



Oxford Cambridge and RSA

# Wednesday 24 May 2023 – Morning

## Level 3 Cambridge Technical in Sport and Physical Activity

05827/05828/05829/05872 Unit 3: Sports organisation and development

Time allowed: 1 hour

C401/2306



No extra materials are needed.



Please write clearly in black ink. **Do not write in the barcodes.**

Centre number

--	--	--	--	--

Candidate number

--	--	--	--

First name(s)

---

Last name

---

Date of birth

D	D	M	M	Y	Y	Y	Y
---	---	---	---	---	---	---	---

### INSTRUCTIONS

- Use black ink.
- Write your answer to each question in the space provided. If you need extra space use the lined pages at the end of this booklet. The question numbers must be clearly shown.
- Answer **all** the questions.

### INFORMATION

- The total mark for this paper is **60**.
- The marks for each question are shown in brackets [ ].
- Quality of written communication will be assessed in questions marked with an asterisk (\*).
- This document has **12** pages.

### ADVICE

- Read each question carefully before you start your answer.

1 (a) Name **two** National Disability Sports Organisations.

1 .....

2 .....

[2]

(b) (i) Active Partnerships (formerly County Sports Partnerships) are networks of local agencies that provide a single point of contact for organisations in sport.

Identify **four** roles of an Active Partnership.

1 .....

2 .....

3 .....

4 .....

[4]

(ii) Identify **two** organisations that Active Partnerships work with.

1 .....

2 .....

[2]

(c) National Governing Bodies (NGBs) oversee the development of their sport in many different ways.

State **five** ways an NGB develops their sport.

1 .....

.....

2 .....

.....

3 .....

.....

4 .....

.....

5 .....

.....

[5]

(d) There are many different organisations involved within sport both in the UK and internationally.

Identify **two** sports organisations. For **both** organisations, name another sports organisation that each one works with.

Describe a way in which the identified sports organisations would work together to develop sport in the UK.

Sports organisation .....

Sports organisation it would work with

.....

Way they would work together

.....

.....

.....

Sports organisation .....

Sports organisation it would work with

.....

Way they would work together

.....

.....

.....

[6]

- 2 (a) Young people aged 11–15 years old face many barriers to participating in regular physical activity both outside school and in the PE curriculum.

Identify **two** reasons why this age group may not participate in regular physical activity.  
Explain **one** way in which sports development can help overcome each of these barriers.

Reason for not participating

.....

One way in which sports development can help this

.....

.....

.....

Reason for not participating

.....

One way in which sports development can help this

.....

.....

.....

[4]

- (b) Name **two** other groups who may experience barriers to participating in physical activity.

1 .....

2 .....

[2]

(c) There are many reasons why sport and physical activity are beneficial for young adults aged 16–24 years.

For each of the physiological systems below identify **three** benefits of participating in sport and physical activity for young adults.

(i) Cardiovascular system

- 1 .....
- 2 .....
- 3 .....

[3]

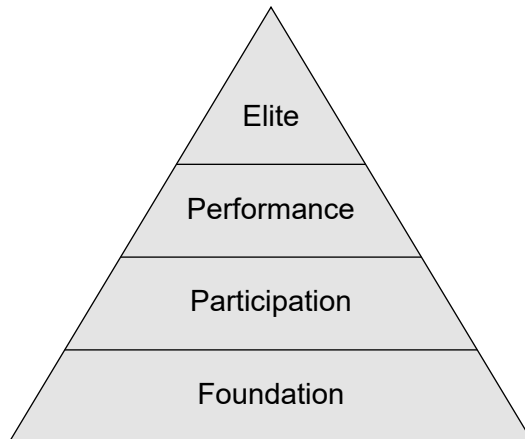
(ii) Musculo-skeletal system

- 1 .....
- 2 .....
- 3 .....

[3]

(d)\* Using examples, analyse how **two** different sporting roles support a sports performer as they progress through the sports development continuum as shown in **Fig. 1**.

[8]



**Fig. 1:** Sports Development Continuum

.....

.....

.....

.....

.....

.....

.....

.....

.....

.....

A series of 25 horizontal dotted lines spanning the width of the page, providing a template for handwriting practice.

3 When sports development initiatives and strategies are launched, they have specific aims which are usually about improving physical health, sporting success or having a social impact.

(a) For each of the following outcomes, describe **one** measure which could be used to show if a strategy was successful in achieving improvement.

Physical health

.....  
.....

Sporting success

.....  
.....

Social impact

.....  
.....

[3]

(b) For the Sporting Future Strategy the government replaced the Active People data source with the Active Lives survey in 2015. The new survey used an online method to collect data.

Suggest **four** benefits of using online surveys to collect data.

1 .....

.....  
.....

2 .....

.....  
.....

3 .....

.....  
.....

4 .....

.....  
.....

[4]

4 There are many different sports events and initiatives in the UK.

(a) (i) Identify a national sports event.

.....

(ii) Identify a national sports initiative.

.....

[2]

(b) When organising a national sports event a number of factors need to be taken into account.

Identify and explain **three** factors that need to be considered when organising a national sports event.

1 .....

.....

.....

2 .....

.....

.....

3 .....

.....

.....

[6]



- (c) There are many benefits to performers, sport and society from being involved in sport at a national level.

Apart from financial benefits, explain **two** ways in which each of the following can benefit from involvement in sport at a national level.

Performer

1 .....

.....

.....

2 .....

.....

.....

Sport

1 .....

.....

.....

2 .....

.....

.....

Society

1 .....

.....

.....

2 .....

.....

.....

[6]

**END OF QUESTION PAPER**

**ADDITIONAL ANSWER SPACE**

If additional answer space is required, you should use the following lined pages. The question numbers must be clearly shown in the margins – for example, 2(d) or 4(b).

A vertical line on the left side of the page is followed by 25 horizontal dotted lines, providing a ruled area for writing answers.

A series of horizontal dotted lines for writing, spanning the width of the page.



Oxford Cambridge and RSA

**Copyright Information**

OCR is committed to seeking permission to reproduce all third-party content that it uses in its assessment materials. OCR has attempted to identify and contact all copyright holders whose work is used in this paper. To avoid the issue of disclosure of answer-related information to candidates, all copyright acknowledgements are reproduced in the OCR Copyright Acknowledgements Booklet. This is produced for each series of examinations and is freely available to download from our public website ([www.ocr.org.uk](http://www.ocr.org.uk)) after the live examination series.

If OCR has unwittingly failed to correctly acknowledge or clear any third-party content in this assessment material OCR will be happy to correct its mistake at the earliest possible opportunity.

For queries or further information please contact the Copyright Team, OCR (Oxford Cambridge and RSA Examinations), The Triangle Building, Shaftesbury Road, Cambridge CB2 8EA.

OCR is part of Cambridge University Press & Assessment, which is itself a department of the University of Cambridge.

© OCR 2023

**C401/2306**