



LEVEL 3 CAMBRIDGE TECHNICAL IN SPORT AND PHYSICAL ACTIVITY

Unit 3: Sports organisation and development

You may use:
no materials required

Please write clearly in black ink.

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INSTRUCTIONS

Use black ink.

Answer ALL the questions.

Write your answer to each question in the space provided.

If additional answer space is required, you should use the lined page(s) at the end of this booklet. The question number(s) must be clearly shown.

INFORMATION

The total mark for this paper is 60.

The marks for each question are shown in brackets [].

Quality of written communication will be assessed in the question marked with an asterisk (*).

Answer ALL the questions.

1 (a) (i) Which one of the following best describes the role of the Department of Health in Sport in the UK? [1]

(a) They help to organise sporting events ☐

(b) They help to teach people to be better at sport ☐

(c) They want to use sport as a way of raising money ☐

(d) They want to encourage people to be more active ☐

(ii) Which one of the following is a sports development initiative that the Department of Health is responsible for? [1]

(a) Sport Relief ☐

(b) Couch to 5k ☐

(c) This Girl Can ☐

(d) Street Games ☐

(b) Describe how the Department for Education (DfE) is involved with the organisation of sport in the UK.

[4]

(c) UK Sport has responsibility to bid for major sporting events. [1]

True

10

False

11

(d) Name TWO International Governing Bodies of sport.

[2]

[6]

- 2 Fig. 1 below shows the different stages of the sport development continuum.

Fig. 1



- (a) Give a characteristic of an individual who is at each stage.

Foundation _____

Participation _____

Performance _____

Excellence _____

- (b) One of the roles involved within sports development is that of a coach or a leader.

Describe how a coach or leader's delivery might differ when helping a performer at each stage.

Foundation _____

Participation _____

Performance _____

Excellence _____

[4]

- (c) One of the reasons for encouraging people to get involved in sport is because it is a good way to develop and promote values.

Identify **THREE** values that can be developed through sport and give an example for each one.

Value _____

Example _____

Value _____

Example _____

Value _____

Example _____

[3]

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(d)* In 2013/14, 'Sport England's Active People' survey found that only 26.1% of Asian females take part in the recommended levels of sport and physical activity (once a week) compared to 31.4% of White British females.

A recent survey has found that this gap is closing as more Asian females are participating in the recommended levels of sport and physical activity.

Describe the barriers to participation for this group. Discuss possible reasons why their participation may have increased. [8]

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[4]

- (b) Other than for measuring performance, identify the other TWO possible measures used to determine the success of a sports development initiative.**

[2]

- (c) One method for measuring performance is through external assessment. Identify TWO other methods for measuring performance within sports development.**

[2]

- (d) The Active People survey is one method of collecting data concerning participation rates in sport in the UK.**

Describe FOUR disadvantages of using surveys as a method of measuring participation in physical activity.

1 _____

2 _____

3 _____

4 _____

[4]

- 4 (a) The Six Nations rugby championship is an international sporting event. [1]

True

☐

False

☐

- (b) Sport in the UK is funded in a variety of ways. One of these ways is through government funding. Identify TWO other sources of funding sport in the UK with examples.

Source: _____

Example: _____

Source: _____

Example: _____

[4]

- (c) A television advertising campaign is one way that sports development can be promoted. Describe THREE other ways that a sports development initiative can be promoted.

1 _____

2 _____

3 _____

[3]

- (d) As sport performers develop to higher levels, the benefits they receive can increase.**

Describe the benefits gained by being successful at sport for an elite performer like Usain Bolt.

[6]

[6]

END OF QUESTION PAPER

[illegible]

[illegible]



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