** pieces of information that might be reported on an accident report form.
.....
..... [2]

4 Describe a responsibility of each of these staff members in managing risk at a swimming pool.
Fire Officer
Lifeguard
First Aider..... [3]

5 Give **two** different types of emergencies that could occur at a swimming pool.
.....
..... [2]

6 State a responsibility of the manager of a gym if there was a suspected gas leak.
..... [1]

7 Describe **two** occasions where leisure centre staff would need to adhere to COSHH regulations.
.....
..... [2]

8 Identify **three** different types of security procedures other than requiring membership that may apply in a sport, exercise, health and leisure setting.

.....
.....
..... [3]

9 Which **one** of these is a key health and safety document that is relevant to sport, exercise, health and leisure organisations.

Put a tick (✓) in the box next to the correct answer.

(a) Membership form

(b) Customer feedback form

(c) Risk assessment form

(d) School holiday activity form

[1]

10 Give the full names which the following acronyms linked to health and safety in the sport, exercise, health and leisure industry stand for.

HSE.....

RIDDOR.....

[2]

Section B

Answer **all** questions.

11 Claire is a duty manager at her local leisure centre. She is trained in safeguarding as part of her role.

(a) Identify **two** signs of abuse that Claire might look for in order to maintain a safe environment for children and vulnerable adults, and give an example for each.

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..... [4]

(b) Claire often has to administer first aid at the leisure centre as part of her role.

Describe **four** aspects of Emergency First Aid at Work.

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..... [4]

(c) What are the requirements of the Health and Safety (First Aid) Regulations 1981, that have to be followed at the leisure centre?

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..... **[4]**

14 Ross is the manager of his local leisure centre, where there is an outdoor athletics track. He is also the health and safety officer at the centre.

(a) Explain Ross's roles and responsibilities as health and safety officer in providing a safe place for people to work and exercise.

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..... [4]

(b) Give **three** examples of environmental hazards that could occur at a leisure centre with an athletics track, and explain how the risk from these hazards could be minimised.

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..... [6]

15 James is the head receptionist at a large leisure centre.

(a) Describe James's roles and responsibilities in an emergency situation.

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..... [4]

(b) What are the safeguarding requirements for the leisure centre to ensure that they are protecting children and vulnerable adults?

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..... [4]

END OF QUESTION PAPER

ADDITIONAL ANSWER SPACE

If additional space is required, you should use the following lined page(s). The question number(s) must be clearly shown in the margin(s).

A large rectangular area with a solid vertical line on the left side and horizontal dotted lines across the page, providing space for writing answers.

A series of horizontal dotted lines for writing, spanning the width of the page.

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