

CAMBRIDGE NATIONALS

Moderators' report

SPORT STUDIES

J803, J813

R052-R056 Summer 2022 series

Contents

- Introduction3
- Unit R052 General overview4
 - Comments by LO.....4
 - LO1 – Be able to use skills, techniques and tactics/strategies/compositional ideas as an individual performer in a sporting activity4
 - LO2 – Be able to use skills, techniques, and tactics/strategies/compositional ideas as a team performer in sporting activity5
 - LO3 – Be able to officiate in a sporting activity5
 - LO4 – Be able to apply practice methods to support improvement in a sporting activity6
- Unit R053 General overview7
 - Comments by LO.....7
 - LO1 – Know the personal qualities, styles, roles and responsibilities associated with effective sports leadership7
 - LO2 – Be able to plan sports activity sessions8
 - LO3 – Be able to deliver sports activity session8
 - LO4 – Be able to evaluate own performance in delivering a sports activity session8
- Unit R054 General overview9
 - Comments by LO.....9
 - LO1 – Know how sport is covered across the media9
 - LO2 – Understand positive effects that the media can have on sport9
 - LO3 – Understand negative effects that the media can have on sport10
 - LO4 – Understand the relationship between sport and the media10
 - LO5 – Be able to evaluate media coverage of sport10
- Unit R055 General overview11
 - Comments by LO.....11
 - LO1 – Know the areas of employment within the sports industry11
 - LO2 – Know the skills and knowledge required to work within the sports industry11
 - LO3 – Be able to apply for jobs within the sports industry12
 - LO4 – Understand the impacts which the sports industry has in the UK12
- Unit R056 General overview13
 - Comments by LO.....13
 - LO1 – Know about different types of outdoor activities and their provision13
 - LO2 – Understand the value of participating in outdoor activities14
 - LO3 – Be able to plan an outdoor activity14
 - LO4 – Be able to demonstrate knowledge and skills during outdoor activities14

Introduction

Our Lead Moderators' reports are produced to offer constructive feedback on centres' assessment of moderated work, based on what has been observed by the moderation team. These reports include a general commentary of accuracy of internal assessment judgements; identify good practice in relation to evidence collation and presentation and comments on the quality of centre assessment decisions against individual Learning Objectives. This report also highlights areas where requirements have been misinterpreted and provides guidance to centre assessors on requirements for accessing higher mark bands. Where appropriate, the report will also signpost to other sources of information that centre assessors will find helpful.

OCR completes moderation of centre-assessed work in order to quality assure the internal assessment judgements made by assessors within a centre. Where OCR cannot confirm the centre's marks, we may adjust them in order to align them to the national standard. Any adjustments to centre marks are detailed on the Moderation Adjustments report, which can be downloaded from Interchange when results are issued. Centres should also refer to their individual centre report provided after moderation has been completed. In combination, these centre-specific documents and this overall report should help to support centres' internal assessment and moderation practice for future series.

Advance Information for Summer 2022 assessments

To support student revision, advance information was published about the focus of exams for Summer 2022 assessments. Advance information was available for most GCSE, AS and A Level subjects, Core Maths, FSMQ, and Cambridge Nationals Information Technologies. You can find more information on our [website](#).

Would you prefer a Word version?

Did you know that you can save this PDF as a Word file using Acrobat Professional?

Simply click on **File > Export to** and select **Microsoft Word**

(If you have opened this PDF in your browser you will need to save it first. Simply right click anywhere on the page and select **Save as . . .** to save the PDF. Then open the PDF in Acrobat Professional.)

If you do not have access to Acrobat Professional, there are a number of **free** applications available that will also convert PDF to Word (search for PDF to Word converter).

Unit R052 General overview

All centres included a unit recording sheet with the candidates work that was to be moderated. Centres need to make sure that all centre and candidate details are entered into the appropriate sections at the top of the unit recording sheet. Centres are also reminded that the final piece of work should not be presented in plastic wallets/folders or as loose sheets of paper, but treasury tagged with the URS as the front sheet.

