

## It's easy to join us

# Moving to the new Level 3 Cambridge Advanced National (AAQ) in Health and Social Care from NCFE CACHE in Health and Social Care

### Are you currently teaching the NCFE CACHE in Health and Social Care?

This guide will take a look at our Level 3 Cambridge Advanced National in Health and Social Care, show you how it compares to the NCFE CACHE in Health and Social Care and how you can easily move to teaching our new specification.

Developed with the support of teachers, our new Level 3 Cambridge Advanced National (AAQ) in Health and Social Care has a number of key benefits for teachers and students:

- teacher-friendly specification based on extensive research and engagement with the teaching community.
- straightforward for teachers to deliver and accessible for students.
- structure of the qualification can be tailored to suit your needs.

The unit grade awarded is based on the **total** number of achieved criteria for the unit. The total number of achieved criteria for each unit can come from achievement of any of the criteria (Pass, Merit or Distinction). This is **not** a 'hurdles-based' approach, so students do not have to achieve all criteria for a specific grade to achieve that grade (e.g. all Pass criteria to achieve a Pass).

We have designed our new specification to help students build real and relevant skills for the future.

#### Your students will develop:

- key knowledge, understanding and skills **relevant** to the subject, including the six Cs (Care; Compassion; Competence; Communication; Courage; Commitment)
- their ability to think creatively, innovatively, analytically, logically and critically
- their ability to **communicate and collaborate** effectively with individuals, creating and presenting information
- independent learning and self-directed study; spending time outside of lessons completing research and solving problems, recording research sources, then using them to interpret findings and present evidence
- a whole host of other **transferable skills** including time management, planning, presentation and research along with project-based working and reflective learning skills

### Our specification offers:

- **four mandatory units** that contain key knowledge beneficial for working in Health and Social Care settings.
- **two mandatory externally assessed units** that assess the principles of health and social care, anatomy and physiology, giving knowledge and understanding essential to working in health and social care.
- **two mandatory non-examined assessment (NEA) units** exploring a person-centred approach to care and how to support people with mental health conditions.
- **four optional NEA units** (of which two must be chosen) that explore a range of health topics.

# About our support

**We believe in developing specifications that help you bring the subject to life and inspire your students to achieve more.**

We've created teacher-friendly specifications based on extensive research and engagement with the teaching community as well as representatives from higher education. The new specifications are designed to be straightforward and accessible so that you can tailor the delivery of the course to suit your needs. We've clarified the depth and breadth required throughout, and we've made the assessment criteria clearer.

We offer a range of support services to help you at every stage, from preparation to delivery and assessment:

- **free OCR resources** to help you plan your teaching and get your students ready for assessment
- an extensive **range of free professional development courses** covering everything from getting started to hands-on assessment practice. There are also regular Q&A opportunities with moderators and examiners. To find out more, visit our professional development page.
- Active Results: our **free results analysis service** to help you review the performance of individual students or whole school
- ExamBuilder: our **free question-building platform** that helps you to build your own tests using past OCR exam questions
- **expert Subject Advisors** who are part of their subject communities and here to support you with advice, updates on resources, and information about training opportunities.
- **textbooks and teaching and learning resources from leading publishers.**

**To find out more about all of our support services, please visit [Teach Cambridge](#).**

# At a glance specification comparison

	OCR Level 3 Cambridge Advanced National (AAQ) in Health and Social Care	NCFE CACHE in Health and Social Care
Structure	<p><b>Extended Certificate (360 GLH):</b></p> <p>There are six units of assessment.</p> <p>Students must complete two mandatory, externally assessed units, two mandatory NEA units and two optional NEA units to achieve the qualification.</p> <p>Four mandatory units are:</p> <p>F090: Principles of health and social care  F091: Anatomy and physiology for health and social care  F092: Person-centred approach to care  F093: Supporting people with mental health conditions</p> <p>And two optional units from:</p> <p>F094: Supporting people with long term physiological conditions  F095: Investigating public health strategies  F096: Supporting people in relation to sexual health, pregnancy and postnatal health  F097: Supporting healthy nutrition and lifestyles</p> <p><b>Certificate (180 GLH):</b></p> <p>Three mandatory units:</p> <ul style="list-style-type: none"> <li>• one externally assessed unit</li> <li>• two NEA units</li> </ul> <p>F090: Principles of health and social care  F092: Person-centred approach to care  F093: Supporting people with mental health conditions</p>	<p><b>NCFE CACHE Level 3 Award (180 GLH)</b></p> <p>Students must complete three mandatory units.</p> <p>HSC CM1: Equality, diversity and rights in health and social care  HSC CM2: Human growth and development  HSC CM3: Safeguarding in health and social care</p>

