

Unit Title:	Provide support for therapy sessions
Unit sector reference:	HSC 2001
Level:	Two
Credit value:	2
Guided learning hours:	14
Unit expiry date:	31/05/2015
Unit accreditation number:	D/601/9023

Unit purpose and aim

This unit is aimed at those working in a wide range of settings. The unit provides the learner with the knowledge and skills needed to support individuals participating in therapy sessions. It covers preparation, support, observation, recording and review of therapy sessions.

Learning Outcomes	Assessment Criteria	Exemplification
<p>The learner will:</p> <p>1 Understand the benefits of therapy sessions</p>	<p>The learner can:</p> <p>1.1 Identify different types of therapy sessions in which an individual may participate</p> <p>1.2 Describe how therapy sessions can benefit an individual</p>	<p>Therapy sessions may include:</p> <ul style="list-style-type: none"> • occupational therapy • physiotherapy • hydrotherapy • aromatherapy <p>An individual is someone requiring care or support</p>
<p>2 Be able to prepare for therapy sessions</p>	<p>2.1 Establish own responsibilities in preparing for a therapy session</p> <p>2.2 Identify with the individual their preferences and requirements for the therapy session</p> <p>2.3 Follow instructions to prepare the environment, materials, equipment and self for the session</p>	

Learning Outcomes	Assessment Criteria	Exemplification
3 Be able to provide support in therapy sessions	3.1 Provide support during a therapy session that takes account of: <ul style="list-style-type: none"> • the therapist's directions • the individual's preferences and requirements 3.2 Promote the active participation of the individual during the session	Active participation is a way of working that recognises an individual's right to participate in the activities and relationships of everyday life as independently as possible; the individual is regarded as an active partner in their own care or support, rather than a passive recipient.
4 Be able to observe and record therapy sessions	4.1 Agree what observations need to be carried out during therapy sessions 4.2 Agree how observations will be recorded 4.3 Carry out agreed observations 4.4 Record agreed observations as required	
5 Be able to contribute to the review of therapy sessions	5.1 Contribute to a review of therapy sessions to identify issues and progress 5.2 Contribute to agreeing changes to therapy sessions with the individual and others	Others may include: <ul style="list-style-type: none"> • therapist • line manager • family • friends • advocates • others who are important to the individual's well-being

Assessment

This unit must be assessed in accordance with Skills for Care and Development's QCF Assessment Principles.

This unit is competence based. This means that it is linked to the candidate's ability to competently perform a range of tasks connected with their work. This unit may be assessed using any method, or combination of methods, which clearly demonstrates that the learning outcomes and assessment criteria have been met. This unit requires workplace assessment of occupational competence.

Assessment decisions for competence based learning outcomes (eg those beginning with 'Be able to') must be made in a real work environment by an occupationally competent assessor. Any knowledge evidence integral to these learning outcomes may be generated outside of the work environment but the final assessment decision must be within the real work environment.

Competence based assessment must include direct observation as the main source of evidence.

Learning outcomes 2, 3, 4 and 5 must be assessed in a real work situation.

Guidance on assessment and evidence requirements

OCR does not stipulate the mode of delivery for the teaching of the content of this unit. Centres are free to deliver this unit using any mode of delivery that meets the needs of their candidates. Centres should consider the candidates' complete learning experience when designing learning programmes.

National Occupational Standards (NOS) mapping/signposting

This unit has links to the following national occupational standards:

HSC 212

NOS can be viewed on the relevant Sector Skills Council's website or the Occupational standards directory at www.ukstandards.co.uk

Functional skills signposting

This section indicates where candidates may have an opportunity to develop their functional skills.

Functional Skills standards can be viewed at <http://www.qcda.gov.uk/15565.aspx>

Functional Skills Standards					
English		Mathematics		ICT	
Speaking and Listening	✓	Representing		Use ICT systems	✓
Reading	✓	Analysing		Find and select information	
Writing	✓	Interpreting		Develop, present and communicate information	

Additional information

For further information regarding administration for this qualification, please refer to the OCR document '*Admin Guide: Vocational Qualifications*' (A850) on the OCR website www.ocr.org.uk.

This unit is a shared unit. It is located within the subject/sector classification system 01.3 Health and Social Care.