Where a centre has opted for the repository moderation when uploading the work can centres make sure that it is all appears the correct way up when looked at on the computer screen. Can centres also check that all of the work has been uploaded for each candidate.

This qualification requires centres to use one of the two set assignments provided by OCR. Within the set assignment there are witness statements for Unit R052 for LO1; LO2 and LO3the centre should adopt these. All centres have used the set assignments as required by OCR. Where these have been used it was clear to see that the candidates knew what tasks they had to do for this unit and candidates responded well to the tasks set.

When submitting candidates work for moderation the work should have the completed unit recording sheet at the front followed by the evidence for each Learning Outcome in Learning Outcome order. Each candidate's work should be presented as a separate entity.

Witness statements are required for LO1; LO2 and LO3 but not for LO4. Where witness statements are used as part of the evidence centres must make sure that they are detailed; personalised; significantly different from one another and not generic. Where the power point notes are included, centres should make sure that the type size enables reading with ease. The power points, when used exclusively as evidence, should include sufficient detail to quantify the mark given.

Centres are reminded that the evidence produced must be produced solely by the individual candidate there is no group work in this qualification.

Centres should make sure that they have a robust internal standardisation process and that all deliverers are assessing to the same standard and that the same level of detailed evidence is produced both in terms of candidate work and witness statements. The work submitting should also be in chronological order and annotated according to LO's.

Centres are reminded that use of centre devised templates, apart from those provided within the OCR model assignments, is not allowed. For further advice about this please contact the OCR Customer Contact Centre, Tel. 01223 553998.

There is a list of permitted activities list for all 4 LOs this is available on the OCR website. The list of permitted activities must be used for LO1; LO2, LO3 and LO4.

Comments by LO

LO1 – Be able to use skills, techniques and tactics/strategies/compositional ideas as an individual performer in a sporting activity

The majority of candidates demonstrated the key components of performance in a range of sporting activities. Many centres provided detailed witness statements, stating and commenting on the skills/techniques/strategies/compositional ideas that were actually demonstrated by the candidates. However, for MB3, many centres did not provide witness statements in enough detail therefore the evidence provided did not fully match the mark submitted.

The detail provided should link with the assessment criteria and the wording within the specification and when accessing MB3 should detail how the candidate was able to use advanced application of skills in order to 'outwit' an opponent.

Often the witness statements did not include the sporting activity that the candidates had been assessed in. Centres must make sure that the witness statements produced are personalised and significantly different from one another in order to access all mark bands. Video evidence alone is insufficient evidence the set assignment states 'recorded evidence should be supported by comments from the assessor. The only evidence required for this LO is a detailed witness statement. Video evidence is not required.

LO2 – Be able to use skills, techniques, and tactics/strategies/compositional ideas as a team performer in sporting activity

The majority of candidates demonstrated the key components of performance in a range of sporting activities. Many centres provided detailed witness statements, stating and commenting on the skills/techniques/strategies/compositional ideas that were actually demonstrated by the candidates. However, for MB3, many centres did not provide witness statements in enough detail therefore the evidence provided did not fully match the mark submitted. The detail provided should link with the assessment criteria and the wording within the specification and when accessing MB3 should detail how the candidate was able to use advanced application of skills in order to contribute to the success of the team. Often the witness statements did not include the sporting activity that the candidates had been assessed in. Centres must make sure that the witness statements produced are personalised and significantly different from one another in order to access all mark bands. The only evidence required for this LO is a detailed witness statement. Video evidence alone is insufficient evidence the set assignment states 'recorded evidence should be supported by comments from the assessor. The only evidence required for this LO is a detailed witness statement. Video evidence is not required.

