

Cambridge National

Child Development

R018/01: Health and well-being for child development

Level 1/2 Cambridge National Certificate

Mark Scheme for January 2022

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This mark scheme is published as an aid to teachers and students, to indicate the requirements of the examination. It shows the basis on which marks were awarded by examiners. It does not indicate the details of the discussions which took place at an examiners' meeting before marking commenced.

All examiners are instructed that alternative correct answers and unexpected approaches in candidates' scripts must be given marks that fairly reflect the relevant knowledge and skills demonstrated.

Mark schemes should be read in conjunction with the published question papers and the report on the examination.

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R018/01 Mark Scheme January 2022

Annotation	Meaning of annotation
✓	Tick – correct answer / development of point
×	Cross – incorrect answer
LI	Level 1
L2	Level 2
L3	Level 3
BOD	Benefit of doubt (Do not 'tick' as well because 'Bod' does count as a mark)
^	Omission mark
TV	Too vague
REP	Repeat
SEEN	Noted but no credit given / zero mark response
E	Explanation (Question 2(c) only)

	Question		Answer	Mark	Guidance
1	(a)	One mark for correct answer	r. One required.	1 (1x1)	Annotation: The number of ticks must match the number of marks awarded.
		Number of weeks pregnant	Tick (✓) one only		For an incorrect answer use the cross .
		Less than 37 weeks	✓		No other answer is acceptable.
		Less than 38 weeks			If more than one box is ticked: No mark should be awarded.
		Less than 39 weeks			
					 Crossed Out Responses: Where a candidate has crossed out a response and provided a clear alternative then the crossed out response is not marked. Where no alternative response has been provided, examiners may give candidates the benefit of the doubt and mark the crossed out response where legible.

	Question	Answer	Mark	Guidance
1	(b)	One mark for identification. One required. • Lanugo	1 (1x1)	Annotation: The number of ticks must match the number of marks awarded. For an incorrect answer use the cross or appropriate annotation from the following:
				No other answer is acceptable.
				Annotate Bod if spelling is incorrect. but the word must be recognisable.

Question	Answer	Mark	Guidance
1 (c)	Two marks for an explanation of specific needs. Two required. Breathing problems Iungs not mature enough so need help with breathing may struggle to breathe / needs oxygen / oxygen support will need to have breathing monitored breathing difficulties	4 (2x2)	Annotation: The number of ticks must match the number of marks awarded For an incorrect answer use the cross or appropriate annotation from the following: TV REP SEEN
	Treatment of infection/Protection from infection		For each explanation: 2 marks: A clear need stated and explained that shows understanding. May include a detailed example. 1 mark: A statement / identification of a specific need with little or no explanation. Do not credit: • repeats • heart rate – high or low • learning difficulties • jaundice

Question	Answer	Mark	Guidance
1 (d)	Two pre-conceptual factors required. One mark each. Drinking alcohol Obese/underweight mother Poor/inadequate diet/unhealthy diet Smoking Stress Taking recreational drugs/drug Excess caffeine	2 (2x1)	Annotation: The number of ticks must match the number of marks awarded. For an incorrect answer use the cross or appropriate annotation from the following: Do not credit: 'drinking' on its own, must say alcohol struggles with weight

