

CAMBRIDGE NATIONALS

Examiners' report

# SPORT STUDIES

J803, J813

**R051 Summer 2022 series**

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## Introduction

Our examiners' reports are produced to offer constructive feedback on candidates' performance in the examinations. They provide useful guidance for future candidates.

The reports will include a general commentary on candidates' performance, identify technical aspects examined in the questions and highlight good performance and where performance could be improved. A selection of candidate answers is also provided. The reports will also explain aspects which caused difficulty and why the difficulties arose, whether through a lack of knowledge, poor examination technique, or any other identifiable and explainable reason.

Where overall performance on a question/question part was considered good, with no particular areas to highlight, these questions have not been included in the report.

A full copy of the question paper and the mark scheme can be downloaded from OCR.

### Advance Information for Summer 2022 assessments

To support student revision, advance information was published about the focus of exams for Summer 2022 assessments. Advance information was available for most GCSE, AS and A Level subjects, Core Maths, FSMQ, and Cambridge Nationals Information Technologies. You can find more information on our [website](#).

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## R051 series overview

After the significant disruption to teaching and learning during the last two years it was pleasing to see such a large cohort being entered for this series of R051, and while there were inevitably some candidates who struggled with the paper, there were at the other extreme candidates who performed extremely well and gained high marks.

This qualification, and particularly Sport Studies, has grown exponentially over the last few years, with centres becoming increasingly more adept and confident in their preparation of candidates for external assessment.

Moving forwards, it is important that the changes in the new specification, which commences in September 2022, are implemented rigorously.

Candidates who did well on this paper generally did the following:	Candidates who did less well on this paper generally did the following:
<ul style="list-style-type: none"> <li>• fully read both the header and the question</li> <li>• focused on the specific detail embedded within the questions</li> <li>• gave question specific responses rather than generic phrases.</li> </ul>	<ul style="list-style-type: none"> <li>• offered generic words or phrases, e.g. role models, access, lack of transport when questions demanded a more focused answer</li> <li>• did not offer a balanced response to the extended question</li> <li>• included only limited developments and examples in the extended question.</li> </ul>

### Question 1

1 Identify whether the following examples of how a national governing body manages their sport fall under the heading of **promotion**, **development** or **infrastructure**.

(Tick the correct column to indicate your answer for each example listed.)

Example	Promotion	Development	Infrastructure
England Netball organising national competitions for under 14s			
The Rugby Football Union (RFU) delivering the Young Match Official programme to encourage more young people to become referees			
Rounders England publishing the official rules for all of its members			
The English Football Association (FA) increasing the level of media exposure of women's football			

[4]

The use of a table was a different way of testing candidate knowledge of national governing bodies and as such offered prompts to candidates in relation to the three areas of: promotion, development and infrastructure. However, while many candidates gained 2 or more marks, a number were still clearly unsure of the three elements that a national governing body might use to manage their sport.

### Question 2 (a)

2 England Netball has tried to increase participation among women over the age of 50 by developing the 'Walking Netball' initiative.

(a) Describe **two** potential barriers to women over the age of 50 participating in Walking Netball.

- 1 .....
- .....
- 2 .....
- .....

[2]

Many candidates gained both marks available, covering a variety of points on the mark scheme. However, this was one of several questions where some candidates offered generic statements, such as 'lack of time' as one of their responses. Candidates should be aware that statements containing 'lack of' should be qualified in relation to the subject content in the question.

### Question 2 (b)

(b) Suggest **three** ways the national governing body, England Netball, can fund initiatives to enable more over 50s to play netball.

- 1 .....
- 2 .....
- 3 .....

[3]

Not well answered by many candidates, with almost all failing to relate their responses to how England Netball is able to fund initiatives for over 50s. Numerous responses focused on the availability of concessionary sessions or transport, rather than how the governing body itself generates income to fund its initiatives. However, those who focused on the correct element in the question were easily able to access the 3 marks available.

### Question 3 (a)

3 Ben is currently unemployed and is looking for work. He lives at home with his parents and is keen to participate in more sporting activities.

(a) Identify **three** barriers that may prevent Ben from regular participation in sport.

- 1 .....
- 2 .....
- 3 .....

[3]

A number of candidates identified a lack of disposable income, together with, insufficient time due to looking for work as reasons why Ben might not take part in regular sport. However, there were a significant number of candidates who did not accurately apply the focus of the question in their responses and simply cited generic barriers such as 'lack of time', 'lack of money', 'lack of transport' and 'lack of awareness' as reasons for Ben's lack of participation in sport.

