

Thursday 26 May 2022 – Morning

Level 3 Cambridge Technical in Sport and Physical Activity

05827/05828/05829/05872 Unit 3: Sports organisation and development

Time allowed: 1 hour

C401/2206



No extra materials are needed.



Please write clearly in black ink.											
Centre number							Can	didate number			
First name(s)											
Last name											
Date of birth	D D	M	M	Υ	Υ	Υ	Υ				

INSTRUCTIONS

- Use black ink.
- Answer all the questions.
- Write your answer to each question in the space provided. If you need extra space use the lined pages at the end of this booklet. The question numbers must be clearly shown.

INFORMATION

- The total mark for this paper is 60.
- The marks for each question are shown in brackets [].
- Quality of written communication will be assessed in questions marked with an asterisk (*).
- This document has 12 pages.

ADVICE

· Read each question carefully before you start your answer.

FOR EXAMINER USE ONLY				
Question No	Mark			
1	/15			
2	/20			
3	/8			
4	/17			
Total	/60			

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Answer **all** the questions.

1		ere are many gover ne UK.	nmental departme	nts that are involve	ed in the organisa	tion of sport			
	(a)	Name three gove	rnmental departmo	ents involved in sp	oort in the UK.				
		1							
		2							
		3				[3]			
	(b)	Complete the state word bank provide		out Sport England	using the correct t				
		d community grou	ps to develop						
	rovides								
		for people to really shine.							
		Sport England ain	he number of peo	ple with					
	a sporting habit, create more opportunities f								
		, for example,							
		in athletics. It also aims to provide the most appropriate facilities in the best locations.							
		lifelong	maintain	increase	professional clubs	talent			
		opportunities	individuals	commercial opportunities	incentives	occasional			

(c)	One of the roles and responsibilities of sporting organisations in the UK is to provide funding.					
	Des	scribe four benefits to the UK of funding sport.				
	1					
	2					
	3					
	4					
			 [4]			
(al\	أم مرا					
(d)		cate whether each of the following statements is True or False. a tick (✓) in the box next to the one correct answer.				
	(i)	Local councils are concerned with providing elite level sport to their community.				
		True				
		False				
		I	[1]			
	(ii)	National disability sports organisations (NDSOs) bid for the Paralympics.				
		True				
		False				
			[1]			
	(iii)	UK Sport distributes lottery funding.				
		True				
		False				
			[1]			
		•				

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One of the target groups identified for sports development is physically inactive people.

		[3]
	3	
	2	
	1	
	inactive people like Dave.	
(b)	Identify three cardiovascular benefits of participating in physical activity for physically	
		. [3]
(a)	Describe a suitable warm up for Dave.	
Dav	e is 55 years old and has been physically inactive for the last 30 years.	
D = -	ra in EE vanage and another bear incoming the inserting for the class 20 varieties	

2

Initiatives like Sport England's 'Get Healthy, Get Active' have shown that sport can reach inactive people and get them moving, as shown in **Fig. 2**.

HEADLINES

Our data shows that just over 6 in 10 adults (28.0 m) gained the health benefits from achieving 150+ minutes of activity a week.

INACTIVE	FAIRLY ACTIVE	ACTIVE		
LESS THAN 30 MINUTES A WEEK	30-149 MINUTES A WEEK	150+ MINUTES A WEEK		
25.2%	12.5%	62.3%		
25.2% OF PEOPLE (11.3M) DID LESS THAN 30 MINUTES A WEEK	12.5% (5.6M) WERE FAIRLY ACTIVE BUT DIDN'T REACH 150 MINUTES A WEEK	62.3% (28.0M) DID 150 MINUTES OR MORE A WEEK		

Fig. 2

(c)	Describe three ways to increase participation in sport and physical activity among individuals who are currently physically inactive and give an example for each.
	[6]

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(d)*	Premier League Kicks (previously known as Kickz) is a national sports development programme in the UK that uses football to engage 12–18–year–olds in deprived areas. It delivers sports coaching plus educational workshops.					
	Explain the purpose of a sports development programme such as Premier League Kicks.					
	[8]					

Spo	Sports development has an impact on society in many ways. One of these is an economic							
-	npact.							
(a)	Explain how sport can contribute positively to the economy.							
(b)	The impact of sports development is sometimes measured by 'levels of performance' 'levels of participation'.							
	For an initiative aimed at promoting values through sport, suggest two ways in which each could be used to measure its impact.							
	Levels of performance							
	1							
	2							
	Levels of participation							
	1							
	2							

- Sporting events can be classified as being either local, regional, national or international.
 - (a) For each example of an event, tick one correct column to show whether it is a local, regional, national or international event.

Event	Local	Regional	National	International
Challenge Cup final (Rugby League)				
County badminton tournament				
London marathon				
Sunday league football match				

	football match			
				[4]
(b)	The Sainsbury's '1 mill children from around to try out a Paralympic sp	he UK involved in		
	Describe the key chara development initiative			on a sports
				[6]

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(c) Sports development often has to demonstrate success to show that it is worthwhile and

des	erves funding.
(i)	The organisers of a sports development initiative which was aimed at people in the 'participation' level of the sports development continuum are reviewing what they did.
	Describe three different ways they could show that the initiative was successful other than total numbers who participated in it.
	1
	2
	3
	[2]
	[3]
(ii)	The same organisers now want to plan and deliver a sports development initiative aimed at people in the 'excellence' level of the sports development continuum.
	They want to identify ways to measure the success of the initiative as part of the planning of the event.
	Suggest four different ways they could show that the initiative was successful given its focus on the 'excellence' level of the sports development continuum.
	1
	2
	3
	4
	[4]

END OF QUESTION PAPER

ADDITIONAL ANSWER SPACE

If additional answer space is required, you should use the following lined page. The question numbers must be clearly shown in the margins – for example, 2(b) or 3(a).



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