Question	Answer	Mark	Guidance

1	(e)	One mark for way and one mark for how it reduces the risk of SIDS. Two	4	Annotation:
		required.	(2x2)	The number of ticks must match the number of marks
				awarded.
		Way:		For an incorrect answer use the cross or appropriate
		place baby on its back to sleep / lay baby on it's back		annotation from the following:
		put baby to sleep in the same room as parents for the first 6 months		
		 never sleep with baby on a sofa or arm chair or bed as may restrict baby's breathing 		A TV REP SEEN
		do not smoke in same room as baby		
		 don't let baby get too hot or too cold/keep within the range of 16-20°c 		
		cot/bed not near a radiator or in direct sunlight		
		do not smoke whilst pregnant		Some answers are interchangeable but do not
		keep baby's head uncovered so they don't overheat		accept repeats
		place baby in 'feet to foot' position with their feet at the end of the cot de mat authorized to a character of the cot		
		do not pull blanket up above baby's shoulders use lightweight heading lightweight elections had		
		 use lightweight bedding/lightweight sleeping bag no pillows/teddies/cushions in cot 		Credit other appropriate wording.
		breast milk provides anti-bodies to fight infection		Credit other appropriate wording.
		breast milk provides anti-bodies to light infection		
		How it reduces the risk of SIDS:		
		avoids any restriction to baby's breathing		
		so they can breathe more easily/does not breathe in exhaled carbon		
		dioxide		Do not credit:
		so they don't overheat while sleeping		repeats
		so the baby doesn't suffocate / reduces risk of suffocation		'don't overdress baby' and 'not too many layers'
		so baby doesn't 'move down' the cot and under the blankets / stops		are TV
		them pulling it over their face		
		Infections can cause inflammation which can lead to SIDS, so		
		breastfeeding (anti-bodies) can support safer sleep.		

Que	estion	Answer	Mark	Guidance
2	(a)	Four ways required. One mark each.	4	Annotation:

(4x1)The number of ticks must match the number of marks awarded. Ways they could show consideration of others: For an **incorrect** answer use the **cross** or appropriate annotation from the following: Say please and thank you when asking for something Be honest TV REP SEEN ____ Share when playing / share with others Respect others Say sorry when they have done something wrong Never drop litter take it home or find a bin to put it in Do not credit: Never talk with mouth full Learn to socialise Always wait your turn Parents should be role models Teach them... Don't judge others Help them ... Think before you speak Praise them... Helping others Ask people how they are Tidy up their mess Not shouting / raising voice Always be kind and considerate Not interrupt Playing nicely together Say 'excuse me' Be polite Accept any other appropriate ways to show consideration of others.

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Question	Answer	Mark	Guidance
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2	(b)	Two safety strategies required. One mark each.	2 (2x1)	Annotation: The number of ticks must match the number of marks awarded. For an incorrect answer use the cross or appropriate
		Block social sharing until child is old enough		annotation from the following:
		Restrict access to web sites		
		Set a pin/password that only parents/carers know		A TV REP SEEN
		Set time limit		
		Explore sites and apps together		
		Use parental controls / parental locks		Do not credit:
		Talk with Nina about internet safety / explain the dangers		safety lockschild locks
		Tablet to be used where Nina can be watched – e.g., family room		'internet blocks' on its own
		Install a safe browser e.g., Safe Search		
		Regularly monitor – what the child plays and searches, apps used		
		Check history		

Question	Answer/Indicative content	Mark	Guidance			
Question	Answer/indicative content	IVIAIN	Content	Levels of response		

2 (c)* Precaution: prevention of choking:

- Avoid foods such as grapes/nuts/seeds
- Avoid foods that are hard to chew/swallow
- Child should sit down to eat not run around
- Cut food into small pieces
- Supervise child while eating
- Check clothes for small buttons/ribbon
- Check toys have no small pieces/pieces that can be pulled off loose / broken
- Keep small object out of reach eg batteries
- Check for safety labels
- Check if age appropriate

Precaution: prevention of suffocation:

- Keep all dangling cords/flexes out of reach
- Keep all plastic bags out of reach
- Make sure bed is safe no toys/pillows/soft bedding
- Place baby to sleep on their back
- Window blind cords should be secured safely

Explanation - so that:

- They don't swallow a piece of food that is too large
- Food/toy/grape/nut doesn't get stuck in their throat
- They don't inhale sharply while eating
- They don't block their airway internally/stop breathing
- They don't put a plastic bag over their head and block their airway externally/stop/find it difficult to breathe
- So the bed is safe

Annotation: The number of ticks will not necessarily correspond to the marks awarded. This is a levels of response question – marks are awarded on the quality of the response given.

Level 3 checklist

- detailed explanation
- 2 or more precautions related to home
- Both choking and suffocation
- QWC high

Level 2 checklist

- some explanation
- 1 or 2 precautions maybe related to home
- may be unbalanced just choking or suffocation
- sub-max 4 for only one precaution or several not fully explained
- QWC mid

Level 1 checklist

- basic explanation
- limited information
- · precautions identified
- list like/muddled
- QWC low



Tick for precaution

Ε

For explanation

Level 3 (7-8 marks)

Answers will provide a detailed explanation of at least two precautions to prevent choking and suffocation in the home, clear and logically structured. There will be few errors, if any, of grammar, punctuation and spelling.

