



Oxford Cambridge and RSA

# Wednesday 15 January 2020 – Afternoon

## Level 3 Cambridge Technical in Sport and Physical Activity

05828/05829/05872 Unit 4: Working safely in sport, exercise, health and leisure

Time allowed: 1 hour 30 minutes  
C402/2001



No extra materials are needed.

Please write clearly in black ink.

Centre number

Candidate number

First name(s) \_\_\_\_\_

Last name \_\_\_\_\_

Date of birth

### INSTRUCTIONS

- Use black ink. You can use an HB pencil, but only for graphs and diagrams.
- Answer **all** the questions.
- Write your answer to each question in the space provided. If you need extra space use the lined pages at the end of this booklet. The question numbers must be clearly shown.

### INFORMATION

- The total mark for this paper is **70**.
- The marks for each question are shown in brackets [ ].
- Quality of written communication will be assessed in the question marked with an asterisk(\*).
- This document has **12** pages.

### ADVICE

- Read each question carefully before you start your answer.

FOR EXAMINER USE ONLY	
Question No	Mark
Section A: 1-10	/20
Section B: 11	/8
12	/12
13	/12
14	/8
15	/10
<b>Total</b>	<b>/70</b>

**Section A**

Answer **all** the questions.

**1** CCTV is a type of security used in a leisure setting. Identify **three** others.

- 1.....
- 2.....
- 3.....

[3]

**2** Give the full name of the following acronym relating to health and safety legislation in sport.

DBS .....

[1]

**3** Which one of these is a key health and safety document that is relevant to sport, exercise, health and leisure organisations.

Put a tick (✓) in the box next to the correct answer.

(a) Equipment order form

(b) Emergency action plan

(c) Customer feedback form

(d) Exercise class timetable

[1]

**4** State **one** piece of information that might be reported on an accident report form.

.....

[1]

**5** Describe **three** responsibilities of a fire officer at a leisure centre.

- 1.....
- .....
- 2.....
- .....
- 3.....
- .....

[3]

6 Identify **two** responsibilities of a gym instructor when dealing with an emergency.

- 1 .....
- 2 ..... [2]

7 Give **three** examples of how hazards could occur in a communal area in a leisure centre.

- 1 .....
- 2 .....
- 3 ..... [3]

8 Describe **two** ways of protecting sports coaches from allegations of abuse.

- 1 .....
- 2 ..... [2]

9 Identify **three** responsibilities of a first aider.

- 1 .....
- 2 .....
- 3 ..... [3]

10 Give **one** example of a sign that a child or vulnerable adult may be suffering from neglect.

- .....
- ..... [1]















**(b)** Drew has to be aware of any environmental hazards that could occur during his sessions. Identify **two** environmental hazards and explain how to minimise the risk of each.

Environmental hazard .....

How to minimise risk .....

.....

Environmental hazard .....

How to minimise risk .....

.....

**[4]**

**END OF QUESTION PAPER**

**ADDITIONAL ANSWER SPACE**

If additional answer space is required, you should use the following lined pages. The question numbers must be clearly shown – for example, 1 or 11(a).

A large rectangular area containing 25 horizontal dotted lines for writing answers. A solid vertical line is on the left side of the area.



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