## OCR Level 3 Cambridge Advanced National (AAQ) in Health and Social Care

## NCFE CACHE in Health and Social Care

<b>Grading</b>	<p>All results from each unit are awarded on the following scale:</p> <ul style="list-style-type: none"> <li>• Distinction</li> <li>• Merit</li> <li>• Pass</li> <li>• Unclassified</li> </ul> <p>The unit grade awarded is based on the total number of achieved criteria for the unit. The total number of achieved criteria for each unit can come from achievement of any of the criteria (Pass, Merit or Distinction). This is not a 'hurdles based' approach, so students do not have to achieve all criteria for a specific grade to achieve that grade.</p> <p>The overall qualification grades are awarded:</p> <ul style="list-style-type: none"> <li>• Distinction* (D*)</li> <li>• Distinction (D)</li> <li>• Merit (M)</li> <li>• Pass (P)</li> <li>• Unclassified (U)</li> </ul>	<p>Qualifications are graded A* - D</p>
<b>Assessment</b>	<p>F090 Exam 1 hour and 30 minutes F091 Exam 1 hour and 30 minutes F092 NEA F093 NEA</p> <p>F094 optional NEA F095 optional NEA F096 optional NEA F097 optional NEA</p>	<p>Portfolio of evidence - Three mandatory assessments set by NCFE CACHE and marked by the centre.</p> <p>HSC CM1 Internally assessed unit HSC CM2 Internally assessed unit HSC CM3 Internally assessed unit</p>

## OCR Level 3 Cambridge Advanced National (AAQ) in Health and Social Care

## NCFE CACHE in Health and Social Care

### Administration

External assessments available twice a year, with opportunity to resit.

Internal assessment with external moderation available in two assessment windows each year: January and June.

The NEA assignments will be valid for 2 year(s). The dates for which they are live will be shown on the front cover.

For external moderation, you must make unit entries for students before you can submit outcomes to request a visit.

Students can resit the examined unit twice before they complete the qualification.

Familiar administration for exam officers.

See the specification for full administration information

# Detailed comparison of units

## OCR Level 3 Cambridge Advanced National (AAQ) in Health and Social Care

### Unit F090

Principles of health and social care

OCR set and marked

60 Marks

80 GLH

1 hour and 30 minutes written examination

## NCFE CACHE Level 3 Award in Health and Social Care

### Comparable teaching content

Topic Area title	Teaching content reference	Teaching content title	Comparable teaching content
Topic Area 1: Equality, diversity, and rights in health and social care settings	1.1	Diversity	<p>HSC CM1: Equality, diversity and rights in health and social care</p> <p>1. Understand equality, diversity and rights in health and social care.</p> <p>2. Understand how to work in an inclusive way.</p> <p>3. Understand legislation and codes of practice in relation to inclusive practice in health and social care settings.</p> <p>4. Understand the role of the health and social care practitioner in relation to inclusive practice.</p>
	1.2	Equality	
	1.3	Rights	
	1.4	Discrimination in health and social care environments	
	1.5	Potential impacts on individuals of discrimination	
Topic Area 2: Managing hazards, health and safety in health and social care settings	2.1	Potential hazards in health and social care settings	<p>HSC CM5: Infection prevention and control in health and social care</p> <p>1. Understand types of biological organisms that cause disease.</p> <p>3. Understand transmission of disease.</p> <p>4. Understand methods of microorganism control.</p> <p>5. Understand precautions to be taken to reduce the spread of infection in a health or social care setting.</p> <p>6. Be able to minimise the spread of infection.</p> <p>9. Understand the role and responsibilities of the health and social care practitioner in relation to infection prevention and control.</p>
	2.2	Possible impacts of hazards on individuals receiving or providing care	
	2.3	Health and safety management	
	2.4	Health and safety incidents in health and social care settings	

