



Oxford Cambridge and RSA

GCSE (9–1) Food Preparation and Nutrition

J309/04, 05 Food Preparation Task

Non-examined assessment (NEA) task

**To be given to candidates on or after
1 November 2018**



INSTRUCTIONS FOR TEACHERS

- There are two tasks in this paper. Candidates **must** choose **one** set task.
- Candidates are required to prepare, cook and present a menu of three complete dishes within a single period of no more than 3 hours.
- Candidates are required to produce evidence to explain the planning, preparation, execution and evaluation of the menu and to demonstrate the application of technical skills.
- Photographs and/or visual recordings **must** be provided that support a candidate's technical skills and the final outcome(s) at the end of the 3-hour assessment period.
- You **must** authenticate each candidate's work is their own.
- The marking criteria for this component are in the specification.
- This task is for candidates taking their final examination in 2019.

INSTRUCTIONS FOR CANDIDATES

- There are two tasks in this paper.
- You **must** choose **one** set task.
- Your evidence **must** demonstrate your own work.
- You **must** provide suitable photographic and/or visual recording evidence to support your food preparation assessment.
- Your written evidence **must** show a plan and how you have designed, executed and evaluated the preparation, cooking and presentation of your three dishes.

INFORMATION FOR CANDIDATES

- The total number of marks available for this task is **105**.
- This document consists of **2** pages. Any blank pages are indicated.

Tasks must not be altered.

Candidates MUST choose ONE of the set tasks.

EITHER

1 There are an increasing number of people who are overweight or obese.

Plan, prepare, cook and present three dishes which demonstrate how existing recipes can be modified to reduce the calorific content.

Analyse and evaluate your work.

OR

2 Many children do not like to eat fruits and vegetables.

The school cook at a local primary school wants to show parents how they can increase the variety of seasonal fruits and vegetables in their children's diet.

Plan, prepare, cook and present three dishes which could be demonstrated to the parents.

Analyse and evaluate your work.

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