Level 2 (4-6 marks)

Answers will provide some explanation of 1 or 2 precautions to prevent choking and suffocation maybe related to the home Answers are presented with some structure and are relevant There may be some errors of grammar, punctuation and spelling. Sub-max of 4 if just one precaution done well or several not fully discussed.

Level 1 (1-3 marks)

Answer provides basic/limited explanation of precautions to prevent choking and/or suffocation
Answers may be list like, muddled, demonstrating little knowledge or understanding. Errors of grammar and spelling may be noticeable and intrusive.

0 marks – response not worthy of credit.

Question	Answer	Mark	Guidance
Question	Allawei	WIGHT	Guidance

Three marks for a description. (a) 3 Annotation: (1x3)The number of ticks must match the number of marks awarded. Role of the midwife in supporting Charlie: For an **incorrect** answer use the **cross** or appropriate is an expert in normal pregnancy and birth / will tell her what to annotation from the following: expect TV REP SEEN **A** will look after Charlie and her baby through ante natal care, labour, birth and up to 28 days after baby born For description: will provide full ante natal care / help create a birth plan 3 marks: identify high risk pregnancies Detailed description of role of midwife in supporting Charlie clinical examinations- checking urine/blood pressure/examine three valid points abdomen/measure womb/listen to baby's heartbeat 2 marks: checks the health of Charlie and baby • some description of role of midwife in supporting Charlie provide parenting classes, provides reassurance, comforting, two valid points develops self-confidence – helps support her mental health 1 mark: support Charlie through labour and birth limited description of role of midwife in supporting Charlie teach Charlie how to care/bath/feed baby one valid point provides breastfeeding advice Do not credit: gives advice on healthy eating and exercise for a healthy pregnancy make sure baby is ok answer questions/address worries Charlie may have / discuss see how much the baby weighs go through what will happen scans 'ante-natal meeting' tell her about what's going to happen

C	Question		Answer	Mark	Guidance
3	(b)	(i)	 Two diagnostic tests required. One mark for each. Chorionic villus sampling (CVS) Nuchal Translucency test / Nuchal Fold (NT) Alpha-fetoprotein test (AFP) 	2 (2x1)	Annotation: The number of ticks must match the number of marks awarded. For an incorrect answer use the cross or appropriate annotation from the following:
					Accept:

Quest	ion	Answer	Mark	Guidance
3 (b)	(ii)	Two risks/complications required. One mark for each. can cause miscarriage the risk is higher if the procedure is carried out before 15 weeks.' implications of late test on terminating pregnancy infection Rhesus disease	2 (2x1)	Annotation: The number of ticks must match the number of marks awarded. For an incorrect answer use the cross or appropriate annotation from the following: Do not credit: • could harm / damage / kill baby

Question	Answer	Mark	Guidance
Question 3 (c)	Three marks for an explanation. One required. Choosing to give birth in a private hospital: May think a private hospital provides better care because she is paying for it She may be famous and wants to give birth away from the public eye / wants to be private She can afford to pay for it. Can choose her own obstetrician Charlie will have her own private room/won't be on a ward Sam will be able to stay with her She can stay in hospital longer to get over the birth / not rushed in and out There is always a midwife/nurse/doctor to talk to and ask questions May be able to choose to have a caesarean birth which she couldn't have in a NHS hospital More flexible visiting Can provide additional services such as reflexology, hypnotherapy, aromatherapy	Mark 3 (1x3)	Guidance Annotation: The number of ticks must match the number of marks awarded. For an incorrect answer use the cross or appropriate annotation from the following: For the explanation: Any three valid explanation points about why Charlie may choose to give birth in a private hospital. Do not credit: • will be seen by more highly trained staff • more comfortable • more confidential • more private • less busy • can chose food / menu

