

OCR Entry Level Life and Living Skills

Guide to stages on Entry 1 Achievement Continuum covered by E1 units

This guide shows the stages of Entry 1 Achievement Continuum covered by each Entry 1 unit in the OCR Life and Living Skills qualification. This will enable you to easily identify which units may be suitable for your Entry 1 learners. Please note that this is only a guide and the units can be achieved outside the range shown.

Each stage of the Achievement Continuum below has been numbered, this numbering system has been used in the table to show the stages of the Achievement Continuum covered by each unit.

The Entry 1 Achievement continuum

The 10 stages – Summary description

- 1 Encounter**
Characterised by presence and reflex responses
- 2 Early awareness**
Characterised by fleeting attention and inconsistent responses
- 3 Interest**
Characterised by more consistent and differentiated reactions
- 4 Supported participation**
Characterised by co-operation and engagement
- 5 Active involvement**
Characterised by recognition, anticipation and proactive responses
- 6 Development**
Characterised by remembered responses and intentional communication
- 7 Exploration**
Characterised by concentration, recall and observation
- 8 Initiation**
Characterised by established responses and conventional communication
- 9 Consolidation**
Characterised by the formation of skills, knowledge, concepts and understandings
- 10 Application**
Characterised by the application of skills, knowledge, concepts and understandings

Life and Living Skills Entry 1 Unit Title	OCR Unit No.	Credit value	Stage on Achievement Continuum covered									
			1	2	3	4	5	6	7	8	9	10
Arts and Crafts												
*Engaging in a creative group project	A01	3				✓	✓	✓	✓	✓	✓	✓
*Engaging in new creative activities	A02	3			✓	✓	✓	✓	✓	✓	✓	✓
*Displaying creative work	A03	3				✓	✓	✓	✓	✓	✓	✓
Communication												
*Making requests and asking questions in familiar situations	B01	2					✓	✓	✓	✓	✓	✓
*Providing personal information	B02	2			✓	✓	✓	✓	✓	✓	✓	✓
*Engaging in early reading activities	B03	3			✓	✓	✓	✓	✓			
*Interacting in a group situation	B04	2					✓	✓	✓	✓	✓	✓
Engaging with the world around you: people	B05	3		✓	✓	✓	✓					
Encountering experiences: being a part of things	B06	3	✓									
Developing communication skills	B07	3						✓	✓	✓	✓	✓
Developing reading skills	B08	3						✓	✓	✓	✓	✓
Developing writing skills	B09	3						✓	✓	✓	✓	✓
The Environment and Community												
*Responding to your local natural environment	C01	3	✓	✓	✓	✓	✓	✓				
*Identifying your local community and facilities	C02	3						✓	✓	✓	✓	✓
*Using a community facility over a period of time	C03	3				✓	✓	✓	✓	✓	✓	✓
*Responding to community facilities	C04	3	✓	✓	✓	✓	✓	✓				
*Finding out about and using community facilities	C05	3				✓	✓	✓	✓	✓	✓	✓
Travel within the community: going places	C06	3				✓	✓	✓	✓	✓	✓	✓

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			1	2	3	4	5	6	7	8	9	10
Home Management												
*Planning and preparing a simple meal	D01	3				✓	✓	✓	✓	✓	✓	✓
*Planning and preparing food for an event	D02	3				✓	✓	✓	✓	✓	✓	✓
*Using shopping facilities	D03	3			✓	✓	✓	✓	✓	✓	✓	✓
*Selecting and using cooking equipment	D04	3				✓	✓	✓	✓	✓	✓	✓
*Participating in carrying out household tasks	D05	3				✓	✓	✓	✓	✓	✓	✓
*Preparing drinks and snacks	D06	3				✓	✓	✓	✓	✓	✓	✓
Developing independent living skills: looking after your own home	D07	2				✓	✓	✓	✓	✓	✓	✓
ICT												
*Using ICT to record and edit information	F01	3					✓	✓	✓	✓	✓	✓
*Interacting purposefully with ICT	F02	3		✓	✓	✓	✓	✓				
*Obtaining information from an ICT-based source	F03	3					✓	✓	✓	✓	✓	✓
*Using creative software	F04	3				✓	✓	✓	✓	✓	✓	✓
*Identifying and using ICT equipment	F05	3					✓	✓	✓	✓	✓	✓
*Responding to ICT enabled equipment	F06	3	✓	✓	✓	✓	✓	✓				
Numeracy												
*Recognising time through regular events	J01	3			✓	✓	✓	✓	✓	✓	✓	✓
Early mathematics: measure	J02	2						✓	✓	✓	✓	
Early mathematics: developing number skills	J03	2						✓	✓	✓	✓	
Early mathematics: sequencing and sorting	J04	3						✓	✓	✓	✓	✓
Understanding what money is used for	J05	3					✓	✓	✓	✓	✓	✓

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			1	2	3	4	5	6	7	8	9	10	
Personal Skills													
Rights and responsibilities: everybody matters	M01	3					✓	✓	✓	✓	✓	✓	✓
Developing self awareness: all about me	M02	3		✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
*Taking part in daily routine activities	M03	3					✓	✓	✓	✓	✓	✓	✓
*Using interpersonal skills to contribute to positive relationships	M04	2	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
Developing independent living skills: having your say	M05	3			✓	✓	✓	✓	✓	✓	✓	✓	✓
Developing independent living skills: keeping safe	M06	2				✓	✓	✓	✓	✓	✓	✓	✓
Dealing with problems	M07	4			✓	✓	✓	✓	✓	✓	✓	✓	✓
Emotional wellbeing	M08	2										✓	✓
Healthy living	M09	2									✓	✓	✓
World of Work													
Developing skills for the workplace: following instructions	N01	2				✓	✓	✓	✓	✓	✓	✓	✓
*Recognising work areas in the wider community	N02	3			✓	✓	✓	✓	✓	✓	✓	✓	✓
*Participating in a mini-enterprise project	N03	4				✓	✓	✓	✓	✓	✓	✓	✓
*Recognising centre staff and the jobs they do	N04	3			✓	✓	✓	✓	✓	✓	✓	✓	✓
Preparation for work	N05	2										✓	✓