*F090 comparison continues on next page.*

## OCR Level 3 Cambridge Advanced National (AAQ) in Health and Social Care

### Unit F090

Principles of health and social care

OCR set and marked

60 Marks

80 GLH

1 hour and 30 minutes written examination

## NCFE CACHE Level 3 Award in Health and Social Care

### Comparable teaching content

			HSC DM1: Empowerment in health and social care  2. Understand risk management when empowering individuals in health and social care settings.
Topic Area 3: Legislation in health and social care settings	3.1	The role of legislation	HSC CM1: Equality, diversity and rights in health and social care  3. Understand legislation and codes of practice in relation to inclusive practice in health and social care settings.  HSC CM3: Safeguarding in health and social care  2. Understand how to safeguard individuals in relation to legislation, policies and procedures.
	3.2	The Equality Act (2010)	
	3.3	The Health and Care Act (2022)	
	3.4	The Children Act (2004)	HSC CM4: Communication in health and social care  3. Understand legislation, policies, procedures and codes of practice relating to information management.  4. Understand how to work in line with legislation, policies, procedures and codes of practice relating to information management.
	3.5	Data Protection Act 2018 (GDPR)	
	3.6	Health and Safety at Work Act (1974)	
	3.7	Manual Handling Operations Regulations (1992)	HSC CM8: Working in health and social care  1. Understand legislation, policies and procedures in relation to health and social care.

*F090 comparison continues on next page.*

## OCR Level 3 Cambridge Advanced National (AAQ) in Health and Social Care

### Unit F090

Principles of health and social care

OCR set and marked

60 Marks

80 GLH

1 hour and 30 minutes written examination

## NCFE CACHE Level 3 Award in Health and Social Care

### Comparable teaching content

Topic Area title	Teaching content reference	Teaching content title	Comparable teaching content
	3.8	Control of Substances Hazardous to Health (COSHH) (2002)	<p>HSC CM5: Infection prevention and control in health and social care</p> <p>8. Understand the requirements of RIDDOR and COSHH in relation to infection prevention and control.</p>
	3.9	Reporting of Injuries, Diseases and Dangerous Occurrences Regulations (RIDDOR) (2013)	
Topic Area 4: Best practice in health and social care settings	4.1	Person-centred values	<p>HSC CM3: Safeguarding in health and social care</p> <p>1. Understand safeguarding.</p> <p>2. Understand how to safeguard.</p> <p>3. Understand factors that may contribute to an individual being vulnerable to harm or abuse, in relation to legislation, policies and procedures.</p> <p>4. Know signs, symptoms, indicators and behaviours that may cause concern.</p> <p>5. Understand the lines of reporting and responsibility in relation to the safeguarding, protection and welfare of individuals.</p>
	4.2	The 6Cs	
	4.3	Safeguarding in health and social care settings	

*F090 comparison continues on next page.*



## OCR Level 3 Cambridge Advanced National (AAQ) in Health and Social Care

### Unit F090

Principles of health and social care

OCR set and marked

60 Marks

80 GLH

1 hour and 30 minutes written examination

## NCFE CACHE Level 3 Award in Health and Social Care

### Comparable teaching content

#### Topic Area title

#### Teaching content reference

#### Teaching content title

4.4

Supporting practitioners to apply best practice in health and social care settings

6. Understand the role and responsibilities of the health and social care practitioner in relation to safeguarding individuals.

HSC CM8: Working in health and social care

4. Understand the roles and responsibilities of practitioners within health and social care.

HSC DM5: Personal and professional development

4. Understand the need for continuing professional development in the health and social care sector.

HSC CM9: Reflective practice

3. Understand how the health and social care practitioner's own values, beliefs and experiences can influence delivery of care.