LO1 and LO2

In order to provide sufficient evidence to substantiate a mark in MB3 for both LO1 and LO2 when completing the witness statement centres should answer the following questions: -

- what skills have been demonstrated to an advance standard?
- how have advanced application of skills been demonstrated?
- how have tactics been demonstrated?
- how have strategies have been applied?
- how have compositional ideas been demonstrated?
- how has decision making been demonstrated?
- how have accuracy and fluency been demonstrated?
- how has the candidate shown their ability to maintain constant and confident performance?
- how has the candidate demonstrated their awareness of their role within and contribution to the team and that their contribution is well developed (LO2)?

LO3 – Be able to officiate in a sporting activity

The majority of candidates demonstrated effective officiating skills. Centre's provided witness statements which were detailed. In order to access MB3 there needs to be details of the complex situation that the candidates were able to apply the rules and regulations to. Sheets on the rules were often included. If complex situations do not occur when a candidate is officiating, then complex scenarios can be given to the candidate and their responses can be documented in the Q & A section of the witness statement. Centres must make sure that the witness statements produced are significantly different from one another in order to access all mark bands. Rules tests alone are insufficient evidence. Video evidence alone is insufficient evidence as the set assignment states 'recorded evidence should be supported by

comments from the assessor. The only evidence required for this LO is a detailed witness statement. Video evidence is not required.

LO4 – Be able to apply practice methods to support improvement in a sporting activity

The majority of candidates were able to review their own performance. The candidates themselves need to provide the evidence for this LO. For MB2 and MB3 candidates need to review their performance in detail they also need to show an understanding of how to measure improvements. Candidates should focus on the skills of the sporting activity and should choose two or three weaknesses that they wish to improve. The skills are the focus of this LO not fitness components. For this LO candidates should focus on reviewing their performance in terms of strengths and weaknesses and describing the practice methods they would implement. Candidates often provide a detailed section on types of skills and practices. This should form part of their practices for improving their weaknesses rather than as a separate section. Candidates should be encouraged to use the terminology in the learning outcome when mentioning types of skills, types of practice and applying practice methods particularly when aiming for MB2 and MB3. In order to access even the top of MB1 candidates need to apply practice methods to more than one identified area needing improvement. Candidates need to show an understanding of how to measure improvement and should describe how this would be done rather than just providing evidence that improvement has taken place.

Unit R053 General overview

All centres included a unit recording sheet with the candidates work that was to be moderated. Centres need to make sure that all centre and candidate details are entered into the appropriate sections at the top of the unit recording sheet. Centres are also reminded that the final piece of work should not be presented in plastic wallets/folders or as loose sheets of paper, but treasury tagged with the URS as the front sheet.

Where a centre has opted for the repository moderation when uploading the work can centres make sure that it is all appears the correct way up when looked at on the computer screen. Can centres also check that all of the work has been uploaded for each candidate.

This qualification requires centres to use one of the two set assignments provided by OCR. Within the set assignment there is a witness statement the centre should adopt this for LO3. All centres have used the set assignments as required by OCR. Where these have been used it was clear to see that the candidates knew what tasks they had to do for this unit and candidates responded well to the tasks set.

When submitting candidates work for moderation the work should have the completed unit recording sheet at the front followed by the evidence for each Learning Outcome in Learning Outcome order. Each candidate's work should be presented as a separate entity.

A witness statement is only required for LO3. Where witness statements are used as part of the evidence centres must make sure that they are detailed; personalised; significantly different from one another and not generic. Where the power point notes are included, centres should make sure that the type size enables reading with ease. The power points, when used exclusively as evidence, should include sufficient detail to quantify the mark given.

Centres are reminded that the evidence produced must be produced solely by the individual candidate there is no group work in this qualification.

Centres should make sure that they have a robust internal standardisation process and that all deliverers are assessing to the same standard and that the same level of detailed evidence is produced both in terms of candidate work and witness statements. The work submitting should also be in chronological order and annotated according to LO's.

