



Accredited

RESOURCES LINK - R051, R052

VERSION 1 JUNE 2012

Sports Studies

Level 1/2

WELCOME

Resources Link is an e-resource, provided by OCR, for teachers of Cambridge National in Sports Studies. It provides descriptions of, and links to, a variety of teaching and learning resources that you may find helpful.

In Resources Link you will find details of OCR's own support materials along with information about publisher partner, endorsed and other independent resources.

Where appropriate, we have mapped the resources to the OCR specifications, and provided information about their cost and format.

If you know of other resources you would like to see included here, or discover broken links, please let us know. We would also like to hear from you if have any feedback about your use of these, or other, OCR resources. Please contact us at resourcesfeedback@ocr.org.uk

Types of Resource

OCR Produced Resources

These are resources devised and produced directly by the Resources Development Team at OCR.

Publisher Partner Resources

For many subjects OCR works with a publisher partner to ensure that good quality resources such as textbooks are available for first teaching.

Whilst the publisher partner has access to our subject experts and we quality check and endorse these resources they are produced by, and remain the property of, the publisher partner. There is no financial link between OCR and its publisher partners and we do not pay for the development of, or receive any royalties from, these resources.

Endorsed Resources

These resources were produced entirely independently of OCR, but we have quality checked them for their suitability as a resource to support our qualifications.

Other Resources

Unless specifically stated these resources are completely independently produced and are not endorsed by OCR. We have looked at them though, and we think they could be useful in supporting our specifications.

We leave it to you, as a professional educator, to decide if any of these resources are right for you and your students, and how best to use them.

You can now [click here](#), if you want to see an index of all resources mapped to subject topics, or alternatively flick the bottom right-hand corner of the page to start browsing.

Sport England



This resource looks at barriers to participation for women and women with children under 16

Supports: Level 1 / 2 Cambridge National in Sports Studies
Unit R051

Cost: Free

Format: Website

http://archive.sportengland.org/funding/active_women/barriers_to_participation.aspx

If you know of any resources that you think should appear here, or if you identify broken links please let us know. We would also like to hear from you with your feedback about your use of any of the resources listed here. Please contact us at

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Sport and Development



This resource is a report on participation and reasons why people do not participate in sport. Tutors need to put participation in the 'search'

Supports: Level 1 / 2 Cambridge National in Sports Studies
Unit R051

Cost: Free

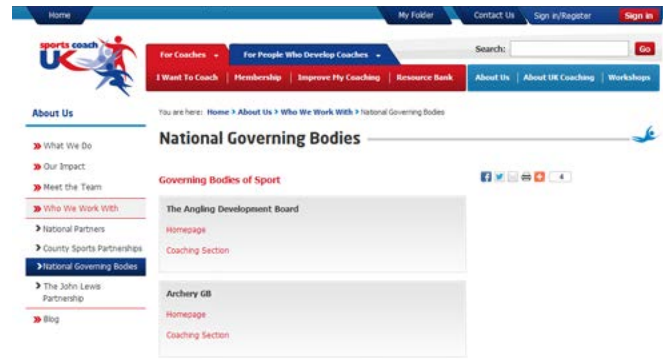
Format: Website

<http://www.sportanddev.org>

If you know of any resources that you think should appear here, or if you identify broken links please let us know. We would also like to hear from you with your feedback about your use of any of the resources listed here. Please contact us at

resourcesfeedback@ocr.org.uk

Sports Coach UK



This resource provides a link to all of the National Governing Bodies in sport.

Supports: Level 1 / 2 Cambridge National in Sports Studies
Unit R051

Cost: Free

Format: Website
<http://sportscoachuk.org/site-tools/about-us/who-we-work/national-governing-bodies>

If you know of any resources that you think should appear here, or if you identify broken links please let us know. We would also like to hear from you with your feedback about your use of any of the resources listed here. Please contact us at

resourcesfeedback@ocr.org.uk

Olympics – The International Olympic Committee



This resource is the official website of the Olympic movement. Tutors can find information about the ethos of the Olympics