4. Understand how to identify learning needs and plan for professional development in health and social care.

## OCR Level 3 Cambridge Advanced National (AAQ) in Health and Social Care

### Unit F091

**Anatomy and physiology for health and social care.**

**OCR set and marked**

**60 marks in total.**

**80 GLH**

**1 hour and 30 minutes written examination**

## NCFE CACHE Level 3 Award in Health and Social Care

### Comparable teaching content

Topic Area title	Teaching content reference	Teaching content title	Comparable teaching content
Topic Area 1: Cardiovascular system	1.1	Composition and functions of blood	HSC DM3: Anatomy and physiology for health and social care  1. Understand the structure and functions of the organ systems of the human body.  4. Understand how to obtain, record and report physiological measurements.
	1.2	The Heart	
	1.3	Blood vessels	
	1.4	Conditions of the cardiovascular system	
Topic Area 2: Respiratory system	2.1	Structure and function of the respiratory system	HSC DM3: Anatomy and physiology for health and social care  1. Understand the structure and functions of the organ systems of the human body.  4. Understand how to obtain, record and report physiological measurements.
	2.2	Mechanics of breathing	
	2.3	Gaseous exchange	
	2.4	Cellular respiration	
	2.5	Conditions of the respiratory system	
Topic Area 3: Digestive system	3.1	Structure and function of the digestive system	HSC DM3: Anatomy and physiology for health and social care  1. Understand the structure and functions of the organ systems of the human body.
	3.2	Mechanical and chemical digestion	
	3.3	Absorption and assimilation	
	3.4	Conditions of the digestive system	
Topic Area 4: Musculoskeletal system	4.1	Skeletal system	
	4.2	Muscular system	
	4.3	Conditions of the musculoskeletal system	
Topic Area 5: Control and regulatory systems	5.1	Environment	HSC DM3: Anatomy and physiology for health and social care  2. Understand homeostasis in the human body.
	5.2	Society	
	5.3	Conditions of the control and regulatory systems	

*F091 comparison continues on next page.*

## OCR Level 3 Cambridge Advanced National (AAQ) in Health and Social Care

### Unit F091

Anatomy and physiology for health and social care.

OCR set and marked

60 marks in total.

80 GLH

1 hour and 30 minutes written examination

## NCFE CACHE Level 3 Award in Health and Social Care

### Comparable teaching content

Topic Area title	Teaching content reference	Teaching content title	
Topic Area 6: Reproductive system	6.1	Female and male reproductive systems	
	6.2	Conditions of the reproductive system	
	6.3		

## OCR Level 3 Cambridge Advanced National (AAQ) in Health and Social Care

### Unit F092

#### Person-centred approach to care

#### OCR set assignment

#### Centre assessed and OCR moderated

50 GLH

## NCFE CACHE Level 3 Award in Health and Social Care

### Comparable teaching content

Topic Area title	Teaching content reference	Teaching content title	Comparable teaching content
Topic Area 1: Taking a person-centred approach	1.1	Current context of the person-centred approach	<p>HSC DM1: Empowerment in health and social care</p> <p>1. Understand empowerment of individuals in health and social care.</p> <p>2. Understand risk management when empowering individuals in health and social care settings.</p> <p>3. Understand the roles and responsibilities of the health and social care practitioner when empowering individuals.</p>
	1.2	What a person-centred approach is	
	1.3	Independence and rights	
	1.4	Benefits of a person-centred approach	
	1.5	Methods used to ensure a person-centred approach	
Topic Area 2: Meeting needs and providing support in a person-centred way	2.1	Types of impairment	
	2.2	Impact of an impairment on an individual's daily life	
	2.3	Understanding care and support needs arising from impairment	
	2.4	Addressing care and support needs	
Topic Area 3: Communication skills needed to offer person-centred care	3.1	Verbal communication skills	<p>HSC CM4: Communication in health and social care</p> <p>1. Understand communication channels in health and social care settings.</p> <p>2. Understand how to support communication.</p>
	3.2	Non-verbal communication skills	
	3.3	Factors which enhance/inhibit communication	
	3.4	Written communication skills in health and social care	

## OCR Level 3 Cambridge Advanced National (AAQ) in Health and Social Care

### Unit F093

#### Supporting people with mental health conditions

#### OCR set assignment

#### Centre assessed and OCR moderated

50 GLH

## NCFE CACHE Level 3 Award in Health and Social Care

### Comparable teaching content

Topic Area title	Teaching content reference	Teaching content title	Comparable teaching content
Topic Area 1: Definitions and views of mental health	1.1	Definitions of mental health	HSC CMO10: Mental health and well-being 1. Understand mental health and mental ill health.
	1.2	How society views mental health	
Topic Area 2: Mental health conditions	2.1	Types of mental health conditions	HSC CMO10: Mental health and well-being 1. Understand mental health and mental ill health.  2. Understand the impact of mental ill health on individuals and others.
	2.2	Signs and symptoms of mental health conditions	
	2.3	Individual factors which can increase the risk of suffering from mental health conditions	
	2.4	Effects of mental health conditions	
Topic Area 3: Provision of mental health services	3.1	Types of provision and mental health services in each type locally and nationally	HSC CMO10: Mental health and well-being 3. Understand how to promote and support mental health and well-being.  HSC CM8: Working in health and social care (only in relation to mental health) 3. Understand the functions of health and social care provision and factors which influence service delivery. 4. Understand the roles and responsibilities of practitioners within health and social care.
	3.2	Referral to different services	
	3.3	Practitioners who work in mental health	
	3.4	Legislation and individual rights relating to mental health	