Centres are reminded that use of centre devised templates, apart from those provided within the OCR model assignments, is not allowed. For further advice about this please contact the OCR Customer Contact Centre, Tel. 01223 553998. Templates are included in the model assignment for LO2 in the form of a session plan and a risk assessment. It is recommended that the centre adopt these templates.

Comments by LO

LO1 – Know the personal qualities, styles, roles and responsibilities associated with effective sports leadership

The majority of candidates described a range of sports leadership roles and related responsibilities and made links between them. The candidates who accessed MB3 made clear and accurate links between the different roles and the personal qualities and leadership styles of those who undertake them. Many candidates accessing MB3 used a named successful manager and a named successful captain when demonstrating linkage. Some candidates used two managers when describing the linkage, it is recommended that the two successful leaders have different roles, e.g., a manager and a coach.

It is important that for all mark bands candidates include information on leadership styles and for MB3 link the leadership styles with the roles and responsibilities of successful leaders, explaining how they use their style of leadership to good effect. It would be beneficial if candidates used sporting examples relating to the last four to five years.

LO2 – Be able to plan sports activity sessions

The majority of candidates produced a session plan which demonstrated consideration of many of the key requirements for an effective and safe sporting activity session. In order to access the top of MB2 and MB3 the session plan should ideally include a warm-up; two skills plus progression of the skills; a small game and a cool down. The session plan needs to include details of how the session is organised, and details of the resources/equipment needed. The amount of prompting given was documented. All candidates produced a risk assessment, including corrective action, and some candidates included documentation relating to emergency procedures. All candidates need to include information on emergency procedures including those relating to equipment as often equipment is not included. Centres are reminded that the session plan has to be produced by the individual candidate and that the individual candidate has to deliver the session. Neither the session plan nor the delivery of the session are to be produced/delivered as part of a group.

LO3 – Be able to deliver sports activity session

The majority of candidates demonstrated the application of skills and knowledge in delivering a sports activity session. The evidence for this LO is a detailed witness statement which many centres provided. However, many centres did not provide witness statements in enough detail for MB3, in particular when assessing how the candidate adapted the session, therefore the evidence provided did not fully match the mark submitted. In order to access MB3 there needs to be details of exactly how the candidate adapted the session. If the session did not have to be adapted, then scenarios can be given to the candidate and their responses can be documented in the Q & A section of the witness statement. The only evidence required for this LO is a detailed witness statement. Video evidence alone is insufficient evidence the set assignment states 'recorded evidence should be supported by comments from the assessor. The only evidence required for this LO is a detailed witness statement. Video evidence is not required.

LO4 – Be able to evaluate own performance in delivering a sports activity session

The majority of candidates were able to evaluate their own performance in detail. Both positive and negative aspects were considered. To access the top of MB2 and MB3 there needs to be more of an emphasis on what improvements would be implemented. To access MB3 candidates need to include a section on ideas for improvement that are insightful and that address specific aspects of planning and delivery.

Unit R054 General overview

All centres included a unit recording sheet with the candidates work that was to be moderated. Centres need to make sure that all centre and candidate details are entered into the appropriate sections at the top of the unit recording sheet. Centres are also reminded that the final piece of work should not be presented in plastic wallets/folders or as loose sheets of paper, but treasury tagged with the URS as the front sheet.

Where a centre has opted for the repository moderation when uploading the work can centres make sure that it is all appears the correct way up when looked at on the computer screen. Can centres also check that all of the work has been uploaded for each candidate.

This qualification requires centres to use one of the two set assignments provided by OCR. All centres have used the set assignments as required by OCR. Where these have been used it was clear to see that the candidates knew what tasks they had to do for this unit and candidates responded well to the tasks set.

When submitting candidates work for moderation the work should have the completed unit recording sheet at the front followed by the evidence for each Learning Outcome in Learning Outcome order. Each candidate's work should be presented as a separate entity.

No witness statements are required for this unit. Where the power point notes are included, centres should make sure that the type size enables reading with ease. The power points, when used exclusively as evidence, should include sufficient detail to quantify the mark given.

