

## Thursday 13 January 2022 – Afternoon

### Level 3 Cambridge Technical in Sport and Physical Activity

05827/05828/05829/05872 Unit 3: Sports organisation and development

Time allowed: 1 hour

C401/2201



No extra materials are needed.



Please write clearly in black ink.

Centre number

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Candidate number

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First name(s)

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Last name

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Date of birth

D	D	M	M	Y	Y	Y	Y
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### INSTRUCTIONS

- Use black ink.
- Answer **all** the questions.
- Write your answer to each question in the space provided. If you need extra space use the lined pages at the end of this booklet. The question numbers must be clearly shown.

### INFORMATION

- The total mark for this paper is **60**.
- The marks for each question are shown in brackets [ ].
- Quality of written communication will be assessed in questions marked with an asterisk (\*).
- This document has **12** pages.

### ADVICE

- Read each question carefully before you start your answer.

FOR EXAMINER USE ONLY	
Question No	Mark
1	/15
2	/21
3	/9
4	/15
<b>Total</b>	<b>/60</b>

Answer **all** the questions.

- 1 (a) (i) Which of the following is **least** likely to be a sports development role of National Governing Bodies?

Place a tick (✓) in the box next to the correct answer.

(a) Developing their provision according to a Whole Sport Plan.

(b) Funding elite performers through the World Class Programme.

(c) Setting and enforcing rules and regulations.

(d) Working in partnership with Sport England.

[1]

- (ii) The Sport and Recreation Alliance works to provide subsidised physical activity opportunities for local communities.

Place a tick (✓) in the box next to the correct answer.

True

False

[1]

- (iii) Sport England works to increase the level of lifelong participation in sport and physical activity in the UK.

Place a tick (✓) in the box next to the correct answer.

True

False

[1]



(d) Regular participation in sport and physical activity can have many long-term positive effects.

(i) Identify **two** long-term effects that exercise may have on improving respiratory health and fitness.

1 .....

2 .....

[2]

(ii) Identify **two** long-term effects that exercise may have on improving cardiovascular health and fitness.

1 .....

2 .....

[2]

2 (a) There are many important roles in sports development. For example, an official is important to enforce game rules and protect participant safety.

Use examples to explain **three** other roles in sports development.

Role: .....

Explanation: .....

.....

.....

Role: .....

Explanation: .....

.....

.....

Role: .....

Explanation: .....

.....

.....

[6]

- (b) In sports development, coaches should use a range of leadership styles to suit different situations.

Use examples to describe the use of **two** different leadership styles in sport.

1 .....

.....

.....

2 .....

.....

.....

[2]

- (c) At the higher levels of the sports development continuum, the quality of coaching, equipment and facilities available to athletes is generally better.

Describe **three** other characteristics for each of the performance and excellence levels.

Performance: .....

.....

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.....

.....

.....

Excellence: .....

.....

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.....

.....

.....

.....

[6]



3 (a) Sport England monitors a National Governing Body’s impact on participation using their Whole Sport Plan (WSP) to determine future levels of funding.

(i) Identify **three** factors a Whole Sport Plan could be assessed against to measure if it is successful in raising participation levels.

- 1 .....
- 2 .....
- 3 .....

[3]

(ii) It is also important to monitor the impact sports development has on sports performance.

Identify **two** methods of measuring the impact of sports development on performance.

- 1 .....
- 2 .....

[2]

(b) Sports development providers should assess how successful their event or initiative is by its impact on society.

Complete the paragraph below using the most appropriate terms from the word bank provided.

A successful initiative such as Midnight Basketball (a late-night basketball league open to anyone who turns up) can have a positive impact on society. It may reduce ..... rates due to providing positive alternatives to ..... activity.

It could also benefit ..... as the initiative would require facilities to expand their opening times. Local levels of obesity and ..... may also improve over time as an indirect outcome.

Antisocial	Crime	Education
Employment	Funding	Housing
Life expectancy	Poverty	Sedentary

[4]

4 (a) Sports events can be local, regional, national, or international.

Identify **one** national event and **one** regional event.

National: .....

Regional: .....

[2]

(b) In addition to sporting success and fame, describe **five** other benefits an elite performer in sport may experience or gain.

1 .....

.....

2 .....

.....

3 .....

.....

4 .....

.....

5 .....

.....

[5]







**ADDITIONAL ANSWER SPACE**

If additional answer space is required, you should use the following lined pages. The question numbers must be clearly shown in the margins – for example, 2(d)(i) or 4(c)\*.

A vertical line on the left side of the page is followed by 25 horizontal dotted lines, providing a ruled area for writing answers.



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