

Thursday 15 May 2025 – Afternoon

Level 3 Cambridge Technical in Sport and Physical Activity

05827/05828/05829/05872 Unit 3: Sports organisation and development

Time allowed: 1 hour

C401/2506

No extra materials are needed.



Please write clearly in black ink. **Do not write in the barcodes.**

Centre number

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Candidate number

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First name(s)

Last name

Date of birth

D	D	M	M	Y	Y	Y	Y
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INSTRUCTIONS

- Use black ink.
- Write your answer to each question in the space provided. If you need extra space use the lined pages at the end of this booklet. The question numbers must be clearly shown.
- Answer **all** the questions.

INFORMATION

- The total mark for this paper is **60**.
- The marks for each question are shown in brackets [].
- Quality of written communication will be assessed in questions marked with an asterisk (*).
- This document has **12** pages.

ADVICE

- Read each question carefully before you start your answer.

1

- (a) The Department of Health is involved in the organisation of sport in the UK.

Identify **one** other **Government** department that is involved in the organisation of sport in the UK.

..... [1]

- (b) The table shows some different responsibilities of National Governing Bodies and some examples of how they could fulfil these.

Complete the table with appropriate examples and responsibilities.

Responsibility of a National Governing Body	Example of how a National Governing Body could fulfil the responsibility
Provide funding	
.....	Updating anti-doping policies for their sport.
.....	Running inter-school competitions in their sport.
Sports development	

[4]

- (c) Consider the following statements:

A – The Department of Health encourages people to be more active.

B – The Department of Health is responsible for the sports development initiative called ‘This Girl Can’.

Which **one** of the following is true?

Put a tick (✓) in the box next to the correct answer.

A is true and **B** is false

☐

B is true and **A** is false

☐

A and **B** are both true

☐

A and **B** are both false

☐

[1]

(d) Name **three** different **International** Governing Bodies of sport.

1

2

3

[3]

(e) Suggest **four** possible **negative** interactions between an International Governing Body and a National Governing Body in sport.

1

.....

2

.....

3

.....

4

.....

[4]

(f) Describe **four** roles of UK Sport.

1

.....

2

.....

3

.....

4

.....

[4]

2

- (a) Sports clubs and the coaches who run them have a big role to play in helping the population to become active on a regular basis. A good sports coach should have good knowledge of the activity that they run.

- (i) Identify **three** other attributes that a good coach should have.

3

[3]

- (ii) Encouraging the population to be more active on a regular basis will result in long-term physiological benefits.

Identify **three** long-term physiological benefits of regular physical activity to the **cardiovascular** system.

[3]

- (b)** Describe how sports development can support social policy and promote values through sport.

.....

.....

.....

[6]

- (c)*** In 2023, the England women's football team reached the final of the World Cup. This success has had a positive impact on participation of women in sport.

Describe possible barriers to participation in sport by women and explain how the success of a national women's sports team could increase participation in sport. Use examples to support your answer.

[8]

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[illegible]

3

- (a) One method of measuring the performance of sports development is by using benchmarks.

Identify **one** other **method** for measuring the performance of sports development.

..... [1]

- (b) One way to see if a sports development initiative has been successful is an increase in levels of performance in that sport.

Identify **two** other ways to see if a sports development initiative has been successful.

1

2 [2]

- (c) One reason to measure the success of a sports development initiative is to justify funding.

Identify **three** other reasons.

1

2

3 [3]

4

- (a) Explain **four** possible benefits for a National Governing Body if a sports development initiative is successful.

1

.....

2

.....

3

.....

4

.....

[4]

- (b) One aim of a sports development initiative is to increase participation of a specific target group, such as disabled people.

Suggest **three** other aims of a sports development initiative.

1

2

3

[3]

- (c) Identify **two** different methods to promote a sports development initiative.

1

2

[2]

- (d) Sports development initiatives and events can provide lots of benefits, but there can also be challenges and disadvantages in setting up and running them.

Give **one** example of how **each** of the following could be a **disadvantage** in setting up and running a sports development initiative or event.

Cost

.....

Time

.....

Accountability

.....

Success

.....

[4]

- (e) People setting up and running sports development events and initiatives need to consider the staff expertise and human resources required as part of their planning.

- (i) Describe **two** ways in which staff expertise needs to be considered when planning an event or initiative.

1

.....

2

.....

[2]

- (ii) Describe **two** ways in which human resources need to be considered when planning an event or initiative.

1

.....

2

.....

[2]

END OF QUESTION PAPER

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