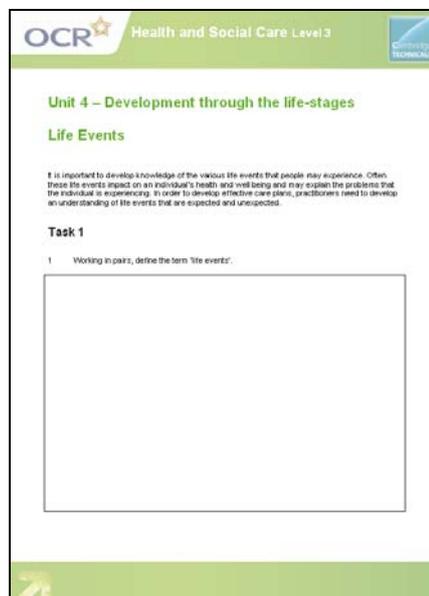


Unit 4 – Development through the life-stages

Life Events

Instructions and answers for Teachers

These instructions should accompany the OCR resource 'Life Events', which supports the Cambridge Technicals in Health and Social Care Level 3 Unit 4 – Development through the life stages.



OCR Health and Social Care Level 3

Unit 4 – Development through the life-stages

Life Events

It is important to develop knowledge of the various life events that people may experience. Often these life events impact on an individual's health and well-being and may explain the problems that the individual is experiencing. In order to develop effective care plans, practitioners need to develop an understanding of life events that are expected and unexpected.

Task 1

1 Working in pairs, define the term 'life events'.

Associated Files:

Life Events

Expected Duration:

Task 1 – approx 30minutes

Task 2 – approx 30 minutes

Task 3 – approx 30 minutes

It is important to develop knowledge of the various life events that people may experience. Often these life events impact on an individual's health and well being and may explain the problems that the individual is experiencing. In order to develop effective care plans, practitioners need to develop an understanding of life events that are expected and unexpected.



Task 1

- 1 Working in pairs, define the term 'life events'. Sample answer below.

These are events that take place throughout our lives and can range from a child's first steps to marriage or achieving qualifications. Life events can be expected or unexpected.

- 2 Examine the life events identified below and decide the order in which they might typically occur. Starting with '1', write the number against the life event.

Life Events	Typical Order
Looking after ageing parents	11
Birth of children	8
Becoming a grand-parent	14
Moving home	7
Starting school	1
Going to FE/HE	3
Loosing/changing jobs	10
Marriage/civil partnership of a child	12
Death of parent(s)	13
Marriage/civil partnership	6
Starting work	4
Death	15
Getting your own place to live	5
Divorce	9
Leaving school	2



Task 2

- 3 Divide the life events up into predictable and unpredictable life events below. Add further examples of unpredictable life events. Sample answers below.

Predictable Life Events	Unpredictable Life Events
Marriage/civil partnership Birth of children Leaving school Moving home Getting your own place to live Starting work Looking after ageing parents Becoming a grand-parent Marriage/civil partnership of a child Death of parent(s)	Divorce Death Loosing/changing jobs Going to FE/HE Further examples: Bankruptcy Winning the lottery Winning X factor Becoming famous Illness

- 4 Identify the impact (both negative and positive) of unpredictable life events on an individual in the boxes below. Sample answers below.

Positive Impacts	Negative Impacts
Provide a challenge. Support people to diversify their approaches to work. Can develop character and make you emotional.	Cause illness. Cause depression. Cause family breakdown. Cause criminality.



Task 3

Discuss the topic: To what extent are all life events predictable?

Sample answers below.

Life events are all predictable	Life events are not predictable
<p>All life events are predictable because many people in our society have so many different experiences (highlighted via the media) that there is no longer one traditional pattern of life events anymore. It becomes possible to identify a number of different life events that individuals within society may experience, therefore making life events predictable.</p> <p>The majority of people within society still aspire to the 'traditional' pattern of life events (eg education, marriage, children, and grand children) this may be due to conformity promoted via media sources. Only the minority deviate from this.</p> <p>There are many agencies to support people to deal with life events therefore how can life events be unpredictable? All life events must be pre-empted and planned for.</p>	<p>Life events are not predictable because there has been a breakdown in 'traditional' expectations and cultural and religious rules.</p> <p>Life events are not predictable because, society is exposed to a number of different cultural values due to globalisation, migration and immigration patterns.</p> <p>Life events are not predictable as, society is constantly changing and individuals within society are now living longer and therefore it is becoming increasingly difficult to identify generic life events.</p> <p>'Traditional' patterns of life are outdated, as society becomes more secularised, and fragmented.</p>

Learners could use some of the points made above to support them to understand the discussion theme and create their own arguments in favour of and opposing the statement.



These activities offer an opportunity for English skills development.

LESSON Elements

The building blocks you need to construct informative and engaging lessons

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