C	Question		Answer	Mark	Guidance	
3	3 (d) (i)		Three marks for a description.	3 (3x1)	Annotation:	
			How a ventouse is used to aid delivery:		The number of ticks must match the number of marks awarded. For an incorrect answer use the cross or appropriate annotation from the following	
			Is a plastic or metal cap that fits on baby's head		A TV REP SEEN	
			 Is attached to baby's head by suction / is a suction cup 			
			As the mother pushed with each contraction an obstetrician gently pulls to help deliver the baby.		For the description of how a ventouse is used to aid delivery:	
			Helps to gently pull the baby out		1 mark for each valid point made – max 3	
					Do not credit: • rubber cap	

Question		Answer		Guidance Annotation:	
3 (d) (ii)					
		• Forceps	(1x1)	The number of ticks must match the number of marks awarded.	
		Caesarean (section) / C-section		For an incorrect answer use the cross or appropriate annotation from the following:	
				A TY REP SEEN	

Question		Answer		Guidance
4	(a)	Two marks for a description of function. Fallopian tubes(oviduct): Connect the ovaries to the uterus Are lined with minute hairs called cilia Each month an egg is released from an ovary into the fallopian tube Cilia help egg to reach the uterus by wafting it along the fallopian tube. Where egg travels down to uterus Where eggs are fertilised / meet sperm Ovary/ovaries: They control the production of hormones oestrogen and progesterone Eggs develop and mature inside ovaries It's where the eggs are stored Where an egg is released	8 (4x2)	Annotation: The number of ticks must match the number of marks awarded. For an incorrect answer use the cross or appropriate annotation from the following: TY REP SEEN For each description – max 2.
		Uterus/womb: The uterus is a hollow pear shaped organ It is where the embryo/unborn baby grows Where baby develops over 40 weeks/9 months Fertilised egg implants itself in uterus lining If egg not fertilised uterus lining is shed during menstruation Vagina: Muscular tube Connects cervix to outside of body Man's penis enters vagina during sex/receives sperm during intercourse Blood/unfertilised egg/uterus lining is shed through the vagina during menstruation where baby comes out during labour		

Question	Answer	Mark	Guidance	
4 (b)(i)	 One mark for a reason. Three required. Why pethidine should not be given too close to the birth: Takes about 20 minutes to work so baby may be born before it is effective Can affect the babies breathing Can make the baby drowsy / sleepy Can make the mother drowsy / sleepy The effect lasts for 2 - 4 hours so mother could still be affected after the birth 	3 (3x1)	Annotation: The number of ticks must match the number of marks awarded. For an incorrect answer use the cross or appropriate annotation from the following: TY REP SEEN	

Que	estion	Answer	Mark	Guidance
4	(b)(ii)	One mark for a benefit. One required.	1 (1x1)	Annotation: The number of ticks must match the number of marks awarded.
		Benefits of using TENS as a method of pain relief:		For an incorrect answer use the cross or appropriate annotation from the following:
		 Can keep moving around while using it / portable It won't directly interfere with labour. 		TV SEEN
		You can use it for as long as you want to and take it off if you want or need to.		
		There are no lasting side-effects / doesn't make you drowsy		
		It's safe for mother and baby.		
		Drug free pain relief / natural method		
		Don't need an anaesthetist, doctor or midwife to help you use it.		Do not credit:
		Can be used for a home birth.		Descriptions of how it works.
		Non-invasive.		
		You control it / can vary the strength		
		It's easy to use.		
		Works straight away		
		Can be used alongside other methods of pain relief i.e. Entonox/pethidine.		

Que	stion	Answer	Mark	Guidance
4	(c)	 Three marks for an explanation. One required. Shows parents/carers care about them/are interested in them Helps with the child's social development because they are spending time together 	3 (3x1)	Annotation: The number of ticks must match the number of marks awarded. For an incorrect answer use the cross or appropriate annotation from the following:
		Helps with child's emotional development as they feel loved/cared for/special		For the explanation:
		 Helps with language development/intellectual development Allows them to learn by asking questions Helps them to acquire concepts 		 3 marks: A clear reason stated with additional explanation / detail / example that shows understanding of why it is important for parents/carers to listen/talk to child Three valid explanation points made
		 Helps develop their listening skills Helps to improve learning/memory by copying/imitating Child will enjoy talking to parents Parents listening will encourage child not to hide anything from them 		2 marks: • Some explanation of why it is important for parents/carers to listen/talk to child • Two valid explanation points made 1 mark: • One reason identified • Limited or no explanation
		Develops a good relationship / bond Credit other appropriate explanations.		Do not credit: • negatives e.g. 'if parents don't talk to the child this will happen'