Supports: Level 1 / 2 Cambridge National in Sports Studies
Unit R051

Cost: Free

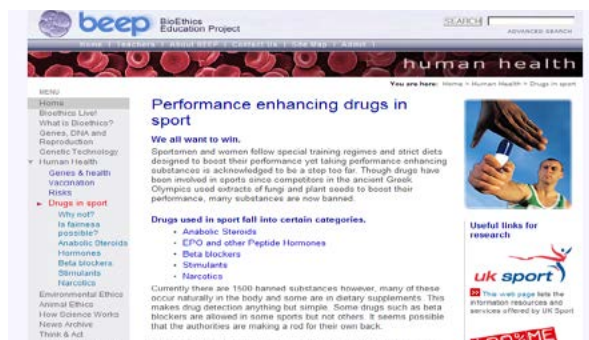
Format: Website

www.olympic.org/ioc

If you know of any resources that you think should appear here, or if you identify broken links please let us know. We would also like to hear from you with your feedback about your use of any of the resources listed here. Please contact us at

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Bioethics Education Project



This resource looks at performance enhancing drugs. It talks about the effects drugs have on the body – this helps to explain why they are used. It talks about whether or not drugs should be allowed in sport

Supports: Level 1 / 2 Cambridge National in Sports Studies
Unit R051

Cost: Free

Format: Website

www.beep.ac.uk/content/665.0.html

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Commission for a sustainable London



This resource list the legacy plans for the London 2012 Olympics

Supports: Level 1 / 2 Cambridge National in Sports Studies
Unit R051

Cost: Free

Format: Website

www.cslondon.org/sustainable-games/sustainable-legacy/

If you know of any resources that you think should appear here, or if you identify broken links please let us know. We would also like to hear from you with your feedback about your use of any of the resources listed here. Please contact us at

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Political, Social and Economic aspects of the Olympic Games



This resource is about the benefits of hosting the Olympics

Supports: Level 1 / 2 Cambridge National in Sports Studies
Unit R051

Cost: Free

Format: Can be downloaded from the website in a word format

<http://olympics.pthimon.co.uk/londonadv.htm>

If you know of any resources that you think should appear here, or if you identify broken links please let us know. We would also like to hear from you with your feedback about your use of any of the resources listed here. Please contact us at

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Rugby Network



This resource is an article about the etiquette in rugby and can be related to other sports

Supports: Level 1 / 2 Cambridge National in Sports Studies
Unit R051

Cost: Free

Format: Website

www.rugbynetwork.net/main/s101/st65567.htm

If you know of any resources that you think should appear here, or if you identify broken links please let us know. We would also like to hear from you with your feedback about your use of any of the resources listed here. Please contact us at

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World Anti-Doping Agency



The World Anti-Doping Agency's (WADA) mission is to lead a collaborative worldwide campaign for doping-free sport. This resource explains the current procedures for drug testing

Supports: Level 1 / 2 Cambridge National in Sports Studies
Unit R051

Cost: Free, but registration is required

Format: Website

<http://www.wada-ama.org/>

If you know of any resources that you think should appear here, or if you identify broken links please let us know. We would also like to hear from you with your feedback about your use of any of the resources listed here. Please contact us at

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England Athletics



This resources gives information on the London legacy; coaching awards; disability athletics the training of officials and all things that a national governing body does

Supports: Level 1 / 2 Cambridge National in Sports Studies
Unit R051

Cost: To buy new £29.00

Format: Book

<http://www.englandathletics.org/homepage.asp>

If you know of any resources that you think should appear here, or if you identify broken links please let us know. We would also like to hear from you with your feedback about your use of any of the resources listed here. Please contact us at

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English Federation of Disability Sport



The English Federation of Disability Sport (EFDS) was established in September 1998 as the national body and charity dedicated to disabled people in sport throughout England. They work closely with a number of key partners to improve and increase the opportunities offered, ensuring disabled people have a memorable experience of sport and physical activity

Supports: Level 1 / 2 Cambridge National in Sports Studies
Unit R051 and R052

Cost: Free

Format: Website

www.efds.co.uk

If you know of any resources that you think should appear here, or if you identify broken links please let us know. We would also like to hear from you with your feedback about your use of any of the resources listed here. Please contact us at

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Department for Culture, Media and Sport



The Department is responsible for the 2012 Olympic Games and Paralympic Games. They work to make sure the sport and leisure economies have the framework to grow and have real impact on people's lives. They create the conditions for growth by removing barriers, providing strategic direction and supporting innovation and creativity. They want to help create, the sporting stars of the future. They want everyone to be able to play sport.

Supports: Level 1 / 2 Cambridge National in Sports Studies
Unit R051

Cost: Free

Format: Website

www.culture.gov.uk

If you know of any resources that you think should appear here, or if you identify broken links please let us know. We would also like to hear from you with your feedback about your use of any of the resources listed here. Please contact us at

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Sport Scotland



They are the lead agency for the development of sport in Scotland, investing in developing a world class sporting system at all levels. They see a Scotland where sport is a way of life.