Centres are reminded that the evidence produced must be produced solely by the individual candidate there is no group work in this qualification.

Centres should make sure that they have a robust internal standardisation process and that all deliverers are assessing to the same standard and that the same level of detailed evidence is produced both in terms of candidate work and witness statements. The work submitting should also be in chronological order and annotated according to LO's.

Centres are reminded that use of centre devised templates, apart from those provided within the OCR model assignments, is not allowed. For further advice about this please contact the OCR Customer Contact Centre, Tel. 01223 553998.

Comments by LO

LO1 – Know how sport is covered across the media

All candidates were able to identify the different areas of the media, supported by a limited range of sporting examples. To access MB3 candidates need to identify the majority of the different areas as listed in the specification, these need to be supported by a wide range of named sporting examples from different sport. The focus should be on a range of different sports not just football.

LO2 – Understand positive effects that the media can have on sport

The majority of candidates identified a range of possible positive effects that the media has on sport. To access MB2 and MB3 candidates needed to include more detail in their description. Also, in order to access MB3 candidates needed to fully explain why the sporting examples they have chosen have a positive effect on the sport.

LO3 – Understand negative effects that the media can have on sport

The majority of candidates identified a range of possible negative effects that the media has on sport. To access MB2 and MB3 candidates needed to include more detail in their description. Also, in order to access MB3 candidates needed to fully explain why the sporting examples they have chosen have a negative effect on the sport.

LO4 – Understand the relationship between sport and the media

The majority of candidates were able to describe a range of aspects of the relationship between sport and the media, supported with mostly relevant examples of their value to one another. Most were able to attempt some explanation of the ways in which sport and the media influence each other and some demonstrated a limited understanding of how this has changed over time. The assessment criteria for all mark bands requires some explanation of how sport and the media has changed over time. Many candidates did not include any information or included very limited information on how sport and the media has changed over time with the changes being implied rather than mentioned. To access the top of MB2 and MB3 there needs to be more of a focus on 'before' and 'now'. Often the changes over time are implied rather than specifically expanded on. If the changes are only implied, then the candidate cannot access MB3. The changes over time should be included throughout the work where appropriate and be clearly identifiable.

LO5 – Be able to evaluate media coverage of sport

For this LO candidates need to focus on coverage of a sports story as portrayed by two different areas of the media, e.g., a tabloid newspaper and a broadsheet newspaper: a newspaper and a web page. The two media sources must be included as part of the evidence for this LO. If the candidates do not include either copies of the articles or the web addresses of the articles to be used for evaluation, then they will only be able to access MB1. Centres can give the candidates the two media sources/articles that they are to evaluate. The majority of candidates evaluated the coverage of a sports story by the media. Some candidates just evaluated the coverage of sport in general by the media. Others just focused on the way that the articles themselves different in terms of how they were written. Centres need to refer to the set assignment to make sure that the candidates are providing the correct evidence for this LO as the focus must be on 'a sports story/item'. To access MB2 and MB3 candidates need to 'quote' from the two articles and their evaluation needs to be more detailed and reflect the content of the specification.

Unit R055 General overview

All centres included a unit recording sheet with the candidates work that was to be moderated. Centres need to make sure that all centre and candidate details are entered into the appropriate sections at the top of the unit recording sheet. Centres are also reminded that the final piece of work should not be presented in plastic wallets/folders or as loose sheets of paper, but treasury tagged with the URS as the front sheet.

Where a centre has opted for the repository moderation when uploading the work can centres make sure that it is all appears the correct way up when looked at on the computer screen. Can centres also check that all the work has been uploaded for each candidate.

This qualification requires centres to use one of the two set assignments provided by OCR. All centres have used the set assignments as required by OCR. Where these have been used it was clear to see that the candidates knew what tasks they had to do for this unit and candidates responded well to the tasks set.

When submitting candidates work for moderation the work should have the completed unit recording sheet at the front followed by the evidence for each Learning Outcome in Learning Outcome order. Each candidate's work should be presented as a separate entity.

