

# **Cambridge Technicals Sport**

## **Unit 3: Sports Organisation and Development**

Level 3 Cambridge Technical in Sport and Physical Activity  
**05826 - 05829**

## **Mark Scheme for January 2020**

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This mark scheme is published as an aid to teachers and students, to indicate the requirements of the examination. It shows the basis on which marks were awarded by examiners. It does not indicate the details of the discussions which took place at an examiners' meeting before marking commenced.

All examiners are instructed that alternative correct answers and unexpected approaches in candidates' scripts must be given marks that fairly reflect the relevant knowledge and skills demonstrated.

Mark schemes should be read in conjunction with the published question papers and the report on the examination.

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**Annotations** used by examiners

Multiple Choice Questions

Examiners indicate if answer given is correct or not by indicating '1' or '0' on the right hand side of the question.

All questions other than Multiple Choice and Extended response question

**Tick** = correct

**Cross** = incorrect

**BOD** = benefit of the doubt given

**NBD** = no benefit of the doubt given / also used where additional material may have been seen but no more marks gained

**NR** = no response attempted

**SEEN** = response been read but no credit given

**REP** = Point repeated and no further credit given

Extended response question

Please note that on the extended response question ticks and crosses are not used as it is not 1 tick = 1 mark.

Where applicable:

**Id** is used to indicate that a knowledge point from the mark scheme indicative content has been used.

**Und** is used to indicate that a more developed or detailed point has been made (showing greater understanding).

**Eg** is used to indicate where an example has been used or applied to support or develop the response.

**L1** = Level 1 (for 'Levels-marked' questions only) – put at end of response to indicate level awarded

**L2** = Level 2 (for 'Levels-marked' questions only) – put at end of response to indicate level awarded

**L3** = Level 3 (for 'Levels-marked' questions only) – put at end of response to indicate level awarded

Question		Answer	Marks	Guidance
1	(a)	<p>One mark for International Organisation</p> <ol style="list-style-type: none"> <li>1. FIFA / IOC</li> </ol> <p>Two marks from:</p> <ol style="list-style-type: none"> <li>1. Increase participation</li> <li>2. Sets rules and regulations</li> <li>3. Uniting people, removing barriers,</li> <li>4. improving education / Promote youth education</li> <li>5. improving health and the quality of life</li> <li>6. Using the success of major events (e.g. World Cup/Olympics) to distribute resources to develop sport in the UK.</li> <li>7. Sets international and European fixtures dates</li> <li>8. Promote values ethics and fair play</li> <li>9. Help with the organisation, development and planning of competitions</li> <li>10. Promote the Involvement of different target groups</li> <li>11. Challenge of drug use in sport</li> <li>12. Promote (environmental and sustainable) sports development</li> <li>13. Implementation of new technology</li> </ol>	3	Accept other suitable examples of international organisations involved in sport.
	(b)	<p>Government</p> <p>Paralympic</p> <p>Medal</p> <p>World Class Programme</p> <p>Sports medicine</p>	5	

Question		Answer	Marks	Guidance
	(c)	<p>County Sports Partnerships (CSP's) increase participation in sport and physical activity:</p> <ol style="list-style-type: none"> <li>1. Provide a single contact point for a variety of sporting events and activities</li> <li>2. Through promotional campaigns / coordinated marketing</li> <li>3. Interpret &amp; mould policies (national/regional/local) to best suit communities</li> <li>4. By providing networking opportunities e.g. working with NGBs/schools / sharing best practice</li> <li>5. By implementing school / community games</li> <li>6. By making <b>best/efficient use</b> of facilities /equipment</li> <li>7. By subsidising events</li> <li>8. By putting on free taster days</li> <li>9. Training volunteers</li> </ol>	4	<p>Accept any relevant example of each.</p> <p>Do not accept:            Improve/provide/create/build facilities            Increase funding            Giving opportunities</p>
	(d)	(i)	True	1
		(ii)	False	1
		(iii)	True	1

Question		Answer	Marks	Guidance
2	(a)	<ol style="list-style-type: none"> <li>1. Increase bone density/bone strength/less likely to break</li> <li>2. Increase the strength/stability of ligaments/joints</li> <li>3. Reduce the risk of osteoporosis in later life</li> <li>4. Increased joint mobility/flexibility/prevents osteoarthritis/</li> <li>5. (Healthy weight due to exercise) results in less stress on bones/joints</li> </ol>	3	<p>3 Synoptic Marks from Unit 1 LO 3.6.2 – The Impact of physical activity, training and lifestyle on the cardiovascular system.</p> <p>Accept other suitable answer of skeletal benefits. DNA Bone disease</p>
	(b)	<ol style="list-style-type: none"> <li>1. Reduce obesity/ maintain healthy bodyweight</li> <li>2. Muscular related example eg increased muscle strength</li> <li>3. Cardiovascular related example eg lower blood pressure</li> <li>4. Respiratory related example eg increased lung capacity</li> <li>5. Prevention of chronic illnesses/disease</li> <li>6. Components of Fitness-eg speed/agility/coordination/balance/strength</li> </ol>	3	<p>3 Synoptic Marks from Unit 1 LO 3.6.3 – The Impact of physical activity, training and lifestyle on the cardiovascular system.</p> <p>Accept multiple relevant answers points 2-6 e.g. stronger muscles 2a improved elasticity of muscles 2b improved muscle tone 2c</p> <p>DNA psychological / social reasons DNA not accept names of systems eg better cardiovascular system DNA-flexibility (component of fitness)</p>
	(c)	<ol style="list-style-type: none"> <li>1. Enjoyment</li> <li>2. Keeping fit/healthy</li> <li>3. Socialising</li> <li>4. Weight loss</li> <li>5. Body image</li> <li>6. Competition</li> <li>7. Social media/Technology</li> <li>8. Stress release</li> <li>9. Role models</li> <li>10. Reduction in anti-social behavior</li> <li>11. Previous sporting success /experience</li> <li>12. Career opportunities</li> </ol>	6	<p>Sub max 3 marks for numbered responses Sub max 3 marks for linked example to the response</p>

