

CAMBRIDGE TECHNICALS LEVEL 3 (2016)

Examiners' report

SPORT AND PHYSICAL ACTIVITY



05826–05829, 05872

Unit 4 January 2020 series

Version 1

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Introduction

Our examiners' reports are produced to offer constructive feedback on candidates' performance in the examinations. They provide useful guidance for future candidates. The reports will include a general commentary on candidates' performance, identify technical aspects examined in the questions and highlight good performance and where performance could be improved. The reports will also explain aspects which caused difficulty and why the difficulties arose, whether through a lack of knowledge, poor examination technique, or any other identifiable and explainable reason.

Where overall performance on a question/question part was considered good, with no particular areas to highlight, these questions have not been included in the report. A full copy of the question paper can be downloaded from OCR.

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As a centre approved to offer our Cambridge Technicals qualifications, we wanted to let you know we have now published the [results awarded](#) for 2018/19 Level 2 and 3 Cambridge Technicals (2016 suite). This information is helpful in allowing you to compare your centre achievements alongside national outcomes.

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ExamBuilder

Remember to keep your eye on ExamBuilder as we continue to update the bank of questions post exam series in line with our past paper policy. Therefore, you can be assured that new assessment material will continually be fed into ExamBuilder on an annual basis.

Online post series external feedback

Keep an eye out for updates on our post series feedback on Exams for Cambridge Technicals Webinars available in the autumn term.

Paper Unit 4 series overview

On the whole candidates found this paper challenging in parts but were able to access marks to help them to at least pass the paper. To do well in this exam candidates needed to have good knowledge of the specification and be able to give practical examples to access the higher marks.

Many candidates did well on this exam showing a detailed and applied understanding of the specification. Very few questions were left blank which showed that students were able to attempt the whole paper and therefore access all the marks.

Areas that candidates performed well on included the question regarding the role of the lifeguard during a fire evacuation and the types of security a leisure centre can use to protect personal property. These questions showed evidence that teachers have used past mark schemes to make sure candidates understand the correct process and security types, so they can access full marks.

For the levelled marked question, where students were able to name the emergencies from the specification, give examples of how each could occur on an Astro turf and show good understanding of how it would be dealt with, candidates could access a Level 3 response. Some candidates linked the emergencies with the changing rooms or within a leisure centre and therefore were not credited for that part of their response. Also, some candidates gave 3 or 4 examples of different accidents and were only credited for this once, limiting their mark.

Other areas where candidates need to improve on are questions that require examples, i.e. how hazards can be minimalised, giving examples. It is important to note that when a question asks for examples, these must be related to the knowledge they given, to help them to access full marks. Students also had limited response in the questions regarding safeguarding, when describing the types of abuse, the majority of candidates gave the signs of abuse and not how each type of abuse occurs, i.e. emotional abuse is when a person is getting bullied. Most candidates also did not understand the word 'sources' regarding safeguarding and explained the process in which a coach would dealing with suspected abuse and not the organisations that help with safeguarding, such as social services and the NSPCC.

It is also worth a note, that where a question has a quantitative value in the question, such a describe three, students will only be credited for their first three responses.

Section A overview

Overall this was a generally well answered, with the majority of candidates gaining at least 13 marks. To access the mark on acronym questions, students must get this totally correct and no leniency will be given.

Candidates either gained all 3 marks regarding the fire officer, or their answers referred to what they might do during an emergency and therefore did not access any of the marks. Candidates also need to make sure they state the hazard and not just the outcome, i.e. tripping over a bag, not just tripping.

Question 1

1 CCTV is a type of security used in a leisure setting. Identify **three** others.

- 1
- 2
- 3

[3]

Most candidates were able to access 2 marks, with the most common answers being lockers.

Question 2

2 Give the full name of the following acronym relating to health and safety legislation in sport.

DBS [1]

This was a well answered question, the common mistake was candidates identifying the 'D' as data and not disclosure.

Question 3

3 Which one of these is a key health and safety document that is relevant to sport, exercise, health and leisure organisations.

Put a tick (✓) in the box next to the correct answer.

- (a) Equipment order form
- (b) Emergency action plan
- (c) Customer feedback form
- (d) Exercise class timetable

[1]

The vast majority of candidates answered this question correctly.