Que	stion	Answer	Mark	lark Guidance		
Que 4	stion (d)	 Answer Two benefits required. One mark for each. Benefits of the Domino Scheme for the delivery of a baby: Community midwife assesses mother during labour so move to hospital not made until close to delivery Feel in control, by being given the options, consulted about preferences and making choices Go through some/most of labour in a familiar environment / privacy Having no unessential intervention/lower likelihood of forceps/ventouse Having other children close by/less provision needs to be made to look after other children If all is well the mother can leave the hospital after six hours/hospital 	Mark 2 (2x1)	Guidance Annotation: The number of ticks must match the number of marks awarded. For an incorrect answer use the cross or appropriate annotation from the following TY REP SEEN		
		 More relaxing / comfortable going through some/most of labour at home / less stressful Mother has less chance of being separated from the baby Move to hospital not made until close to delivery Same community midwife throughout pregnancy, labour and birth/having a midwife who is familiar Benefits of both home & hospital 				

Question	Answer/Indicative content		Guidance			
Question	Answer/indicative content	Mark	Content	Levels of response		
5 (a)*	 Ways of meeting needs of children with food allergy or intolerance. Parents/carers should: Raise awareness - ensure everyone involved in caring for the child is aware of the food allergy/intolerance. Know how to recognise the symptoms of a reaction Ask doctor/hospital - so they know how to treat their child with a food allergy or intolerance Be aware of any medication / response their child needs – e.g. Epipen training Display in the kitchen / provide carers with a list of child's food allergies / intolerances to remind / inform them Check if their child's friends have food allergy / intolerance before coming to play Never give food or drink to a child without first checking that it is safe for them to have - check ingredients list Ensure preschool / school / other carers have full details of food allergy/intolerance/ on child's records When eating out/takeaways parents/carers to check what meals contain Educate child to not eat anything that parents/carers have not checked/given them permission to eat Have a stock of 'safe snacks'/make sure child always has 'safe snacks' with them Minimise risks by preparing meals from scratch Look for alternatives gluten free etc Wear an allergy bracelet to raise awareness Ensuring child still has a balanced diet with no deficiencies due to for example no dairy 	6	Annotation: The number of ticks will not necessarily correspond to the marks awarded. This is a levels of response question – marks are awarded on the quality of the response given. Level 3 checklist Detailed explanation 2 or more ways of meeting their needs Logical structure with well-developed line of reasoning Relevant information QWC – high Level 2 checklist Some explanation 1 or 2 ways of meeting their needs Some relevant information sub-max 3 for only one way done well or several not fully explained QWC – mid Level 1 checklist Basic explanation Ways identified List like/muddled QWC – low	Answers will provide a detailed explanation of at least two ways parents/carers can meet the needs of a child who suffers from food allergies /intolerances. The answer has a well-developed line of reasoning, is clear and logically structured. There will be few errors, if any, of grammar, punctuation and spelling. Level 2 (3–4 marks) Answers will provide some explanation of one or two ways parents/carers can meet the needs of a child who suffer from food allergies / intolerances Answers are presented with some structure and the information presented is in the most part relevant. There may be some errors of grammar, punctuation and spelling. Sub-max of 3 - if just one precaution done well or several not fully explained. Level 1 (1–2 marks) Answer provides basic/limited explanation of ways parents/carers can meet the needs of a child who suffers from food allergies/intolerances. List like answers should be placed in this level Answers may be muddled, demonstrating little knowledge or understanding. Errors of grammar and spelling may be noticeable and intrusive. 0 marks — response not worthy of credit.		