No witness statements are needed for this unit. Where the power point notes are included, centres should make sure that the type size enables reading with ease. The power points, when used exclusively as evidence, should include sufficient detail to quantify the mark given.

Centres are reminded that the evidence produced must be produced solely by the individual candidate there is no group work in this qualification.

Centres should make sure that they have a robust internal standardisation process and that all deliverers are assessing to the same standard and that the same level of detailed evidence is produced both in terms of candidate work and witness statements. The work submitting should also be in chronological order and annotated according to LO's.

Centres are reminded that use of centre devised templates, apart from those provided within the OCR model assignments, is not allowed. For further advice about this please contact the OCR Customer Contact Centre, Tel. 01223 553998.

Comments by LO

LO1 – Know the areas of employment within the sports industry

The majority of candidates were able to identify the areas of employment within the sports industry supported with examples. To access the top of MB2 and MB3 there needs to be a wider range of jobs included for each of the sub-headings in the specification.

LO2 – Know the skills and knowledge required to work within the sports industry

The majority of candidates were able to outline/describe the skills and knowledge required for a range of careers and professions within the sports industry. For MB2 a range is mentioned and for MB3 a wide range is mentioned therefore in MB2 three careers/professions should be described and for MB3 four careers/professions should be described. Candidates should refer to the skills and knowledge section of the specification and relate these wherever possible to the careers/professions chosen.

It would be beneficial to the candidates if the careers/professions chosen were related to their potential aspirations

LO3 – Be able to apply for jobs within the sports industry

The majority of candidates identified sources of information regarding job vacancies relevant to the sports industry. All candidates researched into a specific job. The specific job that they have researched should be, wherever possible, related to something that they could apply for when they have completed the course, e.g., sports coach; leisure attendant as the CV they produce needs to relate more specifically to the specific job role they are applying for. Often the job role they have researched does not reflect their current skills and knowledge. The job role applied for needs to include where the job was advertised; and what the company is looking for in the applicant. It would be acceptable for them to apply for a job role that they might be suited to on completion of Year 12 however, a job requiring Level 4 qualifications should be avoided. The majority of candidates provided evidence that they have prepared for an interview. Some centres only provided a witness statement for this section of the LO this is insufficient evidence to quantify the mark given. Written notes or power point notes need to be included. The marking criteria does not require them to actually attend an interview. The majority of candidates provided a personal career plan. The career plan needs to contain dates.

LO4 – Understand the impacts which the sports industry has in the UK

The majority of candidates outlined a limited range of economic, social and health impacts the sports industry has on the UK. In order to access the top of MB2 and MB3 there needs to be a detailed explanation of the economic, social and health impacts the sports industry has on the UK supported by clear and insightful examples.

Unit R056 General overview

All centres included a unit recording sheet with the candidates work that was to be moderated. Centres need to make sure that all centre and candidate details are entered into the appropriate sections at the top of the unit recording sheet. Centres are also reminded that the final piece of work should not be presented in plastic wallets/folders or as loose sheets of paper, but treasury tagged with the URS as the front sheet.

Where a centre has opted for the repository moderation when uploading the work can centres make sure that it is all appears the correct way up when looked at on the computer screen. Can centres also check that all of the work has been uploaded for each candidate.

This qualification requires centres to use one of the two set assignments provided by OCR. Within the set assignment there is a witness statement the centre should adopt this for LO4. All centres have used the set assignments as required by OCR. Where these have been used it was clear to see that the candidates knew what tasks they had to do for this unit and candidates responded well to the tasks set.

When submitting candidates work for moderation the work should have the completed unit recording sheet at the front followed by the evidence for each Learning Outcome in Learning Outcome order. Each candidate's work should be presented as a separate entity.