Supports: Level 1 / 2 Cambridge National in Sports Studies
Unit R051

Cost: Free

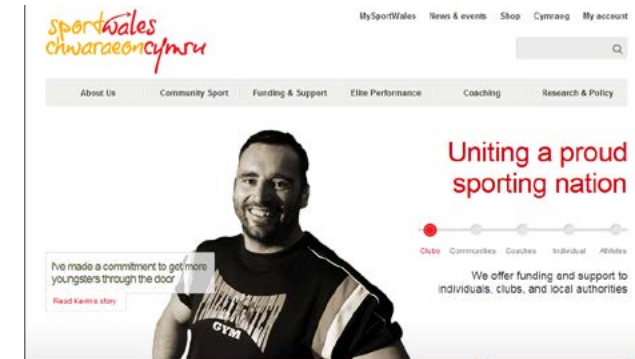
Format: Website

www.sportscotland.org.uk

If you know of any resources that you think should appear here, or if you identify broken links please let us know. We would also like to hear from you with your feedback about your use of any of the resources listed here. Please contact us at

resourcesfeedback@ocr.org.uk

Sport Wales



They work alongside key partners to support and deliver sporting opportunities across Wales

Supports: Level 1 / 2 Cambridge National in Sports Studies
Unit R051

Cost: Free

Format: Website

www.sportwales.org.uk

If you know of any resources that you think should appear here, or if you identify broken links please let us know. We would also like to hear from you with your feedback about your use of any of the resources listed here. Please contact us at

resourcesfeedback@ocr.org.uk

Sport Northern Ireland



Sport Northern Ireland is the leading public body for the development of sport in Northern Ireland. Their vision is to promote “a culture of lifelong enjoyment and success in sport which contributes to a healthy, fair and prosperous society”.

Supports: Level 1 / 2 Cambridge National in Sports Studies
Unit R051

Cost: Free

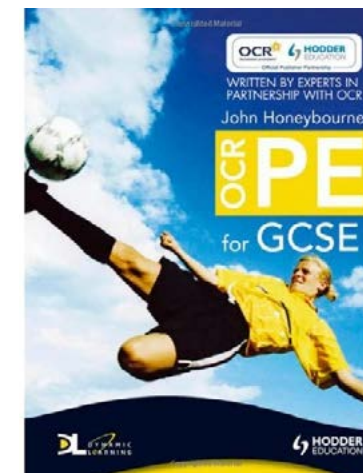
Format: Website

www.sportni.net

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resourcesfeedback@ocr.org.uk

OCR PE for GCSE



Text book for OCR GCSE PE. Chapters which are relevant are:

- Chapter 7 – Levels of participation in sport and physical activity
- Chapter 8 – Reasons for participation and non-participation in physical activity
- Chapter 9 – Specific social, cultural and locational factors affecting participation
- Chapter 10 – School influences on participation
- Chapter 11 - Identification and description of pathways for involvement in physical activity

Supports: Level 1 / 2 Cambridge National in Sports Studies
Unit R051 and R052

Cost: £18.99

Format: Text Book by John Honeybourne (2009) Published by Hodder education

http://www.hoddereducation.co.uk/Title/9780340983300/OCR_PE_for_GCSE.htm

If you know of any resources that you think should appear here, or if you identify broken links please let us know. We would also like to hear from you with your feedback about your use of any of the resources listed here. Please contact us at

resourcesfeedback@ocr.org.uk

Sport OCR National Level 2



Text book for OCR National in Sport Level 2. Chapters which are relevant are:
Unit 1 – The sporting environment (1.4; 1.6 and 1.7)
Unit 5 – Social issues in sport (5.1; 5.2 and 5.6)

Supports: Level 1 / 2 Cambridge National in Sports Studies
Unit R051
Cost: £21.99
Format: Textbook by Caplan, G., Smith, P. (2005) Published by Heinemann

If you know of any resources that you think should appear here, or if you identify broken links please let us know. We would also like to hear from you with your feedback about your use of any of the resources listed here. Please contact us at

resourcesfeedback@ocr.org.uk

Skills and Techniques



This resource looks at the components of a skill. Simple skills; complex skills; effect of skills and techniques on performance; what makes a skilled performance; skill learning; methods of practice and movement analysis

