

Unit Title: **YPO09 Support young people with mental health problems**
 Level: 3
 Credit value: 3
 Guided learning hours: 23
 Unit accreditation number: T/502/5240

Unit purpose and aim

This unit aims to provide the learner with the knowledge and understanding of the issues affecting young people with mental health problems, and to know how to support them and to understand the relevant statutory and legal frameworks.

Learning Outcomes The learner will:	Assessment Criteria The learner can:	Exemplification
1 Understand the issues affecting young people with mental health problems	1.1 Explain the social, emotional and psychological issues that may affect the well-being of young people with mental health problems 1.2 Explain the factors that may affect the needs of these young people, such as physical, medical and mental health care, social and sexual well-being or harmful behaviours	
2 Understand how to support young people with mental health problems	2.1 Describe the sources of information, agencies and support services which are available to help young people with mental health problems 2.2 Explain how to help build self-confidence, independence and self-esteem in young people with mental health problems 2.3 Enable young people with mental health problems to express their views, anxieties and feelings	

	about their support needs, without fear of pressure or judgement	
3 Know about the statutory and legal frameworks in relation to young people with mental health problems	<p>3.1 Describe the statutory and legal frameworks for protecting young people with mental health problems</p> <p>3.2 Explain how to work in partnership with families, parents, carers or significant others in a way that balances the rights and interests of these young people against any limitations required for their protection</p>	

Assessment

This unit needs to be assessed in line with the Skills for Care and Development QCF Assessment principles.

This unit may be assessed using any method, or combination of methods, which clearly demonstrates that the learning outcomes and assessment criteria have been met.

Guidance on assessment and evidence requirements

OCR does not stipulate the mode of delivery for the teaching of the content of this unit. Centres are free to deliver this unit using any mode of delivery that meets the needs of their candidates. Centres should consider the candidates' complete learning experience when designing learning programmes.

Details of relationship between the unit and national occupational standards

This unit has been developed by Skills for Care and Development in Partnership with Awarding Organisations. It provides a key progression route between education and employment (or further study/training leading to employment). It is directly relevant to the needs of employers and relates to national occupational standards developed by Skills for Care and Development.

As such, the unit may provide evidence for the following national occupational standards in the children and young people's workforce developed by Skills for Care and Development:

- SFJ B601 Assess the health and wellbeing, and related needs and issues, of children and young people who have offended
- SFJ B606 Contribute to promoting health and social well-being of children and young people
- HSC313 Work with children and young people to promote their own physical and mental health needs (Level 3)
- CWDC 1 Effective communication and engagement with children, young people, their families and carers
- CWDC 2 Child and young person development

- CWDC 3 Safeguarding and promoting the welfare of the child
- CWDC 4 Supporting transitions
- CWDC 5 Multi-agency working

Additional information

For further information regarding administration for this qualification, please refer to the OCR document '*Administrative Guide for Vocational Qualifications*' (A850).

The *OCR Children and Young People's Workforce Centre Handbook* contains important information for anyone delivering, working towards or involved with the Children and Young People's Workforce qualifications, of which this unit forms a part. This can be downloaded from OCR's website www.ocr.org.uk.

This unit is a shared unit. It is located within the subject/sector classification system 01 Health, Public Services and Care and 01.5 Child Development and Well Being.