Modified Enlarged 18pt

OXFORD CAMBRIDGE AND RSA EXAMINATIONS

Monday 10 June 2019 – Afternoon

Level 1/2 Cambridge National in Child Development

R018/01 Health and well-being for child development

Time allowed: 1 hour 15 minutes
plus your additional time allowance

No additional materials required for this Question Paper.

Please write clearly in black ink.

Centre number | | | | | |

Candidate number | | | | |

First name(s) _____

Last name _____

READ INSTRUCTIONS OVERLEAF

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INSTRUCTIONS

Use black ink. You may use an HB pencil for graphs and diagrams only.

Answer ALL the questions.

Write your answer to each question in the space provided. If additional space is required, use the lined page(s) at the end of this booklet. The question number(s) must be clearly shown.

INFORMATION

The total mark for this paper is 80.

The marks for each question are shown in brackets [ ].

The quality of extended responses will be assessed in questions marked with an asterisk (*).

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SECTION A

Answer ALL the questions.

1 (a) Zophia is nine months pregnant. One evening she has 'a show' and, when she stands up, her waters break.

State what stage of labour Zophia is in.

_____ **[1]**

(b) Zophia's partner Tomaz drives her to the hospital. Zophia has chosen TENS as her preferred method of pain relief.

Explain how TENS works.

_____

_____

_____

_____

_____

_____ **[3]**

(c) Zophia gives birth to a healthy baby girl. Straight after the birth the baby's five vital signs are checked and the baby is given a score.

(i) What is the name given to this score?

_____ [1]

(ii) Identify the baby's FIVE vital signs that are checked as soon as the baby is born.

1 _____

2 _____

3 _____

4 _____

5 _____

[5]

(d) Zophia and Tomaz have bought their new baby a teddy bear. Before buying the teddy bear they checked that it was labelled with the 'Lion Mark'.

Explain why the Lion Mark is used on toys.

_____

_____

_____

_____ [3]

(e) Name ONE other safety label that can be found on toys.

_____ [1]

2 (a) Amy is pregnant with her first child.

How soon after becoming pregnant will she attend her first antenatal appointment? [1]

Look at the table below and TICK (✓) the correct answer.

Timing of first antenatal appointment	Tick (✓) one only
3–7 weeks	
8–12 weeks	
13–17 weeks	

(b) Identify ONE health professional Amy will usually see at her first antenatal appointment.

_____ **[1]**

(c) Weight check and urine test are two ROUTINE checks that will be carried out on Amy at the antenatal clinic.

Identify THREE other routine checks.

1 _____

2 _____

3 _____

[3]

(d) Specialist diagnostic tests may also be carried out at the antenatal clinic. Amy is asked if she would like to have a nuchal fold translucency test when she is 11–13 weeks pregnant.

Name the condition the nuchal fold translucency test screens for.

_____ **[1]**

(e)* Amy needs to decide where she would like to give birth to her baby.

Explain the advantages AND disadvantages of giving birth in a hospital to help Amy make up her mind. [8]

_____

_____

_____

_____

_____

_____

_____

_____

_____

_____

3 (a) **Mannie and Latitia have recently had a baby boy, Josh, who is now six weeks old. Latitia is attending her postnatal check-up with the health visitor.**

Explain why it is important that the health visitor checks on Latitia's mental and physical health.

Mental health _____

_____

_____

_____

_____

_____

Physical health _____

_____

_____

_____

_____

_____

[6]

(b) The health visitor also carries out Josh's six-week review. She weighs Josh and records his weight on a chart that shows the expected pattern of growth of a healthy baby.

State the name given to this chart.

_____ [1]

(c) Mannie has developed an emotional closeness with his son.

State the name given to this emotional closeness.

_____ [1]

(d) Describe TWO ways that Mannie can support Latitia after the birth of Josh.

1 _____

_____

_____

2 _____

_____

_____

[4]

SECTION B

Answer ALL the questions.

4 (a) A female condom is a barrier method of contraception.

Give TWO advantages and TWO disadvantages of using a female condom. [4]

Female condom	
Advantages	**Disadvantages**
1	1
2	2

(b) Explain how a female condom works.

_____

_____

_____

_____

_____

_____ [3]

(c) **Parents are responsible for providing for a child's primary needs. Clothing is one of those primary needs.**

(i) **Identify THREE other primary needs of a child.**

1 _____

2 _____

3 _____

[3]

(ii) **Explain TWO factors that parents should consider when providing clothing for their child.**

1 _____

_____

_____

2 _____

_____

_____

[4]

5 (a) **Children are vaccinated against various diseases. When a child is one year old they are given a vaccination called MMR.**

Identify the THREE diseases the MMR vaccination protects children against.

1 _____

2 _____

3 _____

[3]

(b) **What is the NORMAL temperature reading for a child?**

_____ **[1]**

(c) **A high temperature is one symptom of tonsillitis. Name THREE other symptoms.**

1 _____

2 _____

3 _____

[3]

(d)* **Explain how parents can care for an ill child at home.**

_____

_____

_____

_____

_____

_____

_____

_____

_____

_____

_____

_____

_____ **[6]**

(e) **Children can become overweight and obese for a number of reasons. A common reason is incorrect nutrition.**

State TWO ways parents can help their child maintain a healthy weight.

1 _____

_____

2 _____

_____

[2]

6 (a) **Children need to be aware of their own personal safety and know what to do in emergency situations to keep themselves safe.**

Describe what a child should be taught to do in the following situations:

(i) **If they get lost while shopping in a supermarket with their parents.**

_____

_____

_____ **[2]**

(ii) **If their parents are late picking them up from school.**

_____

_____

_____ **[2]**

(b) Children should also be taught that their feelings and bodies are their own and how to avoid inappropriate personal contact.

Identify if the following statements are TRUE or FALSE. [3]

Tick (✓) the correct answer.

Statement	True	False
Nursery teachers should help children when they go to the toilet, even if the child says they do not want help, as the child may make a mess.		
Children do not have to hug their parents' friends if they do not want to, even if their parents ask them to.		
Children should tell a teacher if they are being bullied, even if that person has told them not to.		

(c) **Most accidents to children happen in the home.**

Identify FOUR hazards in the living room that could cause an accident.

1 _____

2 _____

3 _____

4 _____

[4]

END OF QUESTION PAPER

ADDITIONAL ANSWER SPACE

If additional space is required, you should use the following lined page(s). The question number(s) must be clearly shown in the margin(s).

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