Supports: Level 1 / 2 Cambridge National in Sports Studies
Unit R052
Cost: Free
Format: Website

www.slideshare.net/PEEDC/skills-and-techniques

If you know of any resources that you think should appear here, or if you identify broken links please let us know. We would also like to hear from you with your feedback about your use of any of the resources listed here. Please contact us at

resourcesfeedback@ocr.org.uk

Talk Football – Football Tactics



This resource looks at team styles. Attacking - possession football; Counter attacking football; long-ball/direct football; wide play and alternating wingers; use of set plays. Defending - basic defensive team tactics; zonal defence; man-to-man marking

Supports: Level 1 / 2 Cambridge National in Sports Studies
Unit R052

Cost: Free

Format: Website

www.talkfootball.co.uk/guides/football_tactics.html

If you know of any resources that you think should appear here, or if you identify broken links please let us know. We would also like to hear from you with your feedback about your use of any of the resources listed here. Please contact us at

resourcesfeedback@ocr.org.uk

Sports Training Adviser



This resource has pages entitled - Reaction Time and Decision Making in Sports; Effective coaching feedback and Setting goals for sport

Supports: Level 1 / 2 Cambridge National in Sports Studies
Unit R051

Cost: Free

Format: Website

www.sports-training-adviser.com

If you know of any resources that you think should appear here, or if you identify broken links please let us know. We would also like to hear from you with your feedback about your use of any of the resources listed here. Please contact us at

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Teach PE



This resource has pages and video clips on coaching: athletics, badminton, basketball, football, hockey, netball, rugby and tennis. For example – netball :- coaching skills, shooting drills, ball skills, attacking play, attaching movement, defensive play, defensive movement, group drills, all court play

Supports: Level 1 / 2 Cambridge National in Sports Studies
Unit R052

Cost: Free

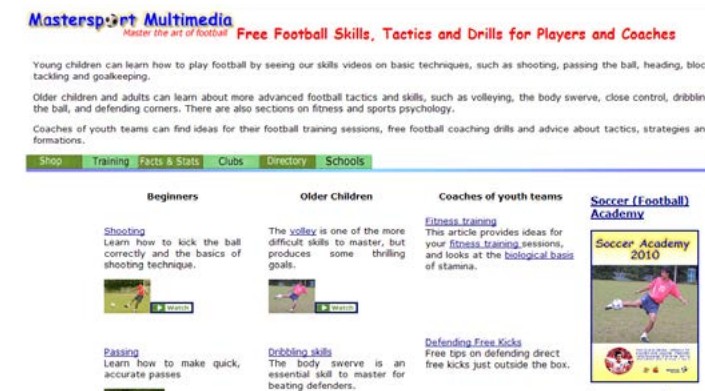
Format: Website and video clips

www.teachpe.com/netball/index.php#shooting

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Mastersport



This resource has pages and skills videos on basic techniques, such as shooting, passing the ball, heading, block tackling, volleying, the body swerve, close control, dribbling the ball, and defending corners. There are also sections on fitness and sports psychology. Coaches can find ideas for their football training sessions, free football coaching drills and advice about tactics, strategies and formations

Supports: Level 1 / 2 Cambridge National in Sports Studies
Unit R052

Cost: Free

Format: Website and video clips

www.mastersport.co.uk/soccerskills.htm

If you know of any resources that you think should appear here, or if you identify broken links please let us know. We would also like to hear from you with your feedback about your use of any of the resources listed here. Please contact us at

resourcesfeedback@ocr.org.uk

Badminton Information



This resource details the rules for badminton both singles and doubles

Supports: Level 1 / 2 Cambridge National in Sports Studies
Unit R052

Cost: Free

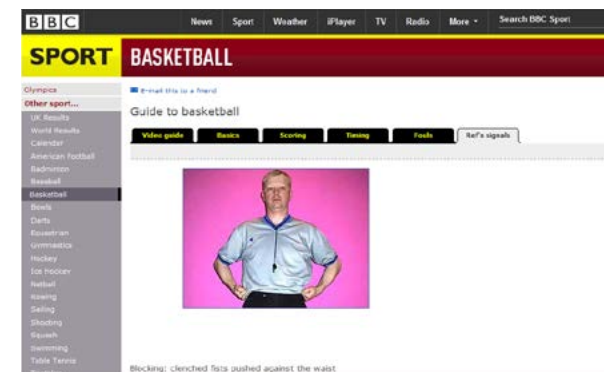
Format: Website

www.badminton-information.com/rules-of-badminton.html

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BBC Sport - Basketball



This resource details the rules of basketball and video clips of the hand signals

