

# Your guide to the changes for 2021

Following an [Ofqual consultation](#), we have made changes to a number of our qualifications.

The changes are designed to reduce the pressure on teachers and students in the 2020/21 academic year, and to safeguard against ongoing public health concerns.

Please [use the specification on our website](#) alongside this document which shows how our qualifications will differ in summer 2021.

## Overview of changes for GCSE Food preparation and nutrition

Ofqual have confirmed that students taking GCSE Food preparation and nutrition in summer 2021 will **only need to complete one non-examination assessment (NEA)** instead of two. The first NEA (investigation task) has been removed.

For the second NEA (preparation task), students need to create 2 dishes to be completed within 3 hours. There will be no changes made to the marking criteria.

The tasks for the second NEA have been released earlier than normal. These can be found [here](#).

## GCSE Food preparation and nutrition for academic year 2020/21

Students must complete components 01 and 04/05 to be awarded the OCR GCSE Food preparation and nutrition in **summer 2021**.

Content Overview	Assessment Overview	
This content should be covered throughout all three components.  <b>Section A</b> Nutrition  <b>Section B</b> Food: food provenance and food choice  <b>Section C</b> Cooking and food preparation  <b>Section D</b> Skills requirements: preparation and cooking techniques	<b>Food Preparation and Nutrition (01)*</b>  100 marks**  1 hour 30 minutes  written examination paper	<b>50% of total GCSE</b>
	<b>Food Preparation Task (04 or 05)*</b>  105 marks**  NEA	<b>50% of total GCSE</b>

\*Indicates inclusion of synoptic assessment.

\*\* Weighted up to 150 marks.

## Support

OCR's team of expert Subject Advisors has created videos, webinars, and other resources to guide you through these changes and help you prepare your students for their exams in summer 2021.

These resources can be found [here](#).

## Contact Us

If you would like to contact us, you can do so at:

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