Question		Answer		Marks	Guidance
(d)				4	
		<b>Event/Initiative</b>	<b>Purpose</b>		
		Campaign to encourage greater respect for referees and officials	Increase participation		
		Project to make sport more widely available for disadvantaged young offenders	Progression in sport		
		Initiative aimed at getting women over 16 who stopped playing netball to play the sport again	Promotion of values		
	Programme for developing young coaches	Support social policy for crime reduction			

Question		Answer	Marks	Guidance
	(e)	<ol style="list-style-type: none"><li>1. Enforce the rules</li><li>2. Promotes values/fairplay/respect /equality</li><li>3. If they are not there then there can be no formal competitive play</li><li>4. Keep performers safe / reduce injury/safeguarding</li><li>5. Needed for insurance (e.g. at clubs, school, etc...)</li><li>6. Develop performers understanding of the game/sport/activity</li><li>7. Act as role models /encourage others to officiate</li></ol>	4	Accept first 4 only

Question		Answer	Marks	Guidance
3	(a)	<ol style="list-style-type: none"> <li>1. (Facilities)-improvement to facilities/legacy of facilities</li> <li>2. (Infrastructure) Better infrastructure/transport networks due to investment to make event run well</li> <li>3. (Participation) Increased participation rates/ opportunities due to the success of the sport/inspiring participation...</li> <li>4. (Talent pool)...which leads to an increased talent pool due to the success</li> <li>5. (Success) Continued elite success/win more medals at future events</li> <li>6. (Pride)Feel good factor in the host city because of positive media coverage or 'buzz' created by the event or unity</li> <li>7. (Economy) Increased revenue for local businesses/area</li> <li>8. (Tourism) due to extra visitors to the city/PR from the event increases tourism</li> <li>9. (Regeneration) Regeneration of area (e.g. Stratford) due to new homes/ creation of jobs</li> <li>10. (Future Bids) If successful, then a better chance to host future events – e.g. use stadia/venues for world champs in future years or club sports finals, etc...</li> </ol>	5	Accept suitable examples of each.

Question		Answer	Marks	Guidance															
	(b)	<ol style="list-style-type: none"> <li>1. Cost/Too much spent on event and not enough left over for ongoing investment afterwards</li> <li>2. Funding/investment diverted away from other areas to the host city</li> <li>3. Facilities not being used after event</li> <li>4. Money being spent on elite level rather than grass roots</li> <li>5. Congestion/traffic increase pollution</li> <li>6. Increase risk of crime /anti social behavior/ terror attacks</li> <li>7. Unsuccessful event/bad reputation</li> <li>8. Relocation of local residents</li> <li>9. Length of time it takes to plan</li> </ol>	2																
4	(a)	<table border="1" style="margin-left: auto; margin-right: auto;"> <thead> <tr> <th>Example</th> <th>Initiative</th> <th>Event</th> </tr> </thead> <tbody> <tr> <td>This Girl Can</td> <td style="text-align: center;">X</td> <td></td> </tr> <tr> <td>Chance to Shine</td> <td style="text-align: center;">X</td> <td></td> </tr> <tr> <td>High Five Netball Taster Session</td> <td></td> <td style="text-align: center;">X</td> </tr> <tr> <td>Swim 21</td> <td style="text-align: center;">X</td> <td></td> </tr> </tbody> </table>	Example	Initiative	Event	This Girl Can	X		Chance to Shine	X		High Five Netball Taster Session		X	Swim 21	X		4	
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Question		Answer	Marks	Guidance
	(b) (i)	<ol style="list-style-type: none"> <li>1. Is it local/regional/national/international</li> <li>2. (Participants)How many people /teams are taking part</li> <li>3. (duration)-Planning time/running time</li> <li>4. (Target group) What is the target group</li> <li>5. (Staffing)How many people (staff/volunteers) will be needed</li> <li>6. (Facilities)What sort of venues /facilities/ equipment will be needed</li> <li>7. (Finance)What is the budget/cost</li> <li>8. (Infrastructure) Transport links /parking/ accommodation</li> <li>9. Promotion/ advertising</li> </ol>	3	
	(b) (ii)	<ol style="list-style-type: none"> <li>1. Local Councils/Authorities</li> <li>2. National governing bodies/NGB's</li> <li>3. Voluntary sports clubs/grassroots</li> <li>4. Sport England</li> <li>5. County sports partnerships</li> <li>6. County schools/colleges</li> <li>7. Local sports centers</li> <li>8. Businesses – e.g. sports suppliers. Local shops or businesses</li> </ol>	3	Accept suitable examples of each.

