OCR
Oxford Cambridge and RSA

GCSE Physical Education

J587/02 Socio-cultural issues and sports psychology

Question Set 1

Section A: Socio-cultural influences

1 Is this statement true or false? Draw a circle around your answer.

Gamesmanship is the use of unethical methods to try to win in sport.

True **False**

[1]

2 Describe **two** strategies which can be used to improve participation in sport by disabled people. **[2]**

3 **(a)** Identify **one** recent trend in sports participation for women aged over sixteen. **[1]**

(b) Tick **two** of the following statements that are true for participation in physical activity and sport within the UK.

(i) Cycling and dance are the most popular physical activities for adults ☐

(ii) Swimming and walking are the most popular physical activities for adults ☐

(iii) Football is more popular with younger age groups than older age groups ☐

(iv) Golf is more popular with those from an ethnic minority background ☐

[2]

4 Which **one** of the following is **not** an example of sponsorship improving performance in sport? Put a tick (✓) in the box next to the correct answer.

(a) Sponsorship can provide money for athletes to train full-time ☐

(b) Sponsorship can lead to scholarships for those who excel in sport ☐

(c) Sponsorship enables sports performers to purchase the best equipment ☐

(d) Sponsorship enables the development of community sports project ☐

[1]

5 Identify **one** illegal drug that is likely to increase strength and levels of aggression in sport. **[1]**

6 Give **one** practical example of sportsmanship during a sports competition. **[1]**

7 What is meant by the golden triangle in sports funding? **[3]**

8 Identify **one** effect that beta blockers may have on a performer in sport which could aid their performance. **[1]**

9 Give **two** ways in which gender might affect participation in physical activity and sport. **[2]**

10 **(a)** Identify **one** reason for deviance in sport. **[1]**

(b) Give **two** different practical examples of gamesmanship using a different sport for each one. **[2]**

11 Which **one** of the following is the best strategy to improve participation in physical activity and sport with higher quality provision? Put a tick next to the correct answer.

A UK sport providing financial support to elite athletes ☐

B The Lawn Tennis Association part funding the Wimbledon Championships ☐

C A local authority building outdoor basketball facilities ☐

D The private sector increasing the number of personal trainers ☐ **[1]**

12 What is meant by commercialisation in sport? **[1]**

13 Identify **one** type of social media that influences the commercialisation of sport. **[1]**

14 Complete the following statement using numbers and words from the box below.

Participation in sport from the age of .....to 24 has decreased since 2005 and approximately ..... percent participate in sport for at least 30 minutes .....a week.

12	50	twice	once	30	16

[3]

15 List the following sports in rank order according to the number of people who participate in the UK, aged sixteen and above:

Tennis, Boxing, Swimming, Cycling

1. (highest) .....

2. .....

3. .....

4. (lowest).....

[1]

16 Women's and men's participation in sport, at least once per week, has increased overall since 2006.

Name **one** other social group whose participation rate in sport has increased since 2006. **[1]**

17 Using practical examples, describe how **two** different types of discrimination reduce participation in sport. **[2]**

18 Give **three** reasons why sportsmanship is highly valued. **[3]**

19 Stimulants are used by some performers to increase levels of performance.Give **two** other possible effects of stimulants on a sports performer. **[2]**

20 Deviance in sport involves fair play to gain an advantage over your opponent.

Is this statement true or false? Draw a circle around your answer.

True **False**

[1]

Total Marks for Question Set 1: 34

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