Supports: Level 1 / 2 Cambridge National in Sports Studies
Unit R051

Cost: Free

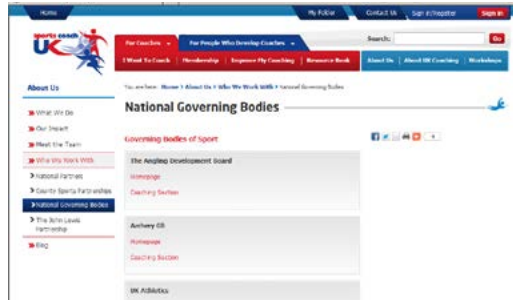
Format: Website and video clips

http://news.bbc.co.uk/sport1/hi/other_sports/basketball/4282648.stm

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Sports Coach UK



This resource provides a link to all of the National Governing Bodies in sport

Supports: Level 1 / 2 Cambridge National in Sports Studies
Unit R052

Cost: Free

Format: Website

www.sportscoachuk.org/site-tools/about-us/who-we-work/national-governing-bodies

If you know of any resources that you think should appear here, or if you identify broken links please let us know. We would also like to hear from you with your feedback about your use of any of the resources listed here. Please contact us at

resourcesfeedback@ocr.org.uk

Athlete Assessments



This resource looks at 'How to Improve Athlete Decision Making Skills' based on the six steps of decision making

Supports: Level 1 / 2 Cambridge National in Sports Studies
Unit R052

Cost: Free

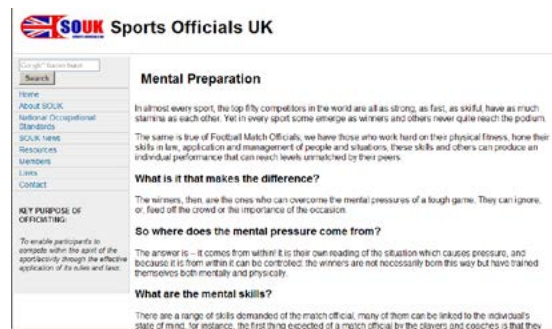
Format: Website

www.athleteassessments.com/articles/improve_athlete_decision_making_skills.html

If you know of any resources that you think should appear here, or if you identify broken links please let us know. We would also like to hear from you with your feedback about your use of any of the resources listed here. Please contact us at

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Sports Officials UK



This resource looks at the mental preparation and skills required to be a good official

Supports: Level 1 / 2 Cambridge National in Sports Studies
Unit R052

Cost: Free

Format: Website

www.sportsofficialsuk.com/resources/general/mentalpreparation.htm

If you know of any resources that you think should appear here, or if you identify broken links please let us know. We would also like to hear from you with your feedback about your use of any of the resources listed here. Please contact us at

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Coachwise 1st4sport



1st4sport.com is your one-stop shop for sports coaching, training and physical education books and resources. They work with industry experts so that they understand sport better than any other online publisher or retailer

Supports: Level 1 / 2 Cambridge National in Sports Studies
Unit R052

Cost: A wide range of resources can be bought off the website

Format: Website

www.1st4sport.com

If you know of any resources that you think should appear here, or if you identify broken links please let us know. We would also like to hear from you with your feedback about your use of any of the resources listed here. Please contact us at

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Sports Leaders UK



The Sports Leaders UK portfolio contains 13 awards and qualifications; they form a range of leadership training and involvement with sport, dance and physical activity that match requirements of all ages for sport, for education and for employment

Supports: Level 1 / 2 Cambridge National in Sports Studies
Unit R052

Cost: Awards and qualifications will incur a fee

Format: Website

www.sportsleaders.org

If you know of any resources that you think should appear here, or if you identify broken links please let us know. We would also like to hear from you with your feedback about your use of any of the resources listed here. Please contact us at

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Youth Sport Trust



The Youth Sport Trust is passionate about helping all young people to achieve their full potential – they have a range of support available to those working in education and school sport. Their extensive range of programmes and initiatives; sport and education resources; events and continuing professional development programmes; and a school Membership scheme are all created to achieve the best possible outcomes for young people

Supports: Level 1 / 2 Cambridge National in Sports Studies
Unit R052

Cost: Free

Format: Website

www.youthsporttrust.org

If you know of any resources that you think should appear here, or if you identify broken links please let us know. We would also like to hear from you with your feedback about your use of any of the resources listed here. Please contact us at

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Contact us

Staff at the OCR Customer Contact Centre are available to take your call between 8am and 5.30pm, Monday to Friday.

Telephone 02476 851509

Email cambridgenationals@ocr.org.uk