*F093 comparison continues on next page.*

## OCR Level 3 Cambridge Advanced National (AAQ) in Health and Social Care

### Unit F093

#### Supporting people with mental health conditions

OCR set assignment

Centre assessed and OCR moderated

50 GLH

## NCFE CACHE Level 3 Award in Health and Social Care

### Comparable teaching content

Topic Area title	Teaching content reference	Teaching content title	Comparable teaching content
Topic Area 4: Treatment and support for mental health conditions	4.1	Types of treatment and support and how they work	HSC CMO10: Mental health and well-being  3. Understand how to promote and support mental health and well-being.
	4.2	Factors affecting access to treatment and support	HSC DM1: Empowerment in health and social care  2. Understand risk management when empowering individuals in health and social care settings.
	4.3	Person-centred approaches to support people with mental health conditions	

## OCR Level 3 Cambridge Advanced National (AAQ) in Health and Social Care

### Unit F094

**Supporting people with long term physiological conditions**

**OCR set assignment**

**Centre assessed and OCR moderated**

**50 GLH**

## NCFE CACHE Level 3 Award in Health and Social Care

### Comparable teaching content

Topic Area title	Teaching content reference	Teaching content title	Comparable teaching content
Topic Area 1: Long term physiological conditions	1.1	Types of long term physiological conditions	
	1.2	Causes of long term physiological conditions	
	1.3	Signs and symptoms of long term physiological conditions	
Topic Area 2: Monitoring and treatment	2.1	Monitoring	
	2.2	Treatment	
	2.3	Barriers to accessing treatment	
	2.4	Future developments for the condition	
Topic Area 3: Impact of long term conditions	3.1	Daily impacts	
	3.2	Long term impacts	
Topic Area 4: Support individuals to plan their care and support	4.1	Service provision	HSC CM8: Working in health and social care.  3. Understand the functions of health and social care provision and factors which influence service delivery.  4. Understand the roles and responsibilities of practitioners within health and social care.
	4.2	Practitioners	
	4.3	NICE Guidelines to support individuals	

## OCR Level 3 Cambridge Advanced National (AAQ) in IT: Data Analytics

### Unit F095

Investigating public health strategies

OCR set assignment

Centre assessed and OCR moderated

50 GLH

## NCFE CACHE Level 3 Award in Health and Social Care

### Comparable teaching content

Topic Area title	Teaching content reference	Teaching content title	Comparable teaching content
Topic Area 1: Understanding public health	1.1	The aims of public health	HSC CMO14: Public health for health and social care
	1.2	The benefits of public health on society	1. Understand factors which impact health and well-being.
	1.3	Key themes in public health	2. Understand the purpose of public health.
	1.4	Factors influencing public health	4. Understand current issues in public health.
Topic Area 2: Responding to public health challenges			HSC CM7: Sociological perspectives in health and social care
			2. Understand the social patterns and trends of health and illness in the population.
	2.1	Current strategies to improve public health	HSC CMO8: Health education
	2.2	Approaches to addressing public health challenges	2. Understand approaches to health education.
	2.3	Public health organisations and their roles	3. Understand behaviour change in health education.
	2.4	Settings and practitioners involved in public health	4. Understand the role of the health educator.
			HSC CM8: Working in health and social care.
			3. Understand the functions of health and social care provision and factors which influence service delivery.
			4. Understand the roles and responsibilities of practitioners within health and social care.