Witness statements are required for the two activities undertaken in LO4. It is recommended that there is a separate witness statement for each activity. Where witness statements are used as part of the evidence centres must make sure that they are detailed; personalised; significantly different from one another and not generic. Where the power point notes are included, centres should make sure that the type size enables reading with ease. The power points, when used exclusively as evidence, should include sufficient detail to quantify the mark given.

Centres are reminded that the evidence produced must be produced solely by the individual candidate there is no group work in this qualification.

Centres should make sure that they have a robust internal standardisation process and that all deliverers are assessing to the same standard and that the same level of detailed evidence is produced both in terms of candidate work and witness statements. The work submitting should also be in chronological order and annotated according to LO's.

Centres are reminded that use of centre devised templates, apart from those provided within the OCR model assignments, is not allowed. For further advice about this please contact the OCR Customer Contact Centre, Tel. 01223 553998.

There is a list of permitted activities list for LO4, and this is available on the OCR website.

Comments by LO

LO1 – Know about different types of outdoor activities and their provision

The majority of candidates were able to define outdoor activities and briefly describe a range of activities. Where definitions are included, they must be referenced and interpreted in the candidates' own words. To access higher than MB1 candidates need to include a definition of outdoor activities and information on a range of outdoor activities. The examples of outdoor activities as listed in the specification should form the basis for the evidence for this LO. Each activity should include a description of what the activity is; the equipment needed to participate in the activity and where possible where it can be experienced locally and nationally.

The majority of candidates needed to describe in more detail what the activity actually involves. Many candidates described the provision of outdoor activities in the UK. However, there needs to be a more comprehensive description to access MB3.

LO2 – Understand the value of participating in outdoor activities

Many candidates described the general benefits of participating in outdoor activities and the skills which can be developed. Candidates need to use the headings in the specification when looking at the benefits and should focus on these. Also, the focus is on participating in outdoor activities so the descriptions should be related to participating in outdoor activities with appropriate examples not on fitness related benefits. Examples used where possible should relate to actually participating in outdoor activities. In order to achieve this, it is recommended that candidates learn about the value of participating in outdoor activities before participating then re-visit this LO after participating and add details of their experiences while participating under the appropriate heading.

LO3 – Be able to plan an outdoor activity

The majority of candidates produced a plan for an outdoor activity. Candidates were able to show an understanding of safety considerations. The plan for this LO does not need to be in the form of a formal session plan as many of the sub-headings within the specification have to be addressed and it is difficult to do this in a formal session plan. The evidence for this LO must relate to the content of the specification and is not just a session plan as would be presented for R053 Sports Leadership as the content of the plan for R056 LO3 is completely different as it not really suited to a conventional session plan. As the unit is entitled 'developing knowledge and skills in outdoor activities' the activity must take place outdoors. Where the plan relates to an activity the candidate is going to participate in it should be produced before participation in the activity not after. Where candidates are producing a plan for the same outdoor activity there needs to be some significant differences in the way that they are presented particularly if the candidates are hoping to access MB3. A session plan for rock climbing must relate to climbing outdoors if the candidate is aiming for MB3 in LO4. The session plan must relate to a permitted activity.

LO4 – Be able to demonstrate knowledge and skills during outdoor activities

All candidates participated in at least one outdoor activity. The LO is 'Be able to demonstrate knowledge and skills during outdoor activities' therefore candidates need to participate in more than one activity – usually they take part in two. The evidence for this LO is often in the form of witness statements. Often the witness statements are detailed. It is recommended that there are two witness statements - one for each activity. Centres need to make sure that the detail in the witness statement fully represents the specification and the assessment criteria and should include details on safety and care for the environment and what actual skills have been demonstrated. Centres are reminded that the witness statements need to be detailed, personalised and significantly different for each candidate. Where activities are undertaken by tutors other than those from the centre the centre needs to make sure that they are detailed and significantly different for each candidate. Video evidence is not required.

Supporting you

Post-results services

If any of your students' results are not as expected, you may wish to consider one of our post-results services. For full information about the options available visit the [OCR website](#).

