

Unit Title:	Principles of supporting individuals with a learning disability regarding sexuality and sexual health
Sector unit reference:	LD 307
Level:	3
Credit value:	3
Guided learning hours:	21
Unit accreditation number:	A/601/6274

Unit purpose and aim

The unit introduces the principles of supporting individuals with a learning disability regarding sexuality and sexual health. It gives a broad summary of sexuality, sexual development and sexual health. The unit also introduces relevant legislation that relates to the development of sexuality for an individual with a learning disability.

Learning Outcomes The learner will:	Assessment Criteria The learner can:	Exemplification
1 Understand the development of human sexuality	1.1 Define the terms: sexuality, sexual health, sexual orientation, and sexual expression 1.2 Explain main sexual development milestones throughout an individual's lifespan	An individual is someone requiring care or support
2 Understand how the sexual development of individuals' with a learning disability can differ	2.1 Describe how genetic factors can influence the sexual development, sexual expression and sexual health of an individual with a learning disability 2.2 Describe how socio-cultural factors and religious beliefs can influence an individual's sexual development 2.3 Explain how mental capacity can influence sexual development, sexual experiences, sexual expression and sexual health	The principles of human rights underpin this unit. Where mental capacity is referred to it should be remembered that the Mental Capacity Act (2007) states that everyone should be treated as able to make their own decisions until it is shown that they are not

Learning Outcomes The learner will:	Assessment Criteria The learner can:	Exemplification
3 Understand the issues of sexual health and how these can be supported	3.1 Explain the key features of sexual health and well-being and how this relates to an individual's overall health and well-being 3.2 Identify sexual health issues that differently affect men and women 3.3 Explain how sexual health issues can be supported within plans for healthcare 3.4 Identify local services that exist to support sexual health for individuals	Key features of sexual health may include: contraception, hygiene, sexually transmitted infections etc Plans for health care – in England this refers to/should include Health Action Plans
4 Understand relevant legislation influencing the support of sexuality and sexual health for individuals with learning disabilities	4.1 Explain key parts of relevant legislation relating to sexuality and sexual health for individuals and how this influences practice	Relevant legislation – any legislation related to supporting individuals with learning disabilities with sexuality and sexual health
5 Know how to support the sexual expression of an individual with a learning disability	5.1 Explain how own values, belief systems and experiences may impact on support for individuals with learning disabilities 5.2 Explain why the development of a meaningful relationship can be important to the development of an individual's sexuality 5.3 Describe different ways an individual can express themselves sexually and how individual preferences can be supported 5.4 Explain how to support an individual to keep safe sexually, to minimise sexual vulnerability, and to avoid instances of abusive experiences	

Assessment

This unit needs to be assessed in line with the Skills for Care and Development QCF Assessment principles.

This unit may be assessed using any method, or combination of methods, which clearly demonstrates that the learning outcomes and assessment criteria have been met.

Guidance on assessment and evidence requirements

OCR does not stipulate the mode of delivery for the teaching of the content of this unit. Centres are free to deliver this unit using any mode of delivery that meets the needs of their candidates. Centres should consider the candidates' complete learning experience when designing learning programmes.

National Occupational Standards (NOS) mapping/signposting

This unit has been developed by Skills for Care and Development in Partnership with Awarding Organisations. It is directly relevant to the needs of employers and relates to national occupational standards developed by Skills for Care and Development.

As such, the unit may provide evidence for the following national occupational standards in health and social care developed by Skills for Care and Development:

HSC 311, 331, 332, 356

NOS can be viewed on the relevant Sector Skills Council's website or the Occupational standards directory at www.ukstandards.co.uk

Functional skills signposting

This section indicates where candidates may have an opportunity to develop their functional skills.

Link to functional skills standards <http://www.qcda.gov.uk/15565.aspx>

Functional Skills Standards					
English		Mathematics		ICT	
Speaking and Listening		Representing		Use ICT systems	✓
Reading	✓	Analysing		Find and select information	✓
Writing	✓	Interpreting		Develop, present and communicate information	✓

Additional information

For further information regarding administration for this qualification, please refer to the OCR document '*Administrative Guide for Vocational Qualifications*' (A850).

This unit is a shared unit. It is located within the subject/sector classification system 01.3 Health and Social Care.