*F095 comparison continues on next page.*



## OCR Level 3 Cambridge Advanced National (AAQ) in IT: Data Analytics

### Unit F095

#### Investigating public health strategies

#### OCR set assignment

#### Centre assessed and OCR moderated

50 GLH

## NCFE CACHE Level 3 Award in Health and Social Care

### Comparable teaching content

Topic Area title	Teaching content reference	Teaching content title	Comparable teaching content
Topic Area 3: Proposing public health strategies	3.1	Design principles for public health strategies	HSC CMO8: Health education
	3.2	Research methods and sources	<p>1. Understand how health education campaigns are designed.</p> <p>2. Understand how to evaluate a health education campaign.</p> <p>3. Be able to design a health education campaign.</p> <p>HSC DM4: Research skills for health and social care (There is a link as some research and planning is required in the assignment)</p> <p>1. Understand research approaches and methodologies</p> <p>2. Understand ethical implications associated with undertaking research in health and social care.</p> <p>3. Understand how to plan a research project.</p>

## OCR Level 3 Cambridge Advanced National (AAQ) in Health and Social Care

### Unit F096

**Supporting people in relation to sexual health, pregnancy and postnatal health**

**OCR set assignment**

**Centre assessed and OCR moderated**

**50 GLH**

## NCFE CACHE Level 3 Award in Health and Social Care

### Comparable teaching content

Topic Area title	Teaching content reference	Teaching content title	Comparable teaching content
Topic Area 1: Advice and guidance on sexual health issues	1.1	Understanding sexual relationships	HSC CM2: Human growth and development  3. Understand significant life events within each stage of human development.
	1.2	Safe sex and contraception	
	1.3	Sexually Transmitted Infections (STIs)	
	1.4	Women's and men's sexual health issues	
	1.5	Other sources of support for sexual health issues	
Topic Area 2: Advice and guidance on pregnancy, birth and postnatal issues	2.1	Planning for conception	HSC CM2: Human growth and development  3. Understand significant life events within each stage of human development.
	2.2	Healthy pregnancy	
	2.3	Understanding pregnancy and birth	
	2.4	Postnatal considerations	
	2.5	Other sources of support	
Topic Area 3: Plan, deliver and review an advice and guidance session	3.1	Planning the session	HSC CMO8: Health education 1. Understand the relationship between health promotion and health education. 2. Understand approaches to health education. HSC DM4: Research skills for health and social care (There is a link as some research and planning is required in the assignment) 1. Understand research approaches and methodologies 2. Understand ethical implications associated with undertaking research in health and social care. 3. Understand how to plan a research project. HSC CM4: Communication in health and social care 2. Understand how to support communication.
	3.2	Delivering the session	

## OCR Level 3 Cambridge Advanced National (AAQ) in Health and Social Care

### Unit F097

#### Supporting healthy nutrition and lifestyles

#### OCR set assignment

#### Centre assessed and OCR moderated

50 GLH

## NCFE CACHE Level 3 Award in Health and Social Care

### Comparable teaching content

Topic Area 1: Dietary and activity needs of individuals	1.1	Dietary needs	HSC CMO12: Nutrition for health and social care  1. Understand what constitutes a healthy diet.
	1.2	Physical activity guidelines and energy balance	
Topic Area 2: Factors that influence dietary choices and physical activity levels	2.1	Factors that influence dietary choices	HSC CMO12: Nutrition for health and social care  2. Understand nutritional needs across the lifespan. 3. Understand special dietary requirements. 4. Understand the impact of poor diet on health and well-being.
	2.2	Digestive disorders	
	2.3	Factors that influence physical activity levels	
	2.4	Understanding factors relating to diet and physical activity levels	
Topic Area 3: Supporting individuals to plan meals that meet their needs	3.1	Meal planning	HSC CMO12: Nutrition for health and social care  4. Understand the impact of poor diet on health and well-being. 6. Understand how to make recommendations for nutritional health. 5. Understand how to promote healthy eating within health and social care.
	3.2	Food labelling	
	3.3	Supporting social interaction at mealtimes	

# Next steps

If you are an OCR-approved centre, all you need to do is download the specification and start teaching. Your exams officer can complete an intention to teach form which enables us to provide appropriate support. When you're ready to enter your students, you just need to speak to your exams officer.

1. Get to know the specification, sample assessment materials and teaching resources on our [Cambridge Advanced National \(AAQ\) in Health and Social Care website](#).
2. Sign up to [receive subject updates by email](#).
3. Sign up to attend a [training event](#) or take part in a webinars on specific topics running throughout the year and our Q&A webinar sessions every half term.

**To find out more about all of our support services, please visit [Teach Cambridge](#).**

## Need to get in touch?

If you ever have any questions about OCR qualifications or services (including administration, logistics and teaching) please feel free to get in touch with our customer support centre.

Call us on  
**01223 553998**

Alternatively, you can email us on  
**support@ocr.org.uk**


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