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OXFORD CAMBRIDGE AND RSA EXAMINATIONS

Monday 18 January 2021 – Afternoon

Level 3 Cambridge Technical in Sport and Physical Activity

05828/05829/05872

Unit 4: Working safely in sport, exercise, health and leisure

Time allowed: 1 hour 30 minutes plus your additional time allowance

You must have:
Insert for Question 15(a)

Please write clearly in black ink.

Centre number					
Candidate number					

First name(s) _____

Last name _____

Date of birth	D	D	M	M	Y	Y	Y	Y

READ INSTRUCTIONS OVERLEAF

INSTRUCTIONS

Use black ink. You can use an HB pencil, but only for graphs and diagrams.

Answer ALL the questions.

Write your answer to each question in the space provided. If you need extra space use the lined pages at the end of this booklet. The question numbers must be clearly shown.

INFORMATION

The total mark for this paper is 70.

The marks for each question are shown in brackets [ ].

Quality of written communication will be assessed in questions marked with an asterisk (*).

ADVICE

Read each question carefully before you start your answer.

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SECTION A

Answer ALL the questions.

1 Indicate whether each of the following statements is true or false by putting a tick (✓) in the box. [3]

(a) RIDDOR is used to record all first aid incidents.

True ☐

False ☐

(b) The Equality Act (2010) ensures that facilities in leisure centres are properly maintained.

True ☐

False ☐

(c) One role of the DBS is to perform background checks on potential employees.

True ☐

False ☐

2 A psychological hazard is one type of hazard. Identify THREE other types of hazard.

1_____

2_____

3_____

[3]

3 Give TWO examples of Personal Protective Equipment (PPE) that staff would use in a leisure centre.

1_____

2_____

[2]

4 Identify ONE type of risk assessment.

_____ **[1]**

5 State TWO reasons why it is important to have a safeguarding lead at a sports centre.

1_____

_____

2_____

_____

[2]

6 Describe a suitable first aid response for a patient with a large, open wound on their leg.

_____

_____ **[1]**

7 Identify TWO sporting environments where a chemical leak might occur.

1 _____

2 _____

[2]

8 'Organiser' is one role of a sports coach. Name THREE other roles.

1 _____

2 _____

3 _____

[3]

9 Identify TWO special population groups who should be considered when thinking about 'duty of care'.

1 _____

2 _____

[2]

10 Identify ONE requirement of the first aid at work regulations.

_____ [1]

SECTION B

Answer ALL the questions.

11 Staff need to be cautious of people using mobile phones and cameras within sport and leisure facilities.

(a) Explain how security procedures could reduce the risk of people taking unauthorised photos of children. [4]

Security procedure 1 _____

_____

Explanation _____

_____

_____

_____

_____

Security procedure 2 _____

_____

Explanation _____

_____

_____

_____

_____

(b) It is suspected that someone has taken unauthorised pictures in a leisure centre.

Describe FOUR steps the manager should take in this situation.

1 _____

_____

_____

2 _____

_____

_____

3 _____

_____

_____

4 _____

_____

_____

[4]

12 Below are listed some items from a first aid box.

First Aid Emergency manual

Triangular bandage

Sterile wound dressing

Aspirin

Face mask

Cold pack

Antiseptic wipes

Scissors.

(a) Identify FOUR items that are missing from the HSE's minimum requirements for a first aid kit.

1_____

2_____

3_____

4_____

[4]

(b) Describe TWO uses for each of the following items of first aid equipment.

Triangular bandage

1 _____

_____

2 _____

_____

Sterile wound dressings

1 _____

_____

2 _____

_____

[4]

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13* **Jeffrey is the manager of a leisure centre. There is a bomb scare. Describe how Jeffrey should respond to this.**

Your answer should include reference to:

steps he might have taken to prepare for such a situation

what he should do during the emergency

what he should do after the emergency is over. [8]

14 Isobel is a PE teacher in a secondary school. She has a duty of care to ensure the safety of her students when they take part in sport and physical activity.

(a) Describe why Isobel gets her pupils to complete a warm up before they play sport.

_____

_____

_____

_____

_____

_____

_____

_____ **[4]**

(b) Give TWO examples of emotional abuse that could occur between students.

1_____

_____

2_____

_____

[2]

(c) Give TWO examples of neglect which could happen in a sport and leisure setting.

1_____

_____

2_____

_____

[2]

15 Catherine is the owner of a dance school. She needs to complete risk assessments for her dance classes.

(a) Complete the empty boxes on the risk assessment form on the Insert. [8]

(b) Give examples of how Catherine could follow the safeguarding requirements below: [6]

Effective recruitment and selection of staff

_____

_____

_____

_____

_____

_____

Effective training and support for staff

Having clear lines of accountability

(c) Describe FOUR examples of the types of emergencies that could occur in Catherine's dance classes.

1 _____

_____

2 _____

_____

3 _____

_____

4 _____

_____

[4]

END OF QUESTION PAPER

ADDITIONAL ANSWER SPACE

If additional answer space is required, you should use the following lined pages. The question numbers must be clearly shown in the margins – for example, 11(a) or 12(b).

Oxford Cambridge and RSA

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