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OXFORD CAMBRIDGE AND RSA EXAMINATIONS

Tuesday 12 January 2021 – Morning

Level 3 Cambridge Technical in Sport and Physical Activity

05826/05827/05828/05829/05872

Unit 1: Body systems and the effects of physical activity

Insert for Question 13

Please write clearly in black ink.

Centre number	
Candidate number	
First name(s)	
Last name	
Date of birth	D D M M Y Y Y Y

Question 13

Movement	Description	Practical example
	Increasing the angle at a joint.	Movement at elbow while throwing a ball.
	Moving a limb towards the mid-line of the body.	Movement at shoulder as arms move down during a star jump.
	Bending the spine to the side.	Movement at spine while bowling in cricket.
	Rotating a limb outwards about its longitudinal axis.	Movement at hip to perform a side-footed pass in football.
	Rotating the radio-ulnar joint so that palm faces upward.	Turning the hand to throw a ball underarm.

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