Question 4

4 State **one** piece of information that might be reported on an accident report form.

.....[1]

This was a well answered question.

Question 5

5 Describe **three** responsibilities of a fire officer at a leisure centre.

- 1
-
- 2
-
- 3
-

[3]

Candidates either knew the answer for the responsibility of the fire officer or gave answers related to an emergency, which is incorrect.

	<p>AfL</p>	<p>Centres should make sure that candidates are taught the responsibilities of a fire officer day to day, as they have specific jobs they need to do to make sure that leisure centres are fire safe.</p>
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Question 6

6 Identify **two** responsibilities of a gym instructor when dealing with an emergency.

- 1
- 2

[2]

Most candidates gained at least 1 mark; the common mistake was where candidates said 'clear the area' which was too vague to gain the mark. There needs to be evidence that the building had been evacuated/clients had left the building via the fire exits.

Question 7

7 Give **three** examples of how hazards could occur in a communal area in a leisure centre.

- 1
- 2
- 3

[3]

Candidates either gained full marks or missed out because they referred to emergencies, when the question is about hazards.

	<p>AfL</p>	<p>Candidates need to say what the hazard is and not just the outcome i.e. left bags could cause a trip hazard (not just tripping).</p>
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Question 8

8 Describe **two** ways of protecting sports coaches from allegations of abuse.

- 1
- 2

[2]

Most candidates identified that coaches should avoid one on one conversations and they should have the correct staffing ratios.

Question 9

9 Identify **three** responsibilities of a first aider.

1

2

3

[3]

This was well answered question, it was clear that centres had used past papers and mark schemes to teach candidates the role of a first aider.

Question 10

10 Give **one** example of a sign that a child or vulnerable adult may be suffering from neglect.

.....

.....**[1]**

This was a well answered question, with almost all candidates achieving this mark.

Section B overview

Candidates provided good detail to their answers, with some good depth of knowledge. Candidates were able to attempt the levelled marked question, with good outcomes. Where they were able to name the different emergencies from the specification and relate it to an Astro turf, they were able to gain the higher marks.

Candidates continue to find questions on safeguarding difficult, not identifying specifically what the question is asking them.

Question 11 (a)

11 Sam is a lifeguard at her local swimming pool. Sam receives regular training so that she understands how to follow the normal and emergency action procedures at the pool.

(a) Describe the evacuation procedures that Sam should follow when the fire alarm sounds.

.....

.....

..... **[4]**

This was a very well answered questions, with clear evidence that candidates have been taught the correct response of a lifeguard. The majority of candidates gained full marks.

Question 11 (b)

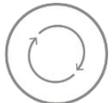
The table below contains information about emergency situations that Sam might encounter.

(b) Complete the blanks in the table, giving either the situation that is being responded to or the appropriate emergency response.

Situation	Emergency response
An individual has fallen at the poolside and cut their elbow.	1.
2.	Evacuate the pool and perform a water test before allowing swimmers to return.
A young child is out of their depth and struggling to stay afloat.	3.
4.	Complete a RIDDOR report

[4]

A well answered question, the common mistake came when candidates gave 2 answers in a box and only the first answer can be credited. i.e. 3. evacuate the pool (incorrect) and dive in and save the child (correct, but second answer).

	AfL	In a box answered question, only the candidates first answer will be accepted and credited.
---	------------	---

Question 15 (b)

- (b) Drew has to be aware of any environmental hazards that could occur during his sessions. Identify **two** environmental hazards and explain how to minimise the risk of each.

Environmental hazard

How to minimise risk

.....

Environmental hazard

How to minimise risk

.....

[4]

This question was about hazards that could occur DURING a circuit training session and therefore the hazards and how to minimise the risk needed to relate to this.

It was also important that candidates only gave environmental hazards i.e. benches being a trip hazard, they would not be credited for biological hazards such as litter.

As per Question 7, candidates need to give the cause (benches causing a trip hazard) of the hazard and not just the outcome (tripping)

Weather and clothing alone are too vague as neither are a hazard unless they are unsuitable/incorrect, therefore candidates in the future should give a more specific answer.

Candidates could access the 'how to minimise risk' mark if they have an NBD response for the cause.

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