Question		Answer	Marks	Guidance
	(c)*	<p>1. Benefits to the individual</p> <ul style="list-style-type: none"> <li>a) Financial gains/prize money/ paid</li> <li>b) Sponsorship</li> <li>c)_ Access to the best coaching/facilities</li> <li>d) Fame</li> <li>e) Opportunity to travel the world to compete</li> <li>f) Becoming professional</li> <li>g) Being a role model / influential</li> <li>h) Accomplishment/achievement/self esteem</li> </ul> <p>2. Benefits to the sport</p> <ul style="list-style-type: none"> <li>a) Raises the profile/reputation</li> <li>b) Increases participation</li> <li>c) Increases the talent pool</li> <li>d) Provides better opportunities to compete/win at major events</li> <li>e) Attracts more funding/ Sponsorships/Sport England funding</li> <li>f) Positive publicity / role models</li> </ul>	8	<p>3. Benefits to the providing organisation/national governing body</p> <ul style="list-style-type: none"> <li>a) Enhanced reputation for being associated with the sporting success</li> <li>b) Increased participation</li> <li>c) Increased attendances at female sports matches</li> <li>d) Increases money/funding into the sport to invest in better facilities</li> <li>e) Attract more sponsorship</li> <li>f) Access to new demographic in population</li> <li>g) Make the sport seem more current/fashionable/on-trend</li> <li>h) Creates publicity / increases media coverage</li> </ul> <p>4. Benefits to society</p> <ul style="list-style-type: none"> <li>a) Tackling discrimination</li> <li>b) Breaks-down stereotypes and misconceptions</li> <li>c) Crime reduction by increasing active participation</li> <li>d) Health improvements by more people being inspired to participate</li> <li>e) Promotes female sport</li> <li>f) Provides new role models</li> <li>g) Creates opportunities for young people in new sports (for females, in this case)</li> <li>h) Community cohesion</li> </ul>

Question	Answer	Marks	Guidance
	<p><b>Level 3 (7-8 marks)</b>  <b>A comprehensive answer:</b></p> <ul style="list-style-type: none"> <li>• Detailed knowledge and understanding</li> <li>• Effective analysis/evaluation and/or discussion/explanation/development</li> <li>• Clear and consistent practical application of knowledge</li> <li>• Accurate use of technical and specialist vocabulary</li> <li>• High standard of written communication.</li> </ul> <p><b>At Level 3 responses <u>are likely</u> to include</b></p> <ul style="list-style-type: none"> <li>• Detailed balanced discussion of all areas</li> <li>• Points are developed from across the areas.</li> </ul> <p><b>Level 2 (4–6 marks)</b>  <b>A competent answer:</b></p> <ul style="list-style-type: none"> <li>• Good knowledge and understanding</li> <li>• Analysis/evaluation and/or discussion/explanation/development attempted with some success</li> <li>• Some success in practical application of knowledge</li> <li>• Technical and specialist vocabulary used with some accuracy</li> <li>• Written communication generally fluent with few errors.</li> </ul> <p><b>At Level 2 responses <u>are likely</u> to include</b></p> <p>At the top of this level</p> <ul style="list-style-type: none"> <li>• Good knowledge &amp; understanding of all areas.</li> <li>• All areas covered with some detailed discussion.</li> </ul> <p>At the bottom of this level</p> <ul style="list-style-type: none"> <li>• Satisfactory knowledge and understanding across all areas</li> <li>• Points made show limited development</li> <li>• Lack of balance in terms of coverage from all areas</li> </ul>		<p><b>Level 1 (1–3 marks)</b>  <b>A limited answer:</b></p> <ul style="list-style-type: none"> <li>• Basic knowledge and understanding</li> <li>• Little or no attempt to analyse/evaluate and/or discuss/explain/develop</li> <li>• Little or no attempt at practical application of knowledge</li> <li>• Technical and specialist vocabulary used with limited success</li> <li>• Written communication lacks fluency and there will be errors, some of which may be intrusive.</li> </ul> <p><b>At Level 1 responses <u>are likely</u> to include</b></p> <p>At the top of this level</p> <ul style="list-style-type: none"> <li>• Basic knowledge of all 4 areas</li> <li>• Some development attempted</li> </ul> <p>At the bottom of this level</p> <ul style="list-style-type: none"> <li>• Basic knowledge of the benefits of sports development</li> <li>• Only one area addressed from (Points 1-4).</li> </ul>

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