Question		Answer	Mark	Guidance
Question 5 (b)	Condition Anaemia Pre-eclampsia Rubella		1 (1x1)	Annotation: The number of ticks must match the number of marks awarded. For an incorrect answer use the cross. No other answer is acceptable. If more than one box is ticked: No mark should be awarded. Crossed Out Responses: Where a candidate has crossed out a response and provided a clear alternative then the crossed out response is not marked. Where no alternative response has been provided, examiners may give candidates the benefit of the doubt and mark the crossed out response where legible.
				J

Que	stion	Answer	Mark	Guidance
5	(c)	Two ways required. One mark for each. always cross on zebra crossing / find a safe place to cross hold hands at all time/under close under direct supervision of an adult teach child the green cross code / stop, look, listen teach to look both ways explain dangers to them / tell them about the risks use reins	2 (2x1)	Annotation: The number of ticks must match the number of marks awarded. For an incorrect answer use the cross or appropriate annotation from the following: TY REP SEEN
		Accept other appropriate ways.		

Question	Answer	Mark	Guidance
Guestion (a)	Two marks for a description. Two required. How providing a home meets a child's needs for shelter: Parents/carers provide somewhere safe for them to live Feel secure as living with family/parents/carers together Parents/carers provide warm dry conditions/effective roof so there is less chance of child developing illnesses/asthma/frequent chest infections Can be good for the child's health and well-being as can play in garden/fresh air if home provided has garden, benefits development Place they can call their own and where they can keep their possessions Clean / hygienic place to live Credit other appropriate ways.	Mark 4 (2x2)	Annotation: The number of ticks must match the number of marks awarded. For an incorrect answer use the cross or appropriate annotation from the following: For each description: 2 marks: • Answer includes detail that clearly shows understanding of how providing shelter meets a child's needs 1 mark: • A basic statement or identification with no elaboration Do not credit: • comfortable – is TV • provide food • provide clothes

Que	stion	Answer	Mark	Guidance	
6	(b)	One way required. One mark. Way that antibodies can be passed from the mother to her baby: Through the placenta / umbilical cord Through breast milk / breastfeeding / breastmilk	1 (1x1)	Annotation: The number of ticks must match the number of marks awarded. For an incorrect answer use the cross or appropriate annotation from the following:	
				These are the only two acceptable answers	
				If more than one way is given, credit the first one.	

Question	Answer	Mark	Guidance
6 (c)	 One mark for identification of symbol and one mark for its meaning. Two required. Lion Mark / Lion Symbol Shows the toy meets the British Toy Manufacturers Association standards of safety Symbol of safety and quality Adheres to strict advertising and counterfeiting ethics 	4 (4x1)	Annotation: The number of ticks must match the number of marks awarded. For an incorrect answer use the cross or appropriate annotation from the following:
	Age warning/age advice/0-3/symbol / correct drawing acceptable Warns parents toy is unsuitable for children under 3 years old/not to allow them to play with it Choking hazard usually because of small pieces CE Mark / CE A European Union symbol means the toy conforms with European safety standards Is the manufacturers declaration that the toy meets all toy safety requirements An enforcement mark and has to appear indelibly on the toy or its packaging A passport for toys in the EU Kite mark/BSI British Standards Institute (BSI) have tested the toy and it conforms to safety standards/safe to use Symbol of safety and quality Symbol of reliability		Some answers are interchangeable but do not accept repeats Do not credit: • just 'lion' must state 'lion mark' • the lion

Que	stion	Answer		Mark	Guidance
6	(d)			5 (5x1)	Annotation: The number of ticks must match the number of marks awarded.
		Example meeting the needs of an ill child	Answer P, I, E or S		For an incorrect answer use the cross .
		Arranging for the child's friends to visit them.	S		No other answers are acceptable.
		Giving medication when needed.	Р		If more than one letter has been put in a box: No mark should be awarded.
		Giving the child love and affection.	E		
		Giving the child books to read.	ı		
		Making sure the child gets enough sleep.	Р		Crossed Out Responses: Where a candidate has crossed out a response and provided a clear alternative then the crossed out response is not marked.
					Where no alternative response has been provided, examiners may give candidates the benefit of the doubt and mark the crossed out response where legible.

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