Centres are advised to encourage candidates to avoid simply regurgitating such phrases without incorporating the focus of the scenario. So, the 'lack of' comments above should read, 'a lack of time as Ben is looking for work', 'a lack of disposable income', 'not being able to afford transport' and 'a lack of awareness of the sports available'

### Question 3 (b)

(b) Suggest **three** solutions that could help Ben to participate in more sport.

solution 1 .....

.....

solution 2 .....

.....

solution 3 .....

.....

[3]

It is important that realistic solutions to barriers are offered, with 'buy a car', 'get a job', 'get parents to pay' being inappropriate solutions. In the same way that sufficient detail is provided in barriers questions, questions relating to solutions should also fulfil the parameters presented in the question. For example, 'provide free or subsidised sport sessions' is creditworthy, while 'offer discounts' offers no detail as to what is being discounted.

### Question 4

4 CrossFit is an emerging sport in the UK.

Describe **two** factors that can lead to an increase in participation for an emerging sport.

1 .....

.....

2 .....

.....

[2]

Emerging sports are already in existence and are already visible in the public domain. There are many CrossFit clubs in the UK, with some evidence of media coverage. However, the question is asking candidates to suggest how this participation can be increased, a factor that was not always addressed in candidate responses. So, 'media coverage' requires 'increased media coverage'. 'Advertise clubs' requires 'increased advertising or promotion'. A number of candidates referred to role models as a factor to increase participation but simply wrote the term 'role models'. Such a statement is too vague and candidates should describe how role models might be used to help increase participation in CrossFit.

### Question 5

- 5 Participation in women's football has increased following the success of the England Lionesses in the FIFA Women's World Cup.

Apart from the success of a team, identify and describe **two** factors that impact on the popularity of women's football in the UK.

factor .....

description .....

.....

factor .....

description .....

.....

[4]

In any question requiring candidates to identify factors, the factor must be listed exactly as in the specification. For example, 'media' on its own is too vague, whereas the phrase, 'media coverage' is creditworthy.

The description element of the question should illustrate how the factor impacts the popularity of women's football in terms of participation, spectatorship, and increased popularity and not simply describe the factor.



## Question 6

- 6 Complete the table below about the sporting values that can be promoted through participation in sport.

Sporting value	Description
Fair play	(a)
(b)	Learning how to work together and support others by playing as part of a team
Excellence	(c)
Citizenship	(d)
(e)	Developing an understanding of different countries and cultures

[5]

While (a) and (c) were generally well answered, there were nevertheless many candidates who offered the description of fair play as 'playing fairly', which is a repetition of the question. The answer to (b) is team spirit (as in the exemplar below), not teamwork, as was used by a significant number of candidates. (d) required candidates to relate their response to the local sports community, not simply the local community.

Exemplar 1

Sporting value	Description
Fair play	(a) Adhering to the rules and playing respectfully
(b) Team Spirit	Learning how to work together and support others by playing as part of a team
Excellence	(c) Trying your best to achieve your goal
Citizenship	(d) Helping out the community and meeting friends, volunteering at local clubs
(e) <del>Respect/Tolerance</del> Inclusion	Developing an understanding of different countries and cultures

Citizenship	S	Spec	[5]
Respect/Tolerance	T	Partic	
Excellence	D	E	
Team Spirit	C	A	
Inclusion	V	Role	
National Pride	R	Success	
Fair play	F	P.	
	W	Media	

  

A  
F  
I  
R  
E  
G  
A  
P

Question 7 (a)

7 A valuable part of sport is supporting your friends and family while they participate and demonstrating good spectator etiquette.

(a) Identify **two** examples of good spectator etiquette for a parent watching their child play rugby.

1 .....

.....

2 .....

.....

[2]

Generally well answered, with the main error for candidates who lost a mark being the identification of clapping and cheering their own child as one of their answers.

### Question 7 (b)

(b) Give **two** examples of how a rugby player can show good sportsmanship.

1 .....

.....

2 .....

.....

[2]

A number of candidates did not focus on the sport of rugby thereby losing marks by suggesting that the ball should be kicked out of play following an injury, a football rather than rugby example. 'Shaking hands after a game' lost a mark, where the mark scheme requires the identification of opponents to gain this mark. A further error for candidates was the suggestion that following a tackle (again football related) the player should help their opponent up... not exactly an example of sportsmanship when you have just fouled them!

### Question 8

8 Explain what the 'international element' of a major sporting event is.

.....

..... [1]

This was not well answered, with a significant number of candidates unable to offer a correct response to this question.

### Question 9

9 Which **one** of the following statements is **not** a potential legacy following a major sporting event?

(Circle your chosen option to indicate your answer.)

- (a) economic
- (b) political
- (c) social
- (d) sporting

[1]

### Question 10

10 Identify whether these major sporting events are **'one-off'**, **regular** or **regular and recurring**.

(Tick the correct column to indicate your answer for each major sporting event.)

Major sporting event	'One-off'	Regular	Regular and recurring
Wimbledon			
UEFA Champions League Final			
Olympic and Paralympic Games			
FA Cup Final			

[4]

This question clearly illustrated those who could differentiate between the definitions of 'One-off', Regular and Recurring and those who could not.

## Question 11 (a)

**11** A local tennis club would like to increase the number of disabled people who use their facilities to play tennis.

**(a)** Identify **three** barriers that may make it harder for disabled people to participate in tennis.

1 .....

2 .....

3 .....

[3]

As referred to previously, it is important that candidates identify the focus of a question, which in this instance was disabled people and direct their response more specifically. Generic statements such as 'lack of provision/awareness/access/facilities' are not specific and do not directly identify the barriers that a disabled person might face when attempting to participate in tennis.

See the exemplar below for a maximum scoring specific response.

### Exemplar 2

1 ...lack of awareness of activity provision.....

2 ...lack of accessibility to facilities such as ramps.....

3 ...lack of suitable session such as disabled only.....

### Question 11 (b)

(b) Describe **three** ways the tennis club could make the sport easier to participate in for a disabled performer.

1 .....

.....

2 .....

.....

3 .....

.....

[3]

In the same way that the barriers question, 11 (a), required a specific focus on disabled people, this question on solutions required a similar approach, with the emphasis being that adapted or specialised facilities/equipment/transport/role models could be offered to allow more disabled people to take part in tennis. Responses which simply stated to provide transport, equipment or classes were too vague and gained no marks.

### Question 12 (a)

12 Rio de Janeiro hosted the Olympic and Paralympic Games in 2016. There are both benefits and drawbacks of hosting a major sporting event.

(a) Describe **three** potential benefits of hosting a major sporting event.

1 .....

.....

2 .....

.....

3 .....

.....

[3]

Overall a well answered question, with many candidates gaining the maximum 3 marks available. One notable error for those who lost marks was the use of clipped responses such as 'tourism', 'transport' or 'more money', without the necessary detail required for a describe question.

### Question 12 (b)

(b) Describe **three** potential drawbacks for the host city **after** a major sporting event.

1 .....

.....

2 .....

.....

3 .....

.....

[3]

Candidates are clearly quite comfortable with the concept of hosting a major sporting event, with a significant number gaining the 3 marks on offer. However, marks were lost by some candidates who did not focus on the emboldened word **after**, in relation to the major sporting event, citing problems with litter, crowds, terrorism and traffic, which are not relevant to drawbacks after an event but are likely to be experienced during an event.

### Question 13

13 Which **one** of the following is an emerging sport in the UK?

(Circle your chosen option to indicate your answer.)

- (a) badminton
- (b) handball
- (c) volleyball
- (d) women's football

[1]

### Question 14

**14** Identify **three** testing methods the World Anti-Doping Agency (WADA) uses to identify performers who have been using performance enhancing drugs.

- 1 .....
- 2 .....
- 3 .....

**[3]**

Most candidates were able to identify three recognised testing methods from nail/hair/blood/urine offered on the mark scheme.

### Question 15\*

**15\*** After Russian athletes were found guilty of taking performance-enhancing drugs, WADA banned Russia from taking part in all major sporting events until 2023.

Discuss, using examples, why some sports performers choose to use performance-enhancing drugs and others do not.

.....

.....

.....

.....

.....

.....

..... **[8]**

There was a complete range of responses to this question, with some very good discussions of why performers might choose to use performance enhancing drugs while others don't, incorporating practical examples and a balanced approach towards both elements of the question. (See the exemplar, which illustrates part of a candidate's response.)

Centres should encourage candidates, when instructed, to incorporate appropriate and relevant practical examples as frequently as possible throughout their response, as failure to do so could reduce access to the higher level. Similarly, where a question requires candidates to visit more than one area in their response, failure to offer comments on both areas, thereby creating an imbalanced response, would again restrict access to the higher levels.

Dividing work into indented paragraphs allows candidates to check if they have covered all elements of an extended question and fulfils the grammar, punctuation and spelling focus in the assessment descriptors.



### Exemplar 3

There are many reasons why sport performers decide to use performance enhancing drugs (PEDs). One reason is pressure to succeed as an individual or for the nation, many athletes are in a lot of pressure to succeed for themselves or their nation by coaches, spectators and the country. Russian Athletes had pressure from nation

Another reason why some performers decide not to use drugs is consequences. For example these consequences can include being banned for the rest of your life and stripped from medals and wins. An example would be Tyson Gay, he used THG drugs to win in Athletics he was later caught and banned for several years and stripped from his wins.

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