

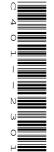
Thursday 12 January 2023 – Afternoon

Level 3 Cambridge Technical in Sport and Physical Activity

05827/05828/05829/05872 Unit 3: Sports organisation and development

Time allowed: 1 hour

C401/2301



No extra materials are needed.



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Please write clea	Please write clearly in black ink. Do not write in the barcodes.				
Centre number	Candidate number				
First name(s)					
Last name					
Date of birth	D D M M Y Y Y				

INSTRUCTIONS

- Use black ink.
- Answer all the questions.
- Write your answer to each question in the space provided. You can use extra paper if you need to, but you must clearly show your candidate number, the centre number and the question numbers.

INFORMATION

- The total mark for this paper is 60.
- The marks for each question are shown in brackets [].
- Quality of written communication will be assessed in questions marked with an asterisk (*).
- This document has 12 pages.

ADVICE

· Read each question carefully before you start your answer.

Answer all the questions.

1	(a)	There are many departments and organisations across the UK who are involved in the
		organisation of sport at a local and regional level.

(i)	Identify one organisation that is involved in organising local sport and a different one that is involved in organising regional sport in the UK.				
	Local				
	Regional[2]				

(ii) For each of the activities listed below, place a tick (✓) in the box to indicate which one organisation is most likely to do it.

	Sport and Recreation Alliance	National Lottery	UK Sport
Focus on grassroots participation and recruiting and training volunteers.			
Be a representative for National Governing Bodies.			
Manage the World Class Programme to support potential Olympic medallists.			
Provide sports clubs with funding through the Awards for All project.			
Invest government funding in paralympic sports.			

[5]

(b)	International Governing Bodies,	, Committees and Federations have lots of responsibility
	for sport around the world.	

They must work closely with UK organisations to ensure that some sports development events and initiatives are successful.

(1)	organisation that interact together.
	[2]
(ii)	UK-based sports development organisations will benefit from working with an International Governing Body, Committee or Federation.
	Describe three of these benefits.
	1
	2
	3
	[3]

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(c)*	Different UK organisations such as local councils, Community Sports Partnerships, National Governing Bodies and Sport England often work together to achieve their sports development aims.					
	Use an example of an event or initiative to discuss how different organisations contribute towards achieving the aim of increasing participation in sport in the UK.					
	[8]					

2	(a)	Des	cribe the foundation stage of the sports development continuum.
			[3]
	(b)		ny performers who undertake regular exercise in the participation stage of the sports elopment continuum will begin to experience physiological adaptations.
			cate whether each of the following statements is true or false by putting a tick (\checkmark) in box next to the correct answer for each question.
		(i)	In the respiratory system, the strength of the diaphragm and intercostal muscles are increased which results in increased stroke volume.
			True
			False
			[1]
		(ii)	In the cardiovascular system the chambers of the heart increase in size, therefore maximal cardiac output is increased and resting heart rate is reduced.
			True
			False
			[1]

(c) Sports development has a number of purposes, such as increasing participation, enabling progression in sport and promoting social values through sport.

	Explain three ways in which sports development can support social policy other than those identified above.
	1
	2
	3
)	Effective coaches must undertake a range of roles when working in sports development.
)	development.
)	development. Describe four roles that a coach might perform which promote sports development.
)	
)	development. Describe four roles that a coach might perform which promote sports development. 1
)	development. Describe four roles that a coach might perform which promote sports development. 1
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)	development. Describe four roles that a coach might perform which promote sports development. 1

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(d) Initiatives such as 'This Girl Can' have been introduced to encourage more girls and

-	women into sport.
	Using examples, describe three barriers to participation experienced by females.
	Barrier 1:
	Example:
	Barrier 2:
	Example:
	Barrier 3:
	Example:
	[6]

Link the measurement method with the e	xample of what it could be used to measure.
Surveys such as the Active People Survey.	How well a local sports club is run.
A benchmark or accreditation scheme.	The number of appropriately qualified volunteers who can safely work with children an young people.
Measuring impact on society, such as greater community involvement in sport.	Customer satisfaction with an organisation's delivery of activities in a clean and well maintained environment.
Self-assessment methods such as a service review.	A breakdown of who participates in particular sports and where.
	kling Inactivity in Colleges' distributed over across the country, to fund individual projects
Identify four specific purposes of measur	ing the success of an initiative such as this.
1	
2	
3	
4	

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1	(a)	'The	e Hundred' is a national event which promotes a modern approach to cricket.	
			a competition which is scheduled to take place each summer and aims to make ket more exciting and accessible to a wider audience.	
		(i)	Name two other national competitions or events from different sports which are aimed at delivering or promoting the aims of sports development.	
			1	
			2	[2]
			e Hundred' was initially heavily publicised and the first player draft was both televise streamed live on its website.	:d
		(ii)	Identify three other methods through which national events such as 'The Hundred could be promoted in the UK.	,
			1	
			2	
			3	 [3]
	41.			
	(b)		Prince's Trust is a charity which pays for coaching qualifications for volunteers.	
			ntify three other sources of funding for sports development initiatives.	
			e a different example of what each source may be used for in delivering sports elopment events and initiatives in the UK.	
		Sou	ırce:	
			mple:	
		Sou	rce:	
		Exa	mple:	
		Sou	ırce:	
		Exa	mple:	
				 [3]

(c)	In 2020, UK Sport launched 'GB Sport Media', a platform to showcase coverage of Olympic sports, interviews with athletes and articles on their preparation.		
	Explain the possible benefits to organisations such as UK Sport and National Governing Bodies as a result of this increased coverage.		

END OF QUESTION PAPER



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