



Cambridge **NATIONALS** LEVEL 1/2

CHILD DEVELOPMENT



Unit R019 – Understand the equipment and nutritional needs
of children from birth to 5 years

RESOURCES LINK

Version 1

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INTRODUCTION

Resources Link is an e-resource, provided by OCR, for teachers of Cambridge Nationals. It provides descriptions of, and links to, a variety of teaching and learning resources that you may find helpful.

We have mapped the suggested resources to the relevant learning outcome of this unit and provided information about their cost and format.

If you know of other resources you would like to see included here, or discover broken links, please let us know. We would also like to hear from you if have any feedback about your use of these, or other, OCR resources. Please contact us at resources.feedback@ocr.org.uk

To find out more about this qualification please go to: <http://www.ocr.org.uk/qualifications/cambridge-nationals-child-development-level-1-2-j818/>

TYPES OF RESOURCE

OCR Produced Resources

These are resources devised and produced directly by the Resources Development Team at OCR.

Publisher Partner Resources

For many subjects OCR works with a publisher partner to ensure that good quality resources such as textbooks are available for first teaching.

Whilst the publisher partner has access to our subject experts and we quality check and endorse these resources they are produced by, and remain the property of, the publisher partner. There is no financial link between OCR and its publisher partners and we do not pay for the development of, or receive any royalties from, these resources.

Endorsed Resources

These resources were produced entirely independently of OCR, but we have quality checked them for their suitability as a resource to support our qualifications.

Other Resources

Unless specifically stated these resources are completely independently produced and are not endorsed by OCR. We have looked at them though, and we think they could be useful in supporting our specifications.

We leave it to you, as a professional educator, to decide if any of these resources are right for you and your students, and how best to use them.

LINKS

OCR GCSE Home Economics Child Development (Second Edition)

A text book providing an overview of all aspects of Child Development

Supports: LO1/LO2/LO3/LO4 plus other units

Cost: £23.51

Format: Paperback book Heinemann ISBN-13: 978-0435849214

http://www.amazon.co.uk/GCSE-Home-Economics-Child-Development/dp/0435849212/ref=sr_1_1?ie=UTF8&qid=1445597576&sr=8-1&keywords=OCR+GCSE+Home+Economics+Child+Development+%28Second+Edition%29

Websites providing range of equipment items

Websites providing an extensive range of travel systems, sleeping and feeding equipment for babies and young children.

Supports: LO1/LO2

Cost: Free

Format: Website/catalogues

www.toysrus.co.uk/babiesrus

<http://www.kiddicare.com>

<http://www.pramworld.co.uk>

<http://www.preciouslittleone.com>

www.mothercare.com

www.mamasandpapas.com

www.tesco.com/direct/baby-toddler/

GCSE Child Development for OCR Teacher Resource Pack and Student Textbook

Soft text book with student resource suitable for homework tasks linked to feeding and nutrition.

Supports: LO1

Cost: Teacher resource pack – £75.00 Student textbook - £3.05

Format: Two text books that support each other, teacher and student.

Teacher resource pack Collins Educational ISBN-13: 978-0007342730

Student textbook

Collins Educational ISBN-13: 978-0007342716

Teacher resource pack:

http://www.amazon.co.uk/GCSE-Child-Development-OCR-Resource/dp/000734273X/ref=pd_sim_14_2?ie=UTF8&refRID=1JJM9WE7BYW6RPSKF3TE&dpID=4174Dj6wLsL&dpSrc=sims&preST=AC_UL160_SR113%2C160

Student textbook:

http://www.amazon.co.uk/GCSE-Child-Development-OCR-Textbook/dp/0007342713/ref=sr_1_fkmr0_1?ie=UTF8&qid=1445597955&sr=8-1-fkmr0&keywords=GCSE+Child+Development+for+OCR+Teacher+Resource+Pack+and+Student+Textbook

Websites with information of different feeding options for babies from birth to 1 year old

Information available regarding types of feeding solutions.

Supports: LO1

Cost: Free

Format: Website

www.nhs.uk/conditions/pregnancy-and-baby/pages/bottle-feeding-advice.aspx

<http://www.nhs.uk/start4life/breastfeeding>

<http://www.nhs.uk/conditions/pregnancy-and-baby/pages/combining-breast-and-bottle.aspx>

Home Economics OCR Food and Nutrition for GCSE

Text book which addresses the nutritional guidelines and requirements for children from birth to five years.

Supports: LO3

Cost: £21.99

Format: Paperback book Hodder Education ISBN-13: 978-0340983973

http://www.amazon.co.uk/OCR-Food-Nutrition-GCSE-Economics/dp/0340983973/ref=sr_1_1?ie=UTF8&qid=1447076468&sr=8-1&keywords=Home+Economics+OCR+Food+and+Nutrition+for+GCSE

Best Beginnings

A variety of information for pregnancy and the first few months after birth. Baby Buddy mobile phone app is available as a free download.

Supports: LO3

Cost: Free

Format: Website and Phone app

www.bestbeginnings.org.uk

Baby Friendly Initiative

Lots of information and advice about breast and bottle feeding – and introducing your baby to solid foods. Download or order free resources.

Supports: LO3

Cost: Free

Format: Website

www.unicef.org.uk/BabyFriendly

Eatwell plate

Description and information on the eatwell plate.

Supports: LO3

Cost: Free

Format: Website

<http://www.nhs.uk/Livewell/Goodfood/Pages/eatwell-plate.aspx>



Mumsnet for parents by parents

Information on mixed feeding and links to other useful websites that provide a range of information of feeding solutions from breast, bottle and mixed feeding.

Supports: LO4

Cost: Free

Format: Website

www.mumsnet.com/babies/mixed-feeding

First Steps Nutrition Trust

Clear resources to help you find out about healthy meals and snacks for young children and feel confident about portions and portion sizes as your child grows

Supports: LO4

Cost: Free

Format: Website

www.firststepsnutrition.org

Change 4 life

Meal planner to help your family eat healthily on a budget and make sure you get your 5-a-day. The meal planner is full of tasty recipes and works out your shopping list for you

Supports: LO4

Cost: Free

Format: Website

www.nhs.uk/change4life

NHS Choices

20 tips to eat well for less

Supports: LO4

Cost: Free

Format: Website

<http://www.nhs.uk/Livewell/eat4cheap/Pages/cheap-food-shopping.aspx>

Netmums family food and recipes

Practical information for healthy eating, recipes and weaning advice

Supports: LO4

Cost: Free

Format: Website

<http://www.netmums.com/family-food>

Nutritional guidance for the under fives

Information on nutritional guidance for the under fives contains further information on providing a healthy and nutritious diet for young children and how to make healthy eating fun.

Supports: LO4

Cost: £4.95

Format: Booklet to download

<https://shop.pre-school.org.uk/A400>



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If you do not currently offer this OCR qualification but would like to do so, please complete the Expression of Interest Form which can be found here: www.ocr.org.uk/expression-of-interest

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resources.feedback@ocr.org.uk

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