Keep up-to-date

We send a weekly roundup to tell you about important updates. You can also sign up for your subject specific updates. If you haven't already, [sign up here](#).

Teach Cambridge

We've created [Teach Cambridge](#) to be your key source of support for teaching our qualifications. Watch our brief [video tour](#) to see how this new service can help your teaching.

OCR Professional Development

Attend one of our popular CPD courses to hear directly from a senior assessor or drop in to a Q&A session. Most of our courses are delivered live via an online platform, so you can attend from any location.

Please find details for all our courses on the relevant subject page on our [website](#) or visit [OCR professional development](#).

Signed up for ExamBuilder?

ExamBuilder is the question builder platform for a range of our GCSE, A Level, Cambridge Nationals and Cambridge Technicals qualifications. [Find out more](#).

ExamBuilder is **free for all OCR centres** with an Interchange account and gives you unlimited users per centre. We need an [Interchange](#) username to validate the identity of your centre's first user account for ExamBuilder.

If you do not have an Interchange account please contact your centre administrator (usually the Exams Officer) to request a username, or nominate an existing Interchange user in your department.

Active Results

Review students' exam performance with our free online results analysis tool. It is available for all GCSEs, AS and A Levels and Cambridge Nationals.

It allows you to:

- review and run analysis reports on exam performance
- analyse results at question and/or topic level
- compare your centre with OCR national averages
- identify trends across the centre
- facilitate effective planning and delivery of courses
- identify areas of the curriculum where students excel or struggle
- help pinpoint strengths and weaknesses of students and teaching departments.

[Find out more](#).

Need to get in touch?

If you ever have any questions about OCR qualifications or services (including administration, logistics and teaching) please feel free to get in touch with our customer support centre.

Call us on
01223 553998

Alternatively, you can email us on
support@ocr.org.uk

For more information visit

 **ocr.org.uk/qualifications/resource-finder**

 **ocr.org.uk**

 **/ocrexams**

 **/ocrexams**

 **/company/ocr**

 **/ocrexams**

We really value your feedback

Click to send us an autogenerated email about this resource. Add comments if you want to. Let us know how we can improve this resource or what else you need. Your email address will not be used or shared for any marketing purposes.



I like this



I dislike this

Please note – web links are correct at date of publication but other websites may change over time. If you have any problems with a link you may want to navigate to that organisation's website for a direct search.



OCR is part of Cambridge University Press & Assessment, a department of the University of Cambridge.

For staff training purposes and as part of our quality assurance programme your call may be recorded or monitored. © OCR 2022 Oxford Cambridge and RSA Examinations is a Company Limited by Guarantee. Registered in England. Registered office The Triangle Building, Shaftesbury Road, Cambridge, CB2 8EA. Registered company number 3484466. OCR is an exempt charity.

OCR operates academic and vocational qualifications regulated by Ofqual, Qualifications Wales and CCEA as listed in their qualifications registers including A Levels, GCSEs, Cambridge Technicals and Cambridge Nationals.

OCR provides resources to help you deliver our qualifications. These resources do not represent any particular teaching method we expect you to use. We update our resources regularly and aim to make sure content is accurate but please check the OCR website so that you have the most up to date version. OCR cannot be held responsible for any errors or omissions in these resources.

Though we make every effort to check our resources, there may be contradictions between published support and the specification, so it is important that you always use information in the latest specification. We indicate any specification changes within the document itself, change the version number and provide a summary of the changes. If you do notice a discrepancy between the specification and a resource, please [contact us](#).

You can copy and distribute this resource freely if you keep the OCR logo and this small print intact and you acknowledge OCR as the originator of the resource.

OCR acknowledges the use of the following content: N/A

Whether you already offer OCR qualifications, are new to OCR or are thinking about switching, you can request more information using our [Expression of Interest form](#).

Please [get in touch](#) if you want to discuss the accessibility of resources we